

20 December 2018

Dear Editors –

Thank you for the opportunity to revise this submission. Following the constructive recommendations from our reviewers, we have made substantial changes to the manuscript, which we detail below.

We show reviewer comments in *italics*; our replies are in **bold**; and excerpts of new text are coloured **blue**.

Thank you for your continued time and consideration. We look forward to further correspondence.

Kind regards,

EDL (*et alia*)

Reviewer #1 (K Ratliff)

L26: perhaps caveat that the “large forcing events” that are shredded are relatively short-term, i.e., those operating on < months time scales

Amended sentence now reads (L26–27):

"This suggests that the physical effects of annual (or intra-annual) forcing events, including major storms, may convey less about the dynamics of long-term shoreline change..."

L131-133: The authors use the storm wave threshold (95th percentile of deep- water significant wave height) as a cutoff for the input flux time series. Particularly for the Argus dataset, it would be interesting and informative to compare the daily wave energy flux in its entirety to the shoreline change information (rather than just the storms). Are seasonal time scales evident in the daily wave energy flux time series? If so, this could be an interesting point of comparison (vs. the storm wave energy flux) that could strengthen the discussion of signal perseverance at longer time scales. An additional figure/ histogram plotting the distribution of total wave energy for binned wave heights at Narrabeen-Collaroy beach from 2005- 2017 could also be useful to illustrate the relative influence of storm waves.

Much of the wave-forcing analysis that R#1 suggests has been published previously. To clarify and explain our use of storm waves (rather than a broader range of waves), we have revised this section to now read (L146–152):

"Previous work on Narrabeen-Collaroy has demonstrated that the relationship between wave-energy flux and shoreline change is strongest for storm waves (Harley et al., 2009; Phillips et al., 2017). By isolating storm waves, we do not mean to suggest that lower-energy waves do not move sediment. However, changes in nearshore bar and beach morphology tend to emerge far more slowly than the high-frequency variability of low-energy wave forcing (Plant et al., 2006), and, in this case, we are interested in the conditions under which an input flux could be preserved in the shoreline response signal. We defined storm wave conditions by a threshold corresponding to the 95th percentile of deep-water significant wave height..."

L138: include reference

We now cite Herbich (2000) (L159).

l. 226: “if climate-related drivers were to increase future forcing at the seasonal time-scale” – give an example of this – increasing storminess? Perhaps include a reference.

Now citing Emanuel (2013), we have amended this sentence to read (L283–286):

"Moreover, if climate-related drivers were to increase future forcing at the annual time-scale ($T \approx T_s$), perhaps through storm frequency or intensity or both (Emanuel, 2013), there is potential for system resonance (Binder et al., 1995; Cadot et al., 2003; Jerolmack and Paola, 2010) that could amplify corresponding shoreline changes."

L292-294: Re-word last sentence, as it does not read clearly.

Revised to now read (L332–334):

"In exploring the dynamics of signal shredding, controlled experiments would also illuminate characteristic time-scales for fundamental processes of sediment transport in coastal environments."

Figure 3B: Consider shortening x-axis to match 3A – I assume it's the same range as the Argus dataset, but the mismatch in x-scales between A and B and the data gap could be misleading and/or confusing.

In response to this and related comments, we have made an entirely new Fig. 2 – which absorbed the wave-related plots shown in the original Fig. 3. We have fixed offsets in plots of power spectra and scale ranges that previously complicated direct comparisons.

L172: correct spelling of “Ratliff” in reference (no ‘e’)

We have corrected the citation – with apologies for the typo.

l. 204: should reference figure 4B, not C

Corrected as noted (now in Fig. 3).

Reviewer #2

1. Explain why using the alongshore average of shoreline change is representative of the system (Fig. 2). It's unclear that it is the best metric to use for this spectral analysis, especially with rotational modes being the two primary contributors to shoreline change (Fig. 4).

Instead of using mean alongshore position to calculate shoreline change, we now present results based on the median absolute value of shoreline change at each position alongshore. Qualitatively, our results are the same (and perhaps even

cleaner). We also show the results of an alternative method, which takes the median of the power spectra from the absolute value of shoreline change at each position alongshore (in each of the three datasets). We present those ancillary results in a new pair of supplemental figures (Figs. S1 & S2), which also compare a wavelet-derived spectral analysis with a Fast Fourier Transform.

And, to explain how this treatment of the shoreline data dovetails with the embayed-beach dynamics discussed later in the manuscript (in Section 3.3), we have added the following (L258–268):

"Although resolved in two dimensions, these shoreline behaviours nevertheless inform our one-dimensional simplification of shoreline change (Fig. 2). The spatial analysis shows that at each position alongshore, shoreline position is moving onshore and offshore with a few dominant modes of sediment-transport dynamics that rework the embayed beach at characteristic time-scales. The "closed" system of the embayment makes the beach behave as a roughly conserved physical quantity. This means that rotation-driven shoreline change is spatially correlated, such that one side accretes approximately as much as the other side erodes. The spectral density of shoreline change over time at any position (y) is insensitive to this spatial correlation, because the absolute value of shoreline change makes the magnitudes at one end of the embayment approximately equal to those at the other, and thus their power spectra quantitatively similar, in turn."

