



28 Abstract

29 Soil erosion plays a crucial role in transferring sediment and carbon from land to sea, yet  
30 little is known about the rhythm and rates of soil erosion prior to the most recent few  
31 centuries. Here we reconstruct a Holocene erosional history from central India, as  
32 integrated by the Godavari River in a sediment core from the Bay of Bengal. We quantify  
33 terrigenous fluxes, fingerprint sources for the lithogenic fraction and assess the age of the  
34 exported terrigenous carbon. Taken together, our data show that the monsoon decline in  
35 the late Holocene significantly increased soil erosion and the age of exported organic  
36 carbon. This acceleration of natural erosion was later exacerbated by the Neolithic  
37 adoption and Iron Age extensification of agriculture on the Deccan Plateau. Despite a  
38 constantly elevated sea level since the middle Holocene, this erosion acceleration led to a  
39 rapid growth of the continental margin. We conclude that in monsoon conditions, aridity  
40 boosts rather than suppresses sediment and carbon export acting as a monsoon erosional  
41 pump modulated by landcover conditions.

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## 43 1. Soil Erosion in the Holocene

44

45 On decadal to millennial timescales, climate is the principal natural control on soil  
46 erosion via changes in temperature and precipitation as well as their impact on vegetation  
47 type and cover (Allen and Breshears, 1998; Reichstein et al., 2013). Global sediment  
48 budgets for the Holocene indicate that humans surpassed these natural controls and  
49 became the main driver of soil erosion by at least 2000 years ago (Montgomery, 2007;  
50 Wilkinson and McElroy, 2007; Dotterweich, 2013). Transfer of sediment, carbon and  
51 solutes from land to ocean is of crucial importance for understanding continental margin  
52 architecture as well as carbon and other elemental cycles. For example, soils contain  
53 about two times more carbon than the atmosphere and, as a result, small changes in the  
54 residence time of organic carbon in soils can significantly affect the atmospheric  
55 inventory of carbon dioxide (Lal, 2004). Besides heterotrophic microbial respiration,  
56 erosion is the principal process that releases carbon from soils. Eroded carbon can  
57 subsequently be degraded/reburied along the aquatic continuum to the ocean (Stallard,  
58 1998; Aufdenkampe et al., 2011; van Oost et al., 2012).

59 In the absence of historical documentation of human impacts, the complexity of soil  
60 erosion hampers the reconstruction of carbon transfer processes prior to the last few  
61 centuries (e.g., Hoffmann et al. 2013; Dotterweich, 2013; Vanwalleghem et al., 2017).  
62 Consequently, global carbon budgets implicitly assume steady state conditions for lateral  
63 transport and carbon degradation along the aquatic continuum in pre-industrial times  
64 (Battin et al., 2009; Regnier et al., 2013; Chappell et al., 2015). In contrast, abundant  
65 archaeological and geological evidence (e.g., van Andel et al., 1990; Bork and Lang,  
66 2003; Bayon et al., 2012; Dotterweich, 2013) as well as modeling (Kaplan et al., 2010;  
67 Wang et al., 2017) suggests widespread impacts of early human landuse on continental  
68 landscapes, soil erosion and associated carbon transfer processes.

69 Here we present a soil erosion history from the Indian peninsula recorded in a sediment  
70 core retrieved near the mouth of Godavari River (Fig. 1) in the Bay of Bengal (NGHP-  
71 01-16A at 16°35.6'N, 82°41.0'E; 1,268 m water depth; Collett et al., 2015). The age  
72 model for the core based on 11 radiocarbon dates on mixed planktonic foraminifera was  
73 previously published by Ponton et al. (2012). The Godavari basin was not affected by  
74 tectonics at the Holocene time scale, or glacial/snow meltwater and strong orographic  
75 precipitation, which augment and complicate the water and sediment discharge of the  
76 larger Himalayan rivers like the Ganges or Brahmaputra. Instead, it integrates rainfall  
77 from the core monsoon zone (CMZ), the region of central India that is representative for  
78 both the mean monsoon regime and its fluctuations over the peninsula (see Ponton et al.,  
79 2012 and references therein). Consequently, over 90% of Godavari's water discharge into  
80 the Bay of Bengal derives from summer monsoon precipitation (Rao et al., 2005), making  
81 its sedimentary deposits a prime target for continental climate reconstructions and a

82 repository for sedimentary proxies of erosion prior and after the Neolithic adoption of  
83 agriculture in central India.

