



28 Abstract

29 Soil erosion plays a crucial role in transferring sediment and carbon from land to sea, yet  
30 little is known about the rhythm and rates of soil erosion prior to the most recent few  
31 centuries. Here we reconstruct a Holocene erosional history from central India, as  
32 integrated by the Godavari River in a sediment core from the Bay of Bengal. We quantify  
33 terrigenous fluxes, fingerprint sources for the lithogenic fraction and assess the age of the  
34 exported terrigenous carbon. Taken together, our data show that the monsoon decline in  
35 the late Holocene, later exacerbated by the Neolithic adoption and Iron Age  
36 extensification of agriculture on the Deccan Plateau, significantly increased soil erosion  
37 and the age of exported organic carbon. Despite a constantly elevated sea level since the  
38 middle Holocene, this erosion acceleration led to rapid continental margin growth. We  
39 conclude that in monsoon conditions, aridity boosts rather than suppresses sediment and  
40 carbon export acting as a ~~veritable~~ monsoon erosional pump modulated by landcover  
41 conditions.

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43 1. Soil Erosion in the Holocene

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45 On decadal to millennial timescales, climate is the principal natural control on soil  
46 erosion **within a watershed** via changes in temperature and precipitation as well as their  
47 impact on vegetation type and cover (Allen and Breshears, 1998; Reichstein et al., 2013).  
48 Global sediment budgets for the Holocene indicate that humans surpassed these natural  
49 controls and became the main driver of soil erosion by at least 2000 years ago  
50 (Montgomery, 2007; Wilkinson and McElroy, 2007; Dotterweich, 2013). Transfer of  
51 sediment, carbon and solutes from land to ocean is of crucial importance for  
52 understanding continental margin architectures as well as carbon and other elemental  
53 cycles. For example, soils contain about two times more carbon than the atmosphere and,  
54 as a result, small changes in the residence time of organic carbon in soils can significantly  
55 affect the atmospheric inventory of carbon dioxide (Lal, 2004). Besides heterotrophic  
56 microbial respiration, erosion is the principal process that releases carbon from soils.  
57 Eroded carbon can subsequently be degraded/reburied along the aquatic continuum to the  
58 ocean (Stallard, 1998; Aufdenkampe et al., 2011; van Oost et al., 2012).

59 In the absence of historical documentation of human impacts, the complexity of soil  
60 erosion hampers the reconstruction of carbon transfer processes prior to the last few  
61 centuries (e.g., Hoffmann et al. 2013; Dotterweich, 2013; Vanwalleghem et al., 2017).  
62 Consequently, global carbon budgets implicitly assume steady state conditions for lateral  
63 transport and carbon degradation along the aquatic continuum in pre-industrial times  
64 (Battin et al., 2009; Regnier et al., 2013; Chappell et al., 2015). In contrast, abundant  
65 archaeological and geological evidence (e.g., van Andel et al., 1990; Bork and Lang,  
66 2003; Bayon et al., 2012; Dotterweich, 2013) as well as modeling (Kaplan et al., 2010;  
67 Wang et al., 2017) suggests widespread impacts of early human landuse on continental  
68 landscapes, soil erosion and associated carbon transfer processes.

69 Here we present a soil erosion history from the Indian peninsula recorded in a sediment  
70 core retrieved near the mouth of **Godavari River (Fig. 1) in the Bay of Bengal (NGHP-**  
**71 01-16A at 16°35.6'N, 82°41.0'E; 1,268 m water depth; ~35 km from the river mouth;**  
**72 Collett et al., 2015).** The age model for the core based on 11 radiocarbon dates on mixed  
73 planktonic foraminifera was previously published by Ponton et al. (2012). The Godavari  
74 basin was not affected by tectonics at the Holocene time scale, or glacial/snow meltwater  
75 and strong orographic precipitation, which augment and complicate the water and  
76 sediment discharge of the larger Himalayan rivers like the Ganges or Brahmaputra.  
77 Instead, it integrates rainfall from the core monsoon zone (CMZ), the region of central  
78 India that is representative for both the mean monsoon regime and its fluctuations over  
79 the peninsula (see Ponton et al., 2012 and references therein). Consequently, over 90% of  
80 Godavari's water discharge into the Bay of Bengal derives from summer monsoon  
81 precipitation (Rao et al., 2005), making its sedimentary deposits a prime target for

82 continental climate reconstructions and a repository for sedimentary proxies of erosion  
83 prior and after the Neolithic adoption of agriculture in central India.