2. *What is the source of the data that was used to create figure 3? Should be added to "Setting and dataset" section. Is it from one source or multiple?*

We now clarify that the wave data come from the Sydney waverider buoy:

"We also used deep-water wave data compiled from hourly records logged between 2005–2017 by the Sydney waverider buoy, located approximately 11 km offshore of the study area."

3. *L143-148: Elaborate on the physical interpretation of the wave energy flux being unorganized and stationary in contrast to the transitional shoreline change. It seems there is a lack of intrinsic characteristic timescale, but why is that important to include?*

We have significantly reworked this part of the manuscript (Section 3.1) to improve its clarity – not only by revising the text, but also by replacing the original Figs. 2 & 3 with a new Fig. 2.

The interpretation of the input signal now reads (L160–173):

"We calculated monthly and daily total storm-wave energy fluxes corresponding to the monthly and daily shoreline time-series (Fig. 2e,f), and transformed them into power spectra to demonstrate that the forcing (input) and response (output) spectra are not the same (Fig. 2d,g). Where the spectral density of shoreline change is non-stationary (correlated) over a range of relatively short time-scales (Fig. 2d), the spectral density of wave forcing is comparatively stationary (uncorrelated) over the same range (Fig. 2g). The monthly wave-energy time-series shows a peak in spectral density at ~24 mos, but with no clear comparator in the shoreline-change spectra. The daily wave-energy spectrum rises at the long-interval end of its range to a broad peak at ~30–45 mos (Fig.

2g), which overlaps with a local maximum in the shoreline-change spectra at ~37–42 mos (Fig. 2d).

Even in this one-dimensional representation, the sediment-transport processes of shoreline change have transformed an input signal into a quantitatively distinct output signal. To place these input/output spectral patterns in the context of physical processes that might explain them, we explored characteristic time-scales of key embayed-beach dynamics."

4. Consider using your wave data (heights and periods) to calculate the expected sediment flux using a variation of the CERC formula. How would this Q_s signal compare to the signal produced by +/- values of shoreline change? Since the modes are rotational, it may be informative to use if AST is the majority of sediment fluxes. The modes of shoreline change by Ratliff and Murray suggest that there should be a causative link.

We do not pursue a calculation of expected sediment flux in this revision because we no longer call the output signal a flux (L105–108):

"In our beach example, rather than considering sediment flux directly, we tracked the change in shoreline position, d_x (in m), between consecutive time steps at a given position alongshore (y)."

A comment by A Ashton (below) makes a related suggestion.

Furthermore, we have tried – such as at L258–268, excerpted above (see R#2's first comment) – to better explain how patterns in the one-dimensional and two-dimensional representations of shoreline behaviour are related.

5. L 204 – 213: The authors describe the first two modes as rotational and detail how much change each mode accounts for, but do not describe the types of modes the third and fourth are. Though they represent little change, it would be helpful to include the mode. The magnitudes from the PCA analysis would also be helpful to include.

We now include this information in the text (L251–255) and in Fig. 3c.

6. In regime 1 of the spectral power plots in Figure 2 (where the spectral power is a power law function of time scale), is the slope of the power law curve meaningful? Is it different between the data sets? There should be more details in the text of what is/can be quantified out of the power law to lead to the interpretation of morphodynamic turbulence.

Our new Fig. 2 shows the power spectra from all three shoreline-position datasets relative to each other. We now include a slope of the non-stationary (correlated) reach of the power spectra, along with the following interpretation (L128–136):

"Like the sedimentary systems described by Jerolmack and Paola (2010), the spectral density of the one-dimensional shoreline-change term $d_x(t)$ yields a pattern with two regimes (Fig. 2d). A non-stationary regime extends over shorter time-scales, such that spectral density versus time-scale are correlated by a power law. This relationship transitions at ~9–11 mos into a comparatively stationary (uncorrelated) regime over longer intervals. (A power function fitted to the three spectra, combined, for scales up to ~12 mos, returns a scaling exponent = 0.66, but the physical significance this slope value remains unclear.) This two-regime pattern in the power spectrum (Jerolmack and Paola,

2010) serves as an initial indication that signal shredding may be inherent in the dynamics of sandy beach systems."

7. In Figure 2, the arrows are not explained. I think they are showing that the data from one plot goes into making the next, but it appeared at first that they were pointing to something unexplained. Please clarify the purpose of the arrows. Please clarify the type of data used for each plot. It's difficult to discern as is. Could also be clearer by labeling the columns. And it is easy to miss the timescales. A separate plot for timescales would make the connection clearer.