84

## 85 2. The Godavari Sediment System

86 Originating at an elevation of 920 m in the Sahyadri coastal range (*aka* Western Ghats)  
87 near the Arabian Sea coast, the Godavari crosses the entire Indian peninsula toward the  
88 Bay of Bengal (Fig. 1a). Currently the water discharge of the river is  $\sim 85 \text{ km}^3/\text{yr}$  with a  
89 sediment load of  $\sim 175 \text{ MT}/\text{yr}$  (Syvitski and Saito, 2007). Because the coastal range limits  
90 penetration of the Arabian Sea moisture delivered by the monsoon, precipitation in the  
91 Godavari basin primarily originates from the Bay of Bengal (Gunnell et al. 2007). As a  
92 result, the climate is most humid at the coast (i.e., Eastern Ghats range) and becomes  
93 increasingly arid toward the interior on the Deccan Plateau (Fig. 1b). The natural  
94 vegetation reflects this gradual decrease in moisture: the headwaters on the Deccan are  
95 dominated by  $C_4$ -plant thornbush savannah adapted to dry conditions, whereas  $C_3$ -flora  
96 (deciduous forests) are dominant in the Eastern Ghats (Asouti and Fuller, 2008; Fig. 1c).

97 Sediments transported by the Godavari are sourced from two major geological units  
98 (Bikshamaiah and Subramanian, 1980). The upper river basin developed on the Deccan  
99 Traps, a large igneous province consisting of relatively young flood basalts (Cretaceous  
100 to early Neogene) that largely span the Deccan Plateau. The lower river basin developed  
101 over old Proterozoic to Archaean crystalline igneous/metamorphic rocks of the Indian  
102 Craton (Fig. 1d). The relatively young Deccan basalts retain a highly radiogenic mantle-  
103 derived Nd isotope composition ( $\epsilon\text{Nd}$  of  $+1\pm 5$ ) while the old continental crust of the  
104 Indian Craton has a relatively unradiogenic isotopic composition ( $\epsilon\text{Nd}$  of  $-35\pm 8$ ), yielding  
105 a sharp contrast between geological end-members. Thus, the sediment provenance for the  
106 Godavari sediments can be deduced from the Nd isotopic signatures of the detrital  
107 inorganic fraction in our core because the Nd signal remains unmodified through bedrock  
108 weathering processes (McLennan and Hemming, 1992; DePaolo, 1988).

109 Black soils cover the Deccan Plateau whereas red soils are generally typical for the  
110 Eastern Ghats (Bhattacharyya et al., 2003; Fig. 1d). Although both types of soils have  
111 been affected by landuse since prehistorical times, the black soils of the arid to semi-arid  
112 Deccan appear to be the most degraded at present (Singh et al., 1992). Intense erosion  
113 within the basin is reflected by the inordinately large sediment load of the Godavari  
114 (Bikshamaiah and Subramanian, 1980) similar to other monsoonal rivers (Summerfield  
115 and Hulton, 1994). In contrast to the dynamic Himalayan rivers of the Indo-Gangetic  
116 alluvial plain, Godavari and its tributaries are incised in rock or alluvium and have  
117 relatively stable sandy channels. As for other rivers affected by storms (Edwards and  
118 Owens, 1991; Hilton et al, 2008), extreme rainfall events are disproportionately important

119 for erosion in the Godavari watershed and in subsequent transport of sediments to the  
120 ocean (Kale, 2003). Given their incised morphology, shifts in channel position in  
121 response to floods are however rare above the Godavari delta (Kale, 2002). Floodplains  
122 are limited in extent (2% of the basin; Bikshamaiah and Subramanian, 1980), and loss of  
123 sediments to overbank deposition is minor (Kale, 2002). Therefore storage is minimal in  
124 these intermediate alluvial reservoirs that normally would increase the residence time of  
125 sediments, including particulate organic carbon.