84

## 85 2. The Godavari Sediment System

86 Originating at an elevation of 920 m in the Sahyadri coastal range (*aka* Western Ghats)  
87 near the Arabian Sea coast, the Godavari crosses the entire Indian peninsula toward the  
88 Bay of Bengal (Fig. 1a). Because the coastal range limits penetration of the Arabian Sea  
89 moisture delivered by the monsoon (Gunnell et al. 2007), precipitation in the Godavari  
90 basin primarily originates from the Bay of Bengal. As a result, the climate is most humid  
91 at the coast (i.e., Eastern Ghats range) and becomes increasingly arid toward the interior  
92 on the Deccan Plateau (Fig. 1b). The natural vegetation reflects this gradual decrease in  
93 moisture: the headwaters on the Deccan are dominated by C<sub>4</sub>-plant thornbush savannah  
94 adapted to dry conditions, whereas C<sub>3</sub>-flora (deciduous forests) are dominant in the  
95 Eastern Ghats (Asouti and Fuller, 2008; Fig. 1c).

96 Sediments transported by the Godavari are sourced from two major geological units  
97 (Bikshamaiah and Subramanian, 1980). The upper river basin developed on the Deccan  
98 Traps, a large igneous province consisting of relatively young flood basalts (Cretaceous  
99 to early Neogene) that largely span the Deccan Plateau. The lower river basin developed  
100 over old Proterozoic to Archaean crystalline igneous/metamorphic rocks of the Indian  
101 Craton (Fig. 1d). The relatively young Deccan basalts retain a highly radiogenic mantle-  
102 derived Nd isotope composition ( $\epsilon\text{Nd}$  of  $+1\pm 5$ ) while the old continental crust of the  
103 Indian Craton has a relatively unradiogenic isotopic composition ( $\epsilon\text{Nd}$  of  $-35\pm 8$ ), yielding  
104 a sharp contrast between geological end-members. Thus, the sediment provenance for the  
105 Godavari sediments can be deduced from the Nd isotopic signatures of the detrital  
106 inorganic fraction in our core because the Nd signal remains unmodified through bedrock  
107 weathering processes (McLennan and Hemming, 1992; DePaolo, 1988).

108 Black soils cover the Deccan Plateau whereas red soils are generally typical for the  
109 Eastern Ghats (Bhattacharyya et al., 2003; Fig. 1d). Although both types of soils have  
110 been affected by landuse since prehistorical times, the black soils of the arid to semi-arid  
111 Deccan appear to be the most degraded at present (Singh et al., 1992). Intense soil  
112 erosion within the basin is reflected by the inordinately large sediment load of the  
113 Godavari relative to its water discharge (Bikshamaiah and Subramanian, 1980). In  
114 contrast to the dynamic Himalayan rivers of the Indo-Gangetic alluvial plain, Godavari  
115 and its tributaries are incised in rock or alluvium and have relatively stable sandy  
116 channels. As for other rivers affected by storms (Edwards and Owens, 1991; Hilton et al,  
117 2008), extreme rainfall events are disproportionately important for erosion in the  
118 Godavari watershed and in subsequent transport of sediments to the ocean (Kale, 2003).

119 Given their incised morphology, shifts in channel position in response to floods are  
120 however rare above the Godavari delta (Kale, 2002). Floodplains are limited in extent  
121 (2% of the basin; Bikshamaiah and Subramanian, 1980), and loss of sediments to  
122 overbank deposition is minor (Kale, 2002). Therefore storage is minimal in these  
123 intermediate alluvial reservoirs that normally would increase the residence time of  
124 sediments, including particulate organic carbon.