Again, we have addressed these elements by constructing a completely new figure.

8. Line 247 has a typo – extra “and” in the sentence.

Fixed, as suggested.

Commenter #3 (A Ashton)

L22. L23 “detailed” is used twice in a row meaning different things. Or undefined things.

Amended second use of "detailed" so that L21–22 now read:

"...shorelines retain almost no detailed information about their own past positions. Here, we use a high-frequency, multi-decadal observational record of shoreline position..."

L109-111. Could use more discussion of how shoreline change is converted to flux and the physical motivation behind this. Particularly here where this is first discussed. Also having read through this seems to be the full methods explanation. Overall the MS could use more detailed methods. In this case, the connection between the wave flux and shoreline changes needs to be made more explicit. Right now just implied. This also needs to be separated into the cross-shore (alongshore averaged) and the alongshore-varying examples used later.

We have used this comment to motivate significant revisions throughout Sections 3.1 & 3.3. We have expanded our methodological explanations wherever they appear, and we have made a particular effort to better link the shoreline-change and wave-energy time-series that we treat as system output and input, respectively.

L141-2. Why using “q” for something that is not directly flux. Leading.

L147. Overall, I feel that the $\rightarrow q$ analogy is somewhat circumspect. I wish the authors could explain/justify much better. It strike me that they are forcing their results a bit too much into the specific framework of the Jerolmack and Paola (2010) rather than just being inspired by this work. The latter makes more sense as there are functional differences between the systems.

As we note above, to R#2, we no longer refer to the shoreline-change signal as a flux (L105–108).

Moreover, we have revised the bulk of this submission according to the spirit of this comment – that we be inspired by Jerolmack & Paola (2010) rather be strict

adherents to its template. Even in the coauthors' independent readings of this revision, the shift in presentation has improved the manuscript fundamentally.

L158. Explicitly define the criteria for beach width. This probably does not affect the results, as L is just a scaling coefficient. Maybe better to scale with $max - min$? My concern is that on many developed/anthropogenically affected beaches, the beach width itself is set by things like development, how dune lines are locally determined, and the location of symbolic fencing.

Indeed, because we normalize L , the definition of beach width does not affect the results. (In a previous draft, we used a definition of $max - min$, but ultimately opted to describe the "full" beach width captured by the cross-shore profile.) However, for clarity, we have amended this line to read (L183–186):

"We assume that the system size L is equivalent to maximum cross-shore beach width, defined here as the cross-shore distance from a fixed landward reference point to mean sea-level (Harley and Turner, 2008; Harley et al., 2011b)."

L195. Could reference other, older works on PCA analyses of beach signals. Just an idea, I do not have specific examples on hand.

We now refer (L231–232) to Winant et al., 1975; Aubrey, 1979; Clarke and Eliot, 1982; Hsu et al., 1994; Dail et al., 2000; and Short and Trembanis (2004).

L213. Overall I feel that a constitutive connection is missing between the analyses of Fig 2 and Fig 4. Analysis one (Fig 2) is alongshore-averaged shoreline position. Analysis two (Fig 4) is about modes of change of shoreline position about the average (or at last most modes are, such as rotation, breathing, etc.). It would be helpful add more glue to put these concepts together together.

We have worked to address this disconnect – which R#2 also raises – throughout Section 3 of the text, and by presenting entirely new Figs. 2 & 4 (where the latter is a synthesis figure, as recommended below).

L232. I feel that overall the rice pile analogue is overemphasized. This example is constantly forced but the field site is not. I presume Fig 3 is meant to convey that there is weak spectral forcing in the data, but that should be different than constant forcing, no?

We have removed this discussion of the rice-pile analogue from the text (in keeping with the "inspired by" comment, above), and have clarified (with the new Fig. 2) our presentation and interpretation of input forcing.

L246-7. Um?

Revised, as suggested.

L250. Add some references here.

For the clause "... if most of the sediment shifted off a beach during a storm is stored in a nearshore bar and then swept back onshore in a matter of days to weeks afterward..." (L290–292), we now include Birkemeier (1979), List et al. (2006), and Phillips et al. (2017).

Fig 2. Please make this figure easier to read. The whole alphabet is not needed to signify the plots (not referenced as such in the text). Would be better to give titles to the columns and find a way to make the row descriptions more obvious (not hidden in the axis text).

Addressed, with an entirely new Fig. 2.

Fig 4. Please use color or at the very least different line types here.

Revised, as suggested (now Fig. 3).

Overall, I think that the MS could benefit from some form of summary plot/s. Values such as the t_c for the different analyses should be summarized to make the point. Instead we are left with the spiderweb thin blue lines on the plots. On the log scale nobody can even read what these numbers are. I'm not a big fan of tables, but at the least a table of the T values would help. Even better if a plot could be figured out.