126 Once reaching the Bay of Bengal, sediment delivered by the Godavari has constructed a  
127 large Holocene delta (Rao et al. 2005; Cui et al., 2017). Offshore from the Godavari  
128 mouth, a persistent sediment plume extends over 300 km during the monsoon season  
129 when over 90% of the fluvial sediment is discharged (Sridhar et al., 2008). Because the  
130 shelf in front of the delta is unusually narrow (i.e., under 10 km at our core location)  
131 copious sediment deposition takes place directly on the continental slope, resulting in  
132 sediment accumulation rates as high as 250 cm/kyr; Ponton et al., 2012). Owing to the  
133 narrow shelf, changes in sea level would also have minimal effects on sediment  
134 deposition at our site, especially after the early Holocene when the global sea level  
135 reached within a few meters of modern values (Lambeck et al., 2014). For these reasons  
136 our core located close to the river mouth (~35 km) is unlikely to contain any significant  
137 contributions from other sediment sources, in agreement with previous studies (e.g.,  
138 Bejugam and Nayak, 2017).

139 The relatively simple sedimentary regime of the Godavari system in combination with the  
140 monsoon-dominated climatology and simple geology of the Godavari basin allows for  
141 relatively straightforward interpretation of sediment sources and transfer processes. The  
142 monsoon washload is rapidly and directly delivered to the continental margin without  
143 significant trapping in intermediate depocenters along the river. As the suspended load  
144 makes up over 95% of the total sediment transported by the Godavari (Syvitski and Saito,  
145 2007), the washload-derived terrestrial proxies are representative for the production of  
146 fine-grained sediment in the basin. Potential contributions from resuspension of shelf  
147 sediments cannot be excluded but are likely minor due to the narrowness of the shelf;  
148 furthermore, given the large sedimentation rates on the shelf itself (Forsberg et al., 2007),  
149 the resuspended sediment is expected to be quasi-contemporaneous with sediments  
150 arriving on the slope directly from the river plume.

### 151 3. Hydroclimate in the Core Monsoon Zone

152 We have previously reconstructed the Holocene paleoclimate using the same sediment  
153 core discussed herein (Ponton et al., 2012; Zorzi et al., 2015). Terrestrial reconstructions  
154 were based on the carbon isotopic compositions of higher plant leaf-wax biomarkers (i.e.,  
155 long-chain *n*-alkanoic acids C<sub>26-32</sub>) and pollen, whereas contemporaneous sea surface  
156 paleoceanographic conditions in front of the Godavari delta came from the oxygen

157 isotopic composition of planktonic foraminifer *Globigerinoides ruber*. Sedimentary leaf  
158 waxes provide an integrated  $\delta^{13}\text{C}$  record of the flora in the CMZ that document an  
159 increase in aridity-adapted vegetation ( $\text{C}_4$  plants) after the monsoon maximum in the  
160 early Holocene (Ponton et al., 2012; Fig. 2). The overall trend of the  $\delta^{13}\text{C}$  leaf wax record  
161 agrees with the view that the seasonality of Northern Hemisphere insolation (Ponton et  
162 al., 2012) led to progressively weaker monsoons over the Holocene. However, two clear  
163 aridification steps are evident: between  $\sim 5000$  and  $4500$  years ago, and  $\sim 1,700$  years ago  
164 (Fig. 2). Pollen from the same core (Zorzi et al., 2015) reinforce these conclusions:  
165 coastal forest and mangrove pollen (Fig. 2) that are typical for the more humid coastal  
166 regions of the Eastern Ghats and Godavari delta declined over the Holocene.