125 Once reaching the Bay of Bengal, sediment delivered by the Godavari has constructed a  
126 large Holocene delta (Rao et al. 2005; Cui et al., 2017). Offshore from the Godavari  
127 mouth, a persistent sediment plume extends over 300 km during the monsoon season  
128 when over 90% of the fluvial sediment is discharged (Sridhar et al., 2008). Because the  
129 shelf in front of the delta is unusually narrow (i.e., under 10 km at our core location)  
130 copious sediment deposition takes place directly on the continental slope, resulting in  
131 sediment accumulation rates as high as 250 cm/kyr; Ponton et al., 2012). Owing to the  
132 narrow shelf, changes in sea level would also have minimal effects on sediment  
133 deposition at our site, especially after the early Holocene when the global sea level  
134 reached within a few meters of modern values (Lambeck et al., 2014). This relatively  
135 simple sedimentary regime of the Godavari system in combination with the monsoon-  
136 dominated climatology and the simple geology of the Godavari basin allows for relatively  
137 straightforward interpretation of sediment sources and transfer processes. The monsoon  
138 washload is rapidly and directly delivered to the continental margin without significant  
139 trapping in intermediate depocenters along the river. As the suspended load makes up  
140 over 95% of the total sediment transported by the Godavari (Syvitski and Saito, 2007),  
141 the washload-derived terrestrial proxies are representative for the production of fine-  
142 grained sediment in the basin. Potential contributions from resuspension of shelf  
143 sediments cannot be excluded but are likely minor due to the narrowness of the shelf;  
144 furthermore, given the large sedimentation rates on the shelf itself (Forsberg et al., 2007),  
145 the resuspended sediment is expected to be quasi-contemporaneous with sediments  
146 arriving on the slope directly from the river plume.

### 147 3. Hydroclimate in the Core Monsoon Zone

148 We have previously reconstructed the Holocene paleoclimate using the same sediment  
149 core discussed herein (Ponton et al., 2012; Zorzi et al., 2015). Terrestrial reconstructions  
150 were based on the carbon isotopic compositions of higher plant leaf-wax biomarkers (i.e.,  
151 long-chain *n*-alkanoic acids C<sub>26-32</sub>) and pollen, whereas contemporaneous sea surface  
152 paleoceanographic conditions in front of the Godavari delta came from the oxygen  
153 isotopic composition of planktonic foraminifer *Globigerinoides ruber*. Sedimentary leaf  
154 waxes provide an integrated  $\delta^{13}\text{C}$  record of the flora in the CMZ that document an  
155 increase in aridity-adapted vegetation (C<sub>4</sub> plants) after the monsoon maximum in the  
156 early Holocene (Ponton et al., 2012; Fig. 2). The overall trend of the  $\delta^{13}\text{C}$  leaf wax record  
157 agrees with the view that the seasonality of Northern Hemisphere insolation (Ponton et

158 al., 2012) led to progressively weaker monsoons over the Holocene. However, two clear  
159 aridification steps are evident: between ~5000 and 4500 years ago, and ~1,700 years ago  
160 (Fig. 2). Pollen from the same core (Zorzi et al., 2015) reinforce these conclusions:  
161 coastal forest and mangrove pollen (Fig. 2) that are typical for the more humid coastal  
162 regions of the Eastern Ghats and Godavari delta declined over the Holocene.

163 Dryness-adapted thornbush pollen from the Deccan Plateau increased substantially after  
164 the second aridification step ~1700 years ago, overlapping well with the maximum  
165 contribution of C<sub>4</sub> plant-derived leaf waxes (see Zorzi et al., 2015). For the same time  
166 interval, the ice volume-corrected oxygen isotopic composition of planktonic foraminifer  
167 *Globigerinoides ruber* documented a series of low values interpreted as high salinity  
168 events at the Godavari mouths (see Ponton et al., 2012). Together these continental and  
169 oceanic records suggest that the CMZ aridification intensified in the latest Holocene via a  
170 series of short drier episodes (Ponton et al., 2012). This interpretation is reinforced by  
171 speleothem-derived records from central and northern India for the past thousand years  
172 (Sinha et al., 2011), and the overall evolution of the CMZ hydroclimate as seen from our  
173 core is supported by local reconstructions from the Lonar crater lake in central India  
174 (Prasad et al., 2014; Sarkar et al., 2015), Godavari delta (Cui et al., 2017) and other  
175 records from the larger Indian monsoon domain (Gupta et al., 2003; Fleitmann et al.,  
176 2003; Prasad and Enzel, 2006; Berkelhammer et al., 2012; Dixit et al., 2014b).