Addressed with an entirely new Fig. 2, and with the addition of a new Fig. 4 as a "synthesis" plot and a new Table 1 listing all of the characteristic time-scales across the various input/output time-series and analyses.

Environmental signal shredding on sandy coastlines

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Abstract

How storm events contribute to long-term shoreline change over decades to centuries remains an open question in coastal research. Sand and gravel coasts exhibit remarkable resilience to event-driven disturbances, and, in settings where sea level is rising, shorelines retain almost no detailed information about their own past positions. Here, we use a high-frequency, multi-decadal observational record of shoreline position to demonstrate quantitative indications of morphodynamic turbulence – "signal shredding" – in a sandy beach system. We find that, much as in other dynamic sedimentary systems, processes of sediment transport that affect shoreline position at relatively short time-scales may obscure or erase evidence of external forcing. This suggests that the physical effects of annual (or intra-annual) forcing events, including major storms, may convey less about the dynamics of long-term shoreline change – and vice versa – than coastal researchers might wish.

Keywords – coastal hazard; landscape resilience; beach recovery; beach rotation; Narrabeen-Collaroy

32 1. Introduction

33 Quantifying magnitudes and rates of shoreline change is fundamental to understanding the
34 dynamics of coastlines: not only how they behave over time, but also how they may
35 respond to future changes in environmental forcing. From a coastal-management
36 perspective, shoreline change may constitute a coastal hazard – either event-driven, like the
37 impact of a major storm, or chronic, like persistent shoreline erosion from a net-negative
38 sediment budget. Long-term, continuous measurement of shoreline position observed at a
39 given location will record changes arising from event-driven and chronic forcing, alike. But
40 how punctuated storm events contribute to long-term shoreline change over decades to
41 centuries remains an open question, particularly in the context of shoreline-change
42 prediction (Morton et al., 1994; Fenster et al., 2001; Houser and Hamilton, 2009; Anderson
43 et al., 2010; Masselink and van Heteren, 2014; Brooks et al., 2016; Masselink et al., 2016;
44 Scott et al., 2016; Burvingt et al., 2017).

45 Evidence of coastal storm frequency and magnitude over centuries to millennia may be
46 stored in the sedimentary stratigraphy of beach ridges (Tamura, 2012) and washover into
47 back-barrier lagoons (Donnelly and Woodruff, 2007). Ridge and washover stratigraphy
48 offers a window into climatic forcing conditions in the recent geologic past, but is not a
49 direct measure of shoreline position. Indeed, in transgressive settings (in which relative sea
50 level is rising) the shoreline itself retains almost no detailed information about its own past
51 positions. Sand and gravel coastlines, especially, reflect remarkable resilience to event-
52 driven disturbances – even to tsunamis (Choowong et al., 2009). Storm-driven shoreline
53 excursions on the order of $\sim 10^1$ – 10^2 m may be obscured within days to months, and
54 effectively erased within years (Birkemeir, 1979; Egense, 1989; Thom and Hall, 1991;
55 Morton et al., 1994; Douglas and Crowell, 2000; Honeycutt et al., 2001; Zhang et al., 2002;
56 List et al., 2006; Lazarus et al., 2012; Lentz et al., 2013; Coco et al., 2014; Masselink and van
57 Heteren, 2014; Phillips et al., 2017).

58 This coastal context exemplifies a unifying challenge in geomorphology: determining how
59 dynamic sedimentary systems – especially source-to-sink pathways – respond to rapid
60 external forcing. Processes of sediment transport tend to rework upstream/upslope inputs
61 so completely that their downstream/downslope outputs may bear no resemblance to the
62 original pattern of forcing that drove them. In their essential synthesis of the problem,
63 Jerolmack and Paola (2010) call this phenomenon the "shredding" of environmental
64 signals. They offer that shredding – or, more formally, "morphodynamic turbulence" –
65 behaves much like fluid turbulence, in that "energy injected at one frequency is smeared
66 across a range of scales." High-frequency signals of external forcing are especially likely to
67 be shredded. Drawing on the physics of turbulent fluid flows (Frisch and Kolmogorov,
68 1995), Jerolmack and Paola (2010) used time-series of sediment flux from physical and
69 numerical experiments – bedload transport in a flume channel (Singh et al., 2009), a
70 canonical rice-pile experiment (Frette et al., 1996), and a numerical rice-pile model – to
71 illustrate their argument. Beyond source-to-sink sedimentary systems (Romans et al., 2016),
72 signal shredding has since been extended to spatio-temporal changes in lake levels
73 (Williams and Pelletier, 2015) and methane release from peatlands (Ramirez et al., 2015).