167 Dryness-adapted thornbush pollen from the Deccan Plateau increased substantially after  
168 the second aridification step  $\sim 1700$  years ago, overlapping well with the maximum  
169 contribution of  $\text{C}_4$  plant-derived leaf waxes (see Zorzi et al., 2015). For the same time  
170 interval, the ice volume-corrected oxygen isotopic composition of planktonic foraminifer  
171 *Globigerinoides ruber* documented a series of low values interpreted as high salinity  
172 events at the Godavari mouths (see Ponton et al., 2012). Together these continental and  
173 oceanic records suggest that the CMZ aridification intensified in the latest Holocene via a  
174 series of short drier episodes (Ponton et al., 2012). This interpretation is reinforced by  
175 speleothem-derived records from central and northern India for the past thousand years  
176 (Sinha et al., 2011), and the overall evolution of the CMZ hydroclimate as seen from our  
177 core is supported by local reconstructions from the Lonar crater lake in central India  
178 (Prasad et al., 2014; Sarkar et al., 2015), Godavari delta (Cui et al., 2017) and other  
179 records from the larger Indian monsoon domain (Gupta et al., 2003; Fleitmann et al.,  
180 2003; Prasad and Enzel, 2006; Berkelhammer et al., 2012; Dixit et al., 2014b).

#### 181 4. Erosion in the Godavari Basin

182 The Holocene sediment flux at our core location (Fig. 2) is representative for the  
183 Godavari continental slope (Mazumdar et al., 2009; Ramprasad et al. 2011; Joshi et al.,  
184 2014; Usapkar et al., 2016) and is driven by changes in the siliciclastic sedimentation rate  
185 as dilution by biogenic carbonates is less than 5% (Johnson et al., 2014). Despite a lower  
186 sea level at the time, the flux was relatively small in the early Holocene ( $\sim 25 \text{ g/cm}^2/\text{kyr}$ )  
187 but began to increase after 6000 years ago ( $\sim 40 \text{ g/cm}^2/\text{kyr}$ ), as soon as the monsoon  
188 started to decline but well before the adoption of Neolithic agriculture and settlement of  
189 the savannah zone of the central peninsula ( $\sim 4500$  years ago; Fuller, 2011). Between  
190 4000 and 3500 years ago permanent agricultural settlements spread throughout the  
191 Deccan Plateau. The associated small-scale metallurgy (copper-working) requiring  
192 firewood together with the agricultural intensification probably also affected erosion via  
193 widespread deployment of two cropping seasons (Kajale, 1988; Fuller and Madella,  
194 2001). As the climate remained arid, sediment fluxes stayed high despite a phase of

195 agricultural abandonment and depopulation between ~3,200 and 2,900 years ago  
196 (Dhavalikar, 1984; Roberts et al., 2016).

197 A further step increase in the sediment flux (~90 g/cm<sup>2</sup>/kyr on average) occurred after  
198 ~3000 years ago, this time with no apparent concurrent change in climate. The Nd  
199 isotopic signal points to an increase in the Deccan sedimentary output at the time, after a  
200 muted variability earlier in the Holocene when the Indian Craton consistently provided  
201 ~50-60% of the sediments (Fig. 2; see Supplementary Materials). Ferrimagnetic minerals  
202 interpreted as originating from the Deccan (Sangode et al., 2001; Kulkarni et al., 2014)  
203 also increase in late Holocene sediments in the Godavari delta (Cui et al., 2017) and Bay  
204 of Bengal (Kulkarni et al., 2015) supporting our interpretation. Augmented Deccan input  
205 was suggested for the Godavari delta even earlier after ~6000 years ago (Cui et al., 2017),  
206 in step with the initial aridification.