#### 177 4. Erosion in the Godavari Basin

178 The Holocene sediment flux at our core location (Fig. 2) is representative for the  
179 Godavari continental slope (Mazumdar et al., 2009; Ramprasad et al. 2011; Joshi et al.,  
180 2014; Usapkar et al., 2016) and is driven by changes in the siliciclastic sedimentation rate  
181 as dilution by biogenic carbonates is less than 5% (Johnson et al., 2014). Despite a lower  
182 sea level at the time, the flux was relatively small in the early Holocene (~25 g/cm<sup>2</sup>/kyr)  
183 but began to increase after 6000 years ago (~40 g/cm<sup>2</sup>/kyr), as soon as the monsoon  
184 started to decline but well before the adoption of Neolithic agriculture and settlement of  
185 the savannah zone of the central peninsula (~4500 years ago; Fuller, 2011). Between  
186 4000 and 3500 years ago permanent agricultural settlements spread throughout the  
187 Deccan Plateau. The associated small-scale metallurgy (copper-working) requiring  
188 firewood together with the agricultural intensification probably also affected erosion via  
189 widespread deployment of two cropping seasons (Kajale, 1988; Fuller and Madella,  
190 2001). As the climate remained arid, sediment fluxes stayed high despite a phase of  
191 agricultural abandonment and depopulation between ~3,200 and 2,900 years ago  
192 (Dhavalikar, 1984; Roberts et al., 2016).

193 A further step increase in the sediment flux (~90 g/cm<sup>2</sup>/kyr on average) occurred after  
194 ~3000 years ago, this time with no apparent concomitant change in climate. The Nd  
195 isotopic signal points to an increase in the Deccan sedimentary output at the time, after a

196 muted variability earlier in the Holocene when the Indian Craton consistently provided  
197 ~50-60% of the sediments (Fig. 2; see Supplementary Materials). Ferrimagnetic minerals  
198 interpreted as originating from the Deccan (Sangode et al., 2001; Kulkarni et al., 2014)  
199 also increase in late Holocene sediments in the Godavari delta (Cui et al., 2017) and Bay  
200 of Bengal (Kulkarni et al., 2015) supporting our interpretation. **Augmented Deccan** input  
201 was suggested for the Godavari delta even earlier after ~6000 years ago (Cui et al., 2017),  
202 in step with the initial aridification. New improvements in agricultural technology  
203 became widespread in the Deccan Plateau, including use of iron agricultural tools  
204 (Mohanty and Selvakumar, 2001) that required firewood-fuelled smelting Fuller, 2008).  
205 A new phase of agricultural settlement began in the middle Godavari basin (eastern  
206 Maharashtra) between ~3000 to ~2800 years ago (Brubaker 2000). However, the largest  
207 boost in sediment flux occurred after ~2000 years ago, when the monsoon reached its  
208 driest phase and when further increases in population occurred resulting in the founding  
209 of towns and the first cities of the region at the beginning of the Historic period (Allchin  
210 1995; Parabrahma Sastry 2003). This doubling in sediment flux relative to the early  
211 Holocene values involved a basin-wide increase in erosion. The contribution from the  
212 Deccan Plateau, although at its maximum according to the Nd isotope mixing model,  
213 only accounts for a 15% shift in sediment source (Fig. 2).

214 Overall, watersheds with high precipitation have higher discharge and discharge  
215 magnitude is considered a primary regulator for sediment and carbon erosional fluxes to  
216 the ocean (e.g., Summerfield and Hulton, 1994; Ludwig et al., 1996; Galy et al., 2015).  
217 However, our Godavari record shows that erosional output is maximized by aridity  
218 because significant rain and seasonal floods still occur during the summer monsoon  
219 season (Mujumdar et al., 1970; Kale, 2003). Aridification and/or agricultural expansion  
220 lead to changes in vegetation type (i.e., forest decrease in favour of savannah) and cover  
221 (i.e., shrinking of naturally vegetated lands in favour of agricultural and/or degrading arid  
222 lands) that exacerbate soil erosion (i.e., Langbein and Schum, 1958; Dunne, 1979;  
223 Walling and Webb, 1983; Istanbuluoglu and Bras, 2005; Vanacker et al., 2007; Collins  
224 and Bras, 2008).

## 225 5. Carbon Export from the Godavari Basin

226 The terrigenous organic carbon exported by rivers consists of a mixture of dissolved and  
227 particulate components derived from contemporary vegetation and of carbon stored in  
228 bedrock, soils and fluvial sediments that may be significantly pre-aged (Smittenberg et  
229 al., 2006; Galy and Eglinton, 2011; Feng et al., 2013). On the Godavari slope, the  
230 terrigenous fraction dominates the total organic carbon (TOC) in marine sediments  
231 (Johnson et al., 2014). In agreement with this, TOC radiocarbon ages in our core have  
232 been previously found to be remarkably similar to co-located ages of the strictly  
233 terrigenous higher plant leaf wax fraction (Ponton, 2012). This age similarity also  
234 excludes interferences from within-river biological productivity (e.g., Eglinton and

235 Hamilton, 1967; Eglinton and Eglinton, 2008). To assess the variability of the terrigenous  
236 carbon age exported by Godavari River based on this understanding we used high  
237 resolution TOC radiocarbon measurements to calculate radiocarbon age offsets relative to  
238 the atmosphere (Soulet et al., 2016; see Supplementary Materials). Over the Holocene,  
239 these biospheric organic carbon radiocarbon age offsets in our core mirror the history of  
240 erosion in the basin (Fig. 2).