74 Here, we investigate signal shredding in an altogether different sediment-transport system:
75 that of a sandy beach. Although previous studies of sandy shoreline dynamics have invoked
76 signal shredding conceptually (Lazarus et al., 2011a, 2012; Williams et al., 2013), none have
77 used observations of shoreline position to demonstrate quantitative signatures of signal
78 shredding empirically. Following Jerolmack and Paola (2010), we find the hallmarks of
79 morphodynamic turbulence in time-series of shoreline position measured at Narrabeen-
80 Collaroy Beach, in southeast Australia (Short and Trembanis, 2004; Harley et al. 2011a,
81 2015; Turner et al. 2016; Phillips et al., 2017). The potential for beaches to "shred" large-
82 magnitude changes in shoreline position forced at relatively short (~intra-annual) time-
83 scales complicates reconciliation of short-term beach dynamics and long-term, spatio-
84 temporal patterns of shoreline variability and evolution.

85 **2. Setting and datasets**

86 The Narrabeen-Collaroy embayment (Fig. 1a) holds a sandy beach 3.6 km long, and is one
87 of only a few sites worldwide where ongoing beach monitoring has been regular, frequent,
88 and uninterrupted for multiple decades (Turner et al., 2016). Cross-shore profiles at five
89 locations along the beach (Fig. 1a) have been measured approximately monthly (Fig. 1b)
90 since 1976 (Turner et al., 2016). In addition, continuous alongshore shoreline positions
91 derived from RTK-GPS quad-bike surveys of the full three-dimensional subaerial beach
92 have been recorded approximately monthly (Fig. 1c) between 2005–2017 (Harley and
93 Turner 2008; Harley et al., 2011a, 2011b, 2015). Daily-averaged shoreline position in the
94 southern half of the embayment (Fig. 1a) has also been captured by an Argus Coastal
95 Imaging system (Fig. 1d) for over a decade (Phillips et al., 2017). In each of these datasets
96 we used the 0.7 m AHD (Australian Height Datum) elevation contour to define the cross-
97 shore shoreline position (x) at all positions alongshore (y), commensurate with mean high
98 water (Harley et al., 2011a, 2011b). Data gaps in the profiles and time-series were filled by
99 linear interpolation. We also used deep-water wave data compiled from hourly records
100 logged between 2005–2017 by the Sydney waverider buoy, located approximately 11 km
101 offshore of the study area.

102 **3. Analysis**

103 **3.1. Patterns in power spectra**

104 In their bedload and rice-pile examples, Jerolmack and Paola (2010) collapsed these
105 physical systems into one dimension – a time-series of sediment flux past a single point. In
106 our beach example, rather than considering sediment flux directly, we tracked the change in
107 shoreline position, d_x (in m), between consecutive time steps at a given position alongshore
108 (y). In a generic source-to-sink system in which sediment only moves downstream,
109 sediment flux is unidirectional and positive. By contrast, in a one-dimensional treatment of
110 a beach system, shoreline movement (d_x) is bidirectional, as wave-driven cross-shore
111 sediment transport shifts the shoreline at any location onshore and offshore over time. To
112 therefore include both onshore (negative) and offshore (positive) movement, we worked
113 with the absolute value of shoreline change and calculated the power spectrum of the time-
114 series using wavelet analysis, following the method described by Lazarus et al. (2011a,

115 2012). We show results based on the median absolute value of shoreline change for all
116 positions alongshore at a given time step (Fig. 2a–c). To confirm that this simplification is
117 representative, we also analysed the spectral density of the shoreline-change time-series at
118 each position alongshore (Fig. S1).

119 This application of wavelet analysis functions much like a Fourier transform (Lazarus et al.,
120 2011a, 2012). We first convolved the time-series (the absolute value of shoreline change)
121 with a second-order Daubechies wavelet in a continuous wavelet transform. Taking the
122 mean transform variance at temporal scales up to approximately half the overall length of
123 the signal produced a measure of spectral power. We chose a wavelet with a small number
124 of vanishing moments – a measure of how much the wavelet shape undulates – because
125 simple wavelets tend to have better sensitivity over a greater range of scales. The general
126 pattern of spectral density was insensitive to different wavelets with low vanishing
127 moments, and was comparable to spectra generated by a Fast Fourier Transform (Fig. S2).

128 Like the sedimentary systems described by Jerolmack and Paola (2010), the spectral density
129 of the one-dimensional shoreline-change term $d_x(t)$ yields a pattern with two regimes (Fig.
130 2d). A non-stationary regime extends over shorter time-scales, such that spectral density
131 versus time-scale are correlated by a power law. This relationship transitions at ~9–11 mos
132 into a comparatively stationary (uncorrelated) regime over longer intervals. (A power
133 function fitted to the three spectra, combined, for scales up to ~12 mos, returns a scaling
134 exponent = 0.66, but the physical significance this slope value remains unclear.) This two-
135 regime pattern in the power spectrum (Jerolmack and Paola, 2010) serves as an initial
136 indication that signal shredding may be inherent in the dynamics of sandy beach systems.