207 New improvements in agricultural technology became widespread in the Deccan Plateau,  
208 including use of iron agricultural tools (Mohanty and Selvakumar, 2001) that required  
209 firewood-fuelled smelting Fuller, 2008). A new phase of agricultural settlement began in  
210 the middle Godavari basin (eastern Maharashtra) between ~3000 to ~2800 years ago  
211 (Brubaker 2000). However, the largest boost in sediment flux occurred after ~2000 years  
212 ago, when the monsoon reached its driest phase and when further increases in population  
213 occurred resulting in the founding of towns and the first cities of the region at the  
214 beginning of the Historic period (Allchin 1995; Parabrahma Sastry 2003). This doubling  
215 in sediment flux relative to the early Holocene values involved a basin-wide increase in  
216 erosion. The contribution from the Deccan Plateau, although at its maximum according to  
217 the Nd isotope mixing model, only accounts for a 15% shift in sediment source (Fig. 2).

218 Overall, watersheds with high precipitation have higher discharge and discharge  
219 magnitude is considered a primary regulator for sediment and carbon erosional fluxes to  
220 the ocean (e.g., Summerfield and Hulton, 1994; Ludwig et al., 1996; Galy et al., 2015).  
221 However, our Godavari record shows that erosional output is maximized by aridity  
222 because significant rain and seasonal floods still occur during the summer monsoon  
223 season (Mujumdar et al., 1970; Kale, 2003). Aridification and/or agricultural expansion  
224 lead to changes in vegetation type (i.e., forest decrease in favour of savannah) and cover  
225 (i.e., shrinking of naturally vegetated lands in favour of agricultural and/or degrading arid  
226 lands) that exacerbate soil erosion (i.e., Langbein and Schum, 1958; Dunne, 1979;  
227 Walling and Webb, 1983; Istanbuluoglu and Bras, 2005; Vanacker et al., 2007; Collins  
228 and Bras, 2008).

## 229 5. Carbon Export from the Godavari Basin

230 The terrigenous organic carbon exported by rivers consists of a mixture of dissolved and  
231 particulate components derived from contemporary vegetation and of carbon stored in

232 bedrock, soils and fluvial sediments that may be significantly pre-aged (Smittenberg et  
233 al., 2006; Galy and Eglinton, 2011; Feng et al., 2013). On the Godavari slope, the  
234 terrigenous fraction dominates the total organic carbon (TOC) in marine sediments  
235 (Johnson et al., 2014). In agreement with this, TOC radiocarbon ages in our core have  
236 been previously found to be remarkably similar to co-located ages of the strictly  
237 terrigenous higher plant leaf wax fraction (Ponton, 2012). This age similarity also  
238 excludes interferences from within-river biological productivity (e.g., Eglinton and  
239 Hamilton, 1967; Eglinton and Eglinton, 2008). To assess the variability of the terrigenous  
240 carbon age exported by Godavari River based on this understanding we used high  
241 resolution TOC radiocarbon measurements to calculate radiocarbon age offsets relative to  
242 the atmosphere (Soulet et al., 2016; see Supplementary Materials). Over the Holocene,  
243 these biospheric organic carbon radiocarbon age offsets in our core mirror the history of  
244 erosion in the basin (Fig. 2).

245 As a first order observation, TOC ages (Fig. 2 and Supplementary Materials) are  
246 significantly older (~200 to 2000  $^{14}\text{C}$  years) than their depositional age in our Godavari  
247 core. Before 5000 years ago the bulk organic carbon radiocarbon age offset were ~600  
248  $^{14}\text{C}$  years old on average. In contrast, the highly erosional regime under both climatic and  
249 early human pressure in the late Holocene led to the export of significantly older carbon  
250 from the terrestrial biosphere, i.e., ~1300  $^{14}\text{C}$  on average. This increase in radiocarbon  
251 age offset occurred largely during the two aridification steps identified by Ponton et al.  
252 (2012): more abruptly between ~5000 and 4500 years ago and more gradually after  
253 ~1700 years ago (Fig. 2).