241 As a first order observation, TOC ages (Fig. 2 and Supplementary Materials) are  
242 significantly older (~200 to 2000  $^{14}\text{C}$  years) than their depositional age in our Godavari  
243 core. Before 5000 years ago the bulk organic carbon radiocarbon age offset were ~600  
244  $^{14}\text{C}$  years old on average. In contrast, the highly erosional regime under both climatic and  
245 early human pressure in the late Holocene led to the export of significantly older carbon  
246 from the terrestrial biosphere, i.e., ~1300  $^{14}\text{C}$  on average. This increase in radiocarbon  
247 age offset occurred largely during the two aridification steps identified by Ponton et al.  
248 (2012): more abruptly between ~5000 and 4500 years ago and more gradually after  
249 ~1700 years ago (Fig. 2).

250 In the absence of significant storage in alluvial sediments in the Godavari catchment,  
251 several processes can explain the doubling in age offset over the Holocene: an overall  
252 slowing of soil carbon turnover in the drying climate of central India, a decrease in TOC  
253 contribution from contemporaneous vegetation relative to older (pre-aged) soil carbon  
254 input and/or deeper exhumation of soils contributing increasingly older carbon. Given the  
255 drastic changes in vegetation cover and increase in erosion in the Godavari basin, a  
256 decrease in soil turnover is unlikely during the Holocene aridification process (Carvalhais  
257 et al. 2014). In turn, the good agreement between the pollen and leaf-wax  $\delta^{13}\text{C}$  records in  
258 our core (Ponton et al., 2012; Zorzi et al., 2015) with independent monsoon  
259 reconstructions suggests sustained delivery of recently fixed biospheric organic carbon to  
260 the delta. Thus, the doubling in age offset over the Holocene is best explained by  
261 increasing contributions from an older soil component, which could only come through  
262 deeper erosion. Because the age of soil organic carbon in soil profiles increases with  
263 depth (Trumbore, 2009), older mixtures imply a deeper soil erosion, whether uniform, or  
264 through gullies, which are common especially on the Deccan Plateau (Kothyari, 1996).

## 265 6. The Monsoon Erosional Pump

266 Overall, these multiple lines of evidence indicate that soil erosion in the CMZ, as  
267 integrated by the Godavari River, increased throughout the basin immediately as climate  
268 began to dry at the end of mid Holocene, and was further enhanced by Deccan  
269 agricultural activities in the late Holocene. The likely mechanism for this is the extreme  
270 seasonal distribution of the rainfall that characterizes the monsoon (Wang and Ding,  
271 2008), which promoted erosion on the more sparsely vegetated landscapes (Molnar,  
272 2001; DiBiase and Whipple, 2011; Plink-Bjorklund, 2015). Our findings thus point to a

273 veritable “monsoon erosional pump” that accelerates during minimum landcover  
274 conditions when the protective role of vegetation is reduced, whether naturally or by  
275 humans. The volume of total eroded sediments since the mid Holocene must have been  
276 considerable as the continental margin growth accelerated with the shelf edge aggrading  
277 ~80 meters in the last ~2000 years alone (Forsberg et al., 2007).