137 But what environmental signal is being shredded at the shoreline? Consider again a
138 unidirectional source-to-sink system, driven by some input flux at the upstream end. That
139 input flux might be constant; it might fluctuate quasi-periodically; it might spike with large-
140 magnitude events. In a controlled physical experiment or a numerical model, input flux (of
141 sediment and/or fluid) is a known quantity, set by the researcher. Whatever its pattern in
142 time, input flux embodies the environmental signal that is susceptible to shredding by
143 sediment-transport processes internal to the system. Here, for the beach system, we treated
144 energy flux from incident storm waves as the external environmental signal that shoreline
145 behaviour may destroy or preserve.

146 Previous work on Narrabeen–Collaroy has demonstrated that the relationship between
147 wave-energy flux and shoreline change is strongest for storm waves (Harley et al., 2009;
148 Phillips et al., 2017). By isolating storm waves, we do not mean to suggest that lower-
149 energy waves do not move sediment. However, changes in nearshore bar and beach
150 morphology tend to emerge far more slowly than the high-frequency variability of low-
151 energy wave forcing (Plant et al., 2006), and, in this case, we are interested in the conditions
152 under which an input flux could be preserved in the shoreline response signal. We defined
153 storm wave conditions by a threshold corresponding to the 95th percentile of deep-water
154 significant wave height (H_s , m), which for this region is $H_s > 3$ m (Harley, 2017). Much like

155 flow discharge in a fluvial system, deep-water wave energy flux (E , kW per m wavefront)
156 may serve as a useful proxy for input flux to the beach:

$$157 \quad E = \frac{\rho g^2}{64\pi} H_s^2 P_w \approx 0.5 H_s^2 P_w \quad (1)$$

158 where ρ (kg/m^3) is water density, g (m/s^2) is acceleration by gravity, H_s (m) is significant
159 deep-water wave height, and P_w (s) is wave period (Herbich, 2000).

160 We calculated monthly and daily total storm-wave energy fluxes corresponding to the
161 monthly and daily shoreline time-series (Fig. 2e,f), and transformed them into power
162 spectra to demonstrate that the forcing (input) and response (output) spectra are not the
163 same (Fig. 2d,g). Where the spectral density of shoreline change is non-stationary
164 (correlated) over a range of relatively short time-scales (Fig. 2d), the spectral density of
165 wave forcing is comparatively stationary (uncorrelated) over the same range (Fig. 2g). The
166 monthly wave-energy time-series shows a peak in spectral density at ~ 24 mos, but with no
167 clear comparator in the shoreline-change spectra. The daily wave-energy spectrum rises at
168 the long-interval end of its range to a broad peak at ~ 30 – 45 mos (Fig. 2g), which overlaps
169 with a local maximum in the shoreline-change spectra at ~ 37 – 42 mos (Fig. 2d).

170 Even in this one-dimensional representation, the sediment-transport processes of shoreline
171 change have transformed an input signal into a quantitatively distinct output signal. To
172 place these input/output spectral patterns in the context of physical processes that might
173 explain them, we explored characteristic time-scales of key embayed-beach dynamics.

174 **3.2 Characteristic time-scale from system size and input flux**

175 Jerolmack and Paola (2010) showed in their exemplars that the transition from non-
176 stationary to stationary (correlated to uncorrelated) in the spectral density of the output
177 signal occurs at an intrinsic, characteristic time-scale T_c . Theoretically, T_c is set by the
178 system size L relative to the constant (\sim mean) signal input. While those parameters can be
179 dictated for experimental systems, they are less clear for an open sandy coastline. To
180 independently estimate T_c in the Narrabeen-Collaroy system and compare the results to the
181 time-scale (or range of time-scales) at which the shoreline-change power spectra transition
182 from non-stationary to stationary, we tested two different approaches.

183 The first approach is a back-of-the-envelope exercise. We assumed that the system size L is
184 equivalent to maximum cross-shore beach width, defined here as the cross-shore distance
185 from a fixed landward reference point to mean sea level (Harley and Turner, 2008; Harley
186 et al., 2011b). This assumption extends from having collapsed the system into only the
187 cross-shore (x) dimension: at any alongshore position (y), the theoretical maximum cross-
188 shore (x) extent to which the beach can ever erode is the full width of the beach L ,
189 independent of embayment length. (We call L the "theoretical maximum" because
190 historical records of shoreline change are necessarily of finite duration, and therefore may
191 never reflect this full width.) We normalised L relative to its maximum value, such that the
192 theoretical maximum $L = 1$. For the input flux, we took the mean normalised monthly
193 (and daily) total wave-energy flux over the full span of the dataset, which here serves the
194 purpose for a rough estimate of T_c . Using monthly total storm-wave energy flux (Fig. 2e),