254 In the absence of significant storage in alluvial sediments in the Godavari catchment,  
255 several processes can explain the doubling in age offset over the Holocene: an overall  
256 slowing of soil carbon turnover in the drying climate of central India, a decrease in TOC  
257 contribution from contemporaneous vegetation relative to older (pre-aged) soil carbon  
258 input and/or deeper exhumation of soils contributing increasingly older carbon. Given the  
259 drastic changes in vegetation cover and increase in erosion in the Godavari basin, a  
260 decrease in soil turnover is unlikely during the Holocene aridification process (Carvalhais  
261 et al. 2014). In turn, the good agreement between the pollen and leaf-wax  $\delta^{13}\text{C}$  records in  
262 our core (Ponton et al., 2012; Zorzi et al., 2015) with independent monsoon  
263 reconstructions suggests sustained delivery of recently fixed biospheric organic carbon to  
264 the delta. Thus, the doubling in age offset over the Holocene is best explained by  
265 increasing contributions from an older soil component, which could only come through  
266 deeper erosion. Because the age of soil organic carbon in soil profiles increases with  
267 depth (Trumbore, 2009), older mixtures imply a deeper soil erosion, whether uniform, or  
268 through gullies, which are common especially on the Deccan Plateau (Kothyari, 1996).

## 269 6. The Monsoon Erosional Pump



270 Overall, these multiple lines of evidence indicate that soil erosion in the CMZ, as  
271 integrated by the Godavari River, increased throughout the basin immediately as climate  
272 began to dry at the end of mid Holocene, and was further enhanced by Deccan  
273 agricultural activities in the late Holocene. The likely mechanism for this is the extreme  
274 seasonal distribution of the rainfall that characterizes the monsoon (Wang and Ding,  
275 2008), which promoted erosion on the more sparsely vegetated landscapes (Molnar,  
276 2001; DiBiase and Whipple, 2011; Plink-Bjorklund, 2015). Our findings thus point to a  
277 veritable “monsoon erosional pump” that accelerates during minimum landcover  
278 conditions when the protective role of vegetation is reduced, whether naturally or by  
279 humans. The volume of total eroded sediments since the mid Holocene must have been  
280 considerable as the continental margin growth accelerated with the shelf edge aggrading  
281 ~80 meters in the last ~2000 years alone (Forsberg et al., 2007).

282 This “landcover-mode” of the monsoon erosional pump must have been active before the  
283 Holocene as well, affecting the transfer of terrigenous sediment, solutes and carbon from  
284 land to the ocean. The beat of monsoon precipitation on orbital timescales is not well  
285 constrained but considered to be modulated by at a combination of precession and  
286 obliquity frequencies based on monsoon wind reconstructions (e.g., Clemens and Prell,  
287 2003). Such complex variability did not inevitably follow the sea level cyclicity (e.g.,  
288 Goodbred and Kuehl, 2000), which is usually assumed to control most of the sediment  
289 transfer from land to the deep ocean (see Blum and Hattier-Womack, 2009 and references  
290 therein for an analysis underlining the increased recognition for a climate role). Thus  
291 untangling the effects of the monsoon is difficult especially during the Quaternary (e.g.,  
292 Phillips et al., 2014), but may be easier to discern earlier when the sea level change  
293 magnitude was reduced. Landcover effects are less likely to occur in the upper basins of  
294 Himalayan monsoonal rivers where there are other sources of water such as snow or  
295 glaciers and where elevation (i.e., temperature) and orographic precipitation promote  
296 ecological stability (Galy et al., 2008a;). The erosional pump in these high, steep regions  
297 is still active due to monsoonal seasonality but in a “topographic-mode” dominated  
298 primarily by landslides (Montgomery and Brandon, 2002; but see Olen et al., 2016 for an  
299 alternative viewpoint). However, the landcover-mode for the erosional pump should still  
300 be active in their lower basins where aridity controls vegetation type and cover (e.g.,  
301 Galy et al. 2008b).