278 This “landcover-mode” of the monsoon erosional pump must have been active before the  
279 Holocene as well, affecting the transfer of terrigenous sediment, solutes and carbon from  
280 land to the ocean. The beat of monsoon precipitation on orbital timescales is not well  
281 constrained but considered to be modulated by at a combination of precession and  
282 obliquity frequencies based on monsoon wind reconstructions (e.g., Clemens and Prell,  
283 2003). Such complex variability did not inevitably follow the sea level cyclicity (e.g.,  
284 Goodbred and Kuehl, 2000), which is usually assumed to control most of the sediment  
285 transfer from land to the deep ocean (see Blum and Hattier-Womack, 2009 and references  
286 therein for an analysis underlining the increased recognition for a climate role). Thus  
287 untangling the effects of the monsoon is difficult especially during the Quaternary (e.g.,  
288 Phillips et al., 2014), but may be easier to discern earlier when the sea level change  
289 magnitude was reduced. Landcover effects are less likely to occur in the upper basins of  
290 Himalayan monsoonal rivers where there are other sources of water such as snow or  
291 glaciers and where elevation (i.e., temperature) and orographic precipitation promote  
292 ecological stability (Galy et al., 2008a;). The erosional pump in these high, steep regions  
293 is still active due to monsoonal seasonality but in a “topographic-mode” dominated  
294 primarily by landslides (Montgomery and Brandon, 2002; but see Olen et al., 2016 for an  
295 alternative viewpoint). However, the landcover-mode for the erosional pump should still  
296 be active in their lower basins where aridity controls vegetation type and cover (e.g.,  
297 Galy et al. 2008b).

298 Recent coupled erosion-carbon cycling modeling suggests that long-term anthropogenic  
299 acceleration of erosion has had a significant impact on the global carbon cycle by  
300 intensifying the burial of terrigenous carbon (Wang et al., 2017). Whereas the monsoon  
301 domain only covers ~15% of the Earth’s surface (Hsu et al., 2011), it **used to** export to  
302 the ocean ~70% of the sediment load from the Earth’s largest rivers (see Syvitski and  
303 Saito, 2007 for a compilation for pre-damming conditions). Therefore, we suspect that  
304 the cumulative effect of the monsoon erosional pump on the carbon budget was  
305 substantial in augmenting the burial of terrigenous carbon during the Holocene and needs  
306 to be estimated for inclusion in assessments of the net soil–atmosphere carbon exchange.