195 L/E (where L and E are both normalised) yields $T_c = 4\text{--}6$ months; using the daily total
196 storm-wave energy flux (Fig. 2f), $T_c = 5\text{--}6$ months. (These ranges come from excluding
197 and including, respectively, zero values in the total wave-energy time-series, which increases
198 or decreases the mean normalised E .) Note that this estimate aligns with a detailed analysis
199 of time-scales for beach recovery at Narrabeen–Collaroy (Phillips et al., 2017). Plotted in
200 relation to the power spectra for shoreline change (Fig. 2d), the characteristic time-scale
201 marks approximately where the spectral density "rolls over" from non-stationary to
202 stationary (correlated to uncorrelated), just ahead of the distinct local maximum at $\sim 9\text{--}11$
203 months.

204 3.3 Characteristic time-scale from modes of embayed beach dynamics

205 The second approach to estimate one or more characteristic time-scales T_c for the
206 Narrabeen-Collaroy system derives from shoreline behaviours typical of this site, and of
207 embayed beaches more generally (Short and Trembanis, 2004; Ranasinghe et al., 2004;
208 Harley et al., 2011a, 2015; Ratliff and Murray, 2014).

209 Although they vary in detail between specific locations, approximately four modes of
210 shoreline behaviour tend to describe how sediment moves within embayed beach systems.
211 One mode represents sediment cycling offshore and onshore as a quasi-coherent unit at
212 the full scale of the embayment: imagine a narrow beach during stormier times of the year,
213 and a wide beach during calmer intervals. Another common mode is termed "rotation,"
214 and occurs when prevailing wave conditions or a storm event shifts a significant volume of
215 sediment inside the embayment alongshore to form a wider beach at one end and a
216 narrower beach at the other (Ranasinghe et al., 2004). Related to rotation is what has been
217 described as a "breathing" mode, a kind of shoreline resonance that hinges near the centre
218 of the beach and characterises changes in shoreline curvature, as sand moves between the
219 middle and ends of an embayment (Ratliff and Murray, 2014). An additional mode of
220 shoreline dynamics reflects patterns of shoreline variability introduced by rhythmic
221 movements of sandbars, sandwaves, megacusps, and inlet processes, where applicable
222 (Harley et al., 2011a, 2015). These four modes are not necessarily hierarchical: their relative
223 dominance can change as a function of wave conditions (Harley et al., 2011a, 2015). More
224 importantly, these modes of shoreline behaviour likely manifest intrinsic time-scales.

225 To find characteristic time-scales corresponding to the modes of shoreline behaviour at
226 Narrabeen-Collaroy, we followed steps described by Ratliff and Murray (2014). From the
227 monthly shorelines derived from RTK-GPS quad-bike surveys, at each position alongshore
228 we detrended the series of shoreline position (not shoreline-position change) in time (Fig.
229 3a). To calculate the empirical orthogonal modes in the alongshore dimension through
230 time, and thus characterise shoreline variation around its mean position (Fig. 3b), we
231 applied principal-component analysis (Winant et al., 1975; Aubrey, 1979; Clarke and Eliot,
232 1982; Hsu et al., 1994; Dail et al., 2000; Short and Trembanis, 2004). Each mode in
233 sequence explains a smaller percentage of variation in the data. We then used a continuous
234 wavelet transform, again finding the mean transform variance over a range of time intervals
235 (Lazarus et al., 2011a), to examine the spectral signatures of the first four behavioural

236 | modes in the temporal dimension. In the resulting power spectrum, peaks represent the
237 | characteristic time-scale for each behavioural mode (Ratliff and Murray, 2014). We take T_c
238 | (Fig. 3c) as the first local maximum in the power spectrum (Ratliff and Murray, 2014),
239 | using a Ricker-Marr wavelet. (Other Gaussian-type wavelets yielded similar power spectra
240 | and characteristic time-scales.)

241 | The first two modes in these data are both rotational (Fig. 3b). The first, a rotation toward
242 | the north, accounts for 51% of the observed shoreline variability with a peak time-scale at
243 | ~21 months (and a local saddle at ~12 months). The second, a rotation toward the south,
244 | accounts for 32% (~6–7 months) and agrees closely with the T_c calculated independently
245 | from the normalised storm wave-energy flux. In previous applications of PCA to >25 years
246 | of long-term profile data (Short and Trembanis, 2004) and 5 years of quad-bike
247 | measurements (Harley et al., 2011a, 2015) at Narrabeen-Collaroy, rotational behaviour was
248 | secondary (26% of shoreline variability around its mean position) to a dominant mode
249 | (~60%) of quasi-coherent, off- and onshore sand movement within the embayment. In the
250 | extended quad-bike dataset used here (Fig. 3a), bi-directional rotation appears to become
251 | the predominant mode after ~2010. The third and fourth modes account for 5.4% (~10–
252 | 11 months) and 2.5% (~10–11 months) of observed shoreline variability, respectively, and
253 | might reflect "breathing" behaviour at the fulcrum and both ends of the beach, perhaps
254 | with influences from other sources of shoreline variability, including an ephemeral inlet
255 | near Narrabeen Headland (Fig. 1a). Approach angles of deep-water waves associated with
256 | different types of storm system likely control the occurrence and relative strengths of the
257 | various modes (Harley et al., 2011a, 2015).

258 | Although resolved in two dimensions, these shoreline behaviours nevertheless inform our
259 | one-dimensional simplification of shoreline change (Fig. 2). The spatial analysis shows that
260 | at each position alongshore, shoreline position is moving onshore and offshore with a few
261 | dominant modes of sediment-transport dynamics that rework the embayed beach at
262 | characteristic time-scales. The "closed" system of the embayment makes the beach behave
263 | as a roughly conserved physical quantity. This means that rotation-driven shoreline change
264 | is spatially correlated, such that one side accretes approximately as much as the other side
265 | erodes. The spectral density of shoreline change over time at any position (y) is insensitive
266 | to this spatial correlation, because the absolute value of shoreline change makes the
267 | magnitudes at one end of the embayment approximately equal to those at the other, and
268 | thus their power spectra quantitatively similar, in turn.

269 | **4. Discussion and implications**

270 | Jerolmack and Paola (2010) showed that morphodynamic turbulence will tend to "shred"
271 | (strongly modify) input perturbations with time-scales shorter than the characteristic time-
272 | scale of the system ($T < T_c$). Only input perturbations with time-scales $T > T_c$ are likely to
273 | be preserved (or only weakly modified) in the output signal. The various characteristic
274 | time-scales that we estimated for the Narrabeen-Collaroy system (Fig. 4; Table 1) suggest
275 | that input perturbations (i.e., wave-energy events) with time-scales on the order of $T <$
276 | $\sim 10^1$ months are subject to distortion by morphodynamic turbulence, and their effects on

277 shoreline change will tend to get "smeared" across a range of temporal scales in the output
278 signal (Fig. 4).

279 By extension, irregular but multi-annual forcings, such as the El Niño–Southern Oscillation
280 (ENSO), might have a time-scale sufficiently long enough to avoid erasure by annual
281 cycling (Barnard et al., 2015). The power spectra for the shoreline-change and daily-
282 resolution storm-wave energy flux register a peak near a time interval of ~3–4 years,
283 consistent with ENSO forcing. Moreover, if climate-related drivers were to increase future
284 forcing at the annual time-scale ($T \approx T_c$), perhaps through storm frequency or intensity or
285 both (Emanuel, 2013), there is potential for system resonance (Binder et al., 1995; Cadot et
286 al., 2003; Jerolmack and Paola, 2010) that could amplify corresponding shoreline changes.

287 However, the collective effect of these various and variable characteristic time-scales is to
288 make storm-driven perturbations difficult to isolate in sparsely sampled records of
289 shoreline change. If cross-shore beach recovery is rapid – that is, if most of the sediment
290 shifted off a beach during a storm is stored in a nearshore bar and then swept back
291 onshore in a matter of days to weeks afterward (Birkemeier, 1979; List et al., 2006; Phillips
292 et al., 2017) – then the magnitude of shoreline change driven by a storm event may appear
293 damped even in a monthly survey of beach position. When such large fluctuations are so
294 ephemeral, only high-frequency sampling can hope to capture their fullest extents (Splinter
295 et al., 2013; Phillips et al., 2017). And even then, nearshore beach dynamics may still
296 ultimately obscure the magnitude of direct environmental forcing because of the complex
297 transformation that offshore wave energy undergoes across the surf zone (Plant et al.,
298 2006; Coco et al., 2014).

299 Intrinsic time-scales for behavioural modes of beach change along open coastlines may be
300 different from those for embayed settings. Where alongshore spatial scales are large ($\sim 10^1$ –
301 10^2 km), the cumulative, diffusive effect of alongshore sediment transport is an especially
302 effective shredder (Lazarus et al., 2011a, 2012). Ratliff and Murray (2014) suggest the
303 diffusive scaling evident in their modelling results implies that characteristic time-scales
304 increase nonlinearly with embayment length alongshore. They list other factors that could
305 likewise change the characteristic time-scales, such as wave height, sediment type, and the
306 aspect ratio of headlands relative to the bay (which would affect local wave height through
307 wave shadowing). Broadly posed, where the influence of alongshore sediment transport is
308 significant and the beach system is "open" (rather than "closed" by headlands that make
309 sand a conserved quantity), then the longer the beach, the more effective the system will be
310 at shredding high-frequency signals. Were