302 Recent coupled erosion-carbon cycling modeling suggests that long-term anthropogenic  
303 acceleration of erosion has had a significant impact on the global carbon cycle by  
304 intensifying the burial of terrigenous carbon (Wang et al., 2017). Prior to damming, the  
305 monsoon domain supplied ~70% of the sediment load coming from large rivers (Syvitski  
306 and Saito, 2007), although it only covers ~15% of the Earth’s surface (Hsu et al., 2011).  
307 Therefore, we suspect that the cumulative effect of the monsoon erosional pump on the  
308 carbon budget was substantial in augmenting the burial of terrigenous carbon during the

309 Holocene and needs to be estimated for inclusion in assessments of the net soil–  
310 atmosphere carbon exchange.

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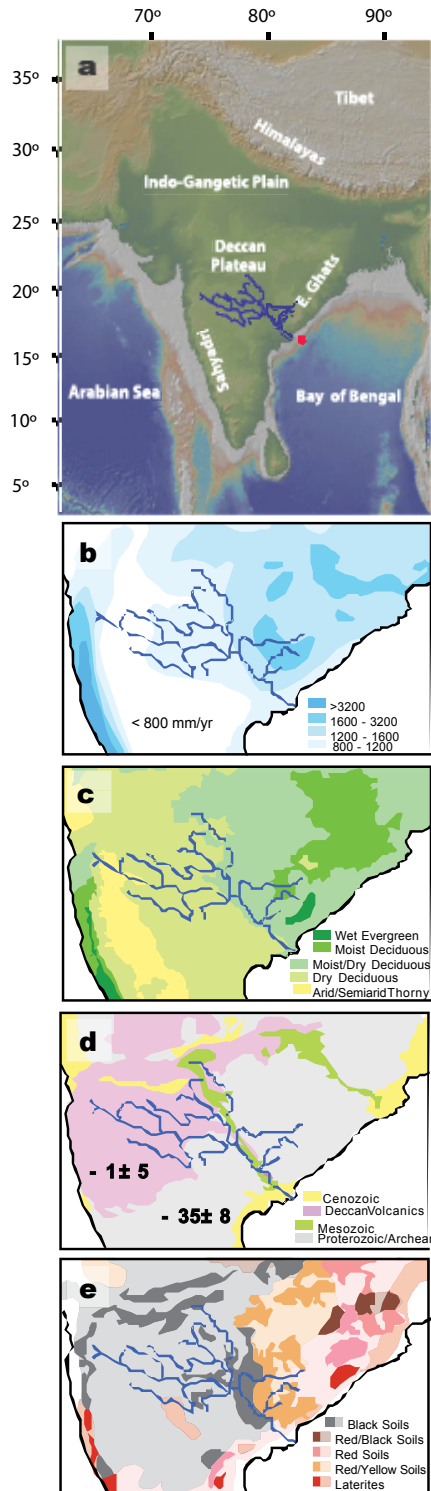
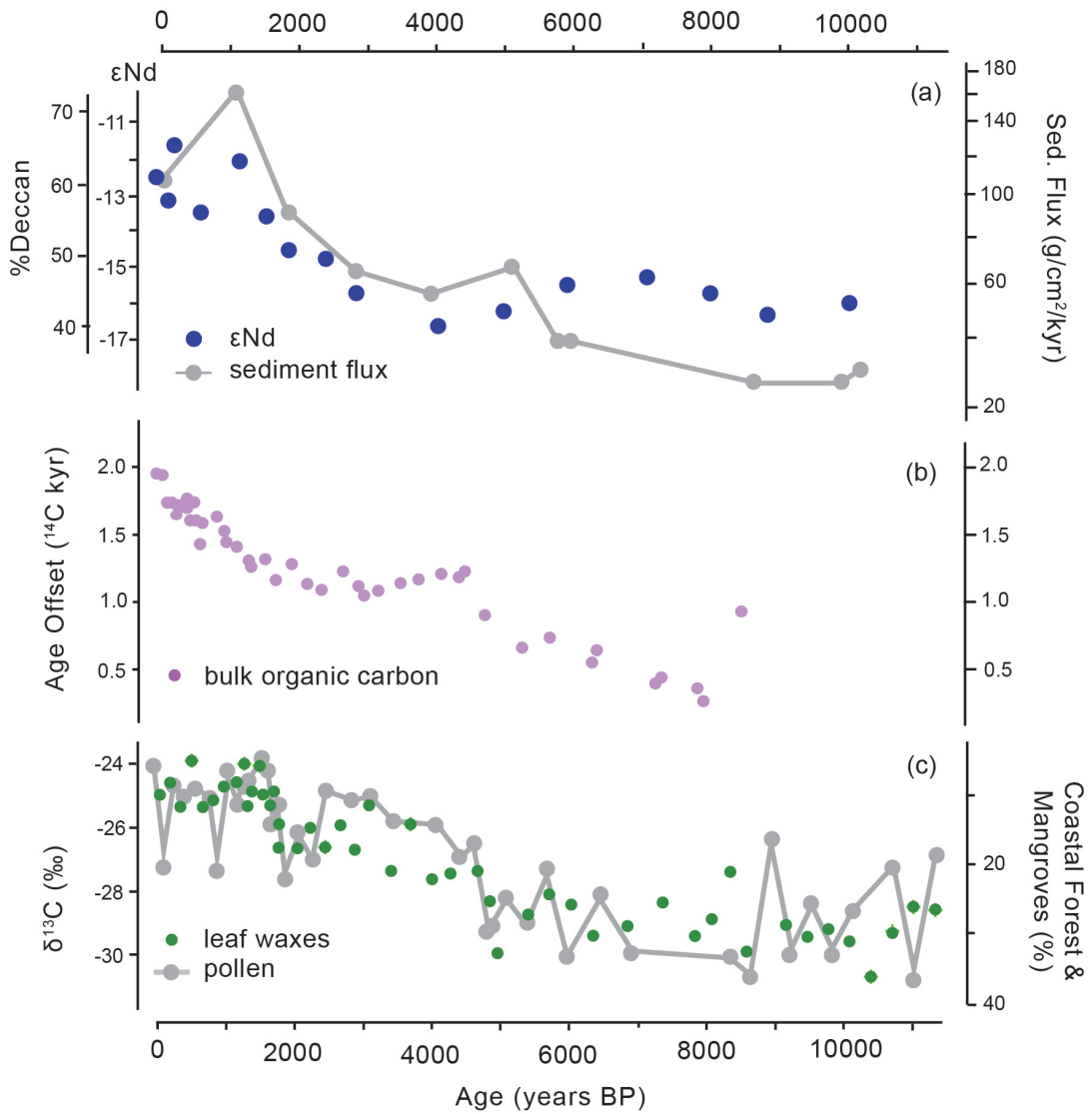


Figure 1. Godavari River drainage basin in its (a) physiographical, (b) hydroclimatic (Asouti and Fuller, 2008), (c) ecological (Asouti and Fuller, 2008), (d) geological (Bikshamaiah and Subramanian, 1980) and (e) soil cover context (NBSS&LUP, 1983). Core NGHP-01-16A location is indicated in (a) by the red dot. Average bedrock  $\epsilon Nd$  values are shown in (d).

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Figure 2. Paleoenvironmental reconstructions from core NGHP-01-16A for the CMZ as integrated by the Godavari River: (a) Sediment fluxes as mass accumulation rates and sediment sources from Nd isotope fingerprinting (Deccan Trap sediment contribution is estimated from a two-end member model; see text and Supplementary Materials); (b) TOC radiocarbon age offset relative to depositional age; (c) Hydroclimate and ecology from pollen (Zorzi et al., 2015) and leaf wax carbon isotopes (Ponton et al., 2012).



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