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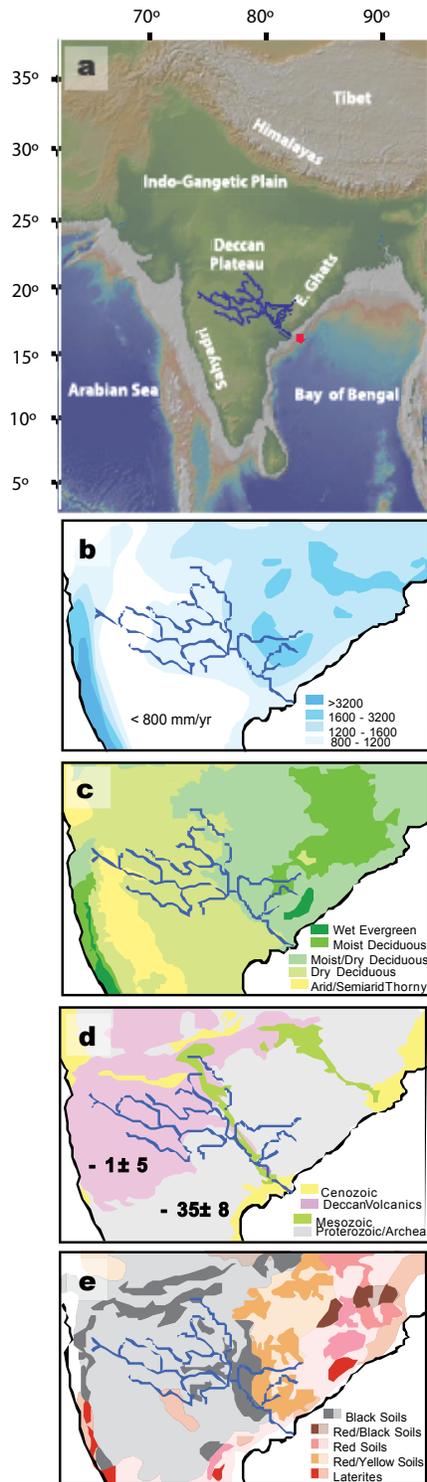
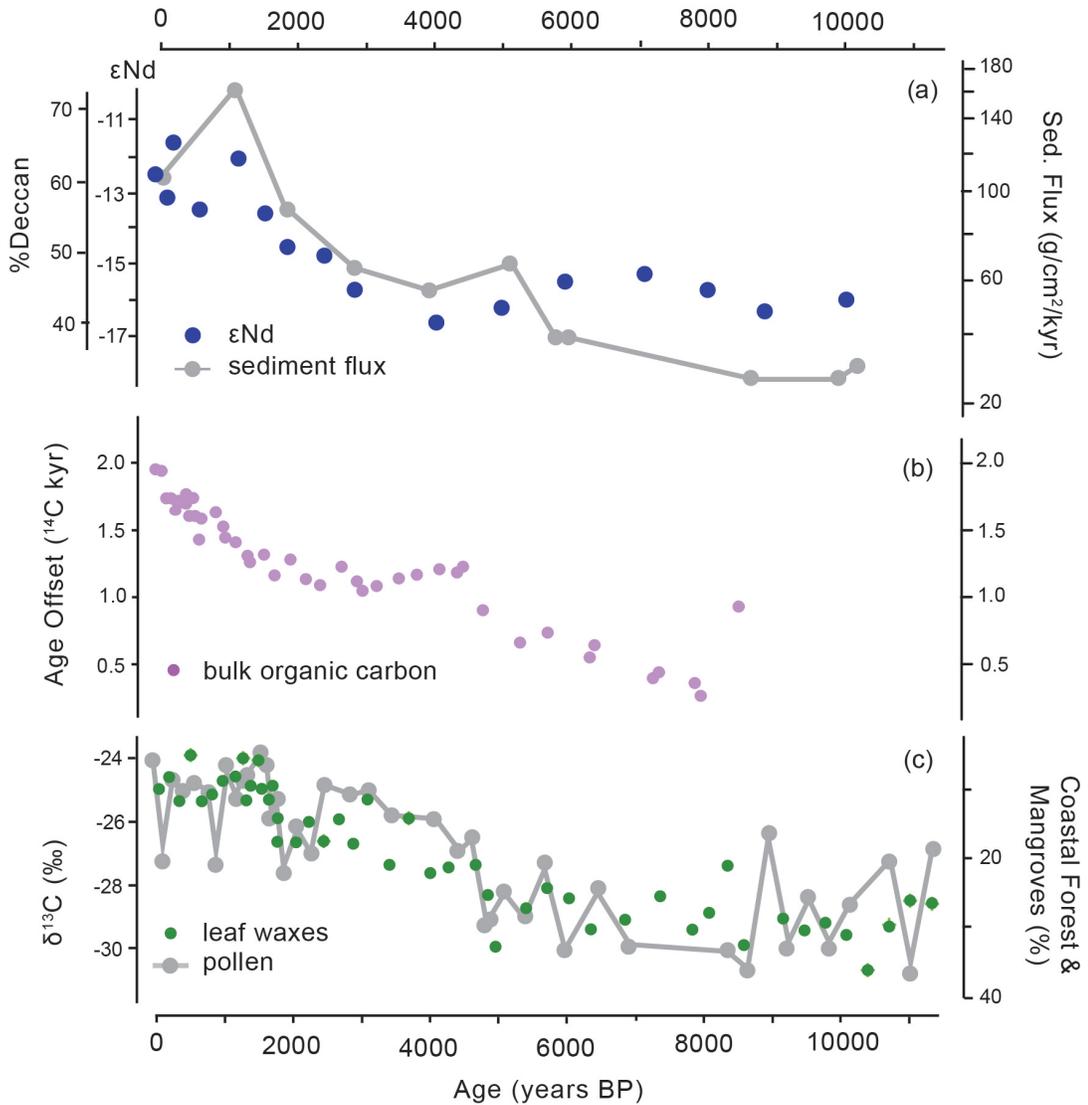


Figure 1. Godavari River drainage basin in its (a) physiographical, (b) hydroclimatic (Asouti and Fuller, 2008), (c) ecological (Asouti and Fuller, 2008), (d) geological (Bikshamaiah and Subramanian, 1980) and (e) soil cover context (NBSS&LUP, 1983). Core NGHP-01-16A location is indicated in (a) by the red dot. Average bedrock  $\epsilon Nd$  values are shown in (d).

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Figure 2. Paleoenvironmental reconstructions from core NGHP-01-16A for the CMZ as integrated by the Godavari River: (a) Sediment fluxes as mass accumulation rates and sediment sources from Nd isotope fingerprinting (Deccan Trap sediment contribution is estimated from a two-end member model; see text and Supplementary Materials); (b) TOC radiocarbon age offset relative to depositional age; (c) Hydroclimate and ecology from pollen (Zorzi et al., 2015) and leaf wax carbon isotopes (Ponton et al., 2012).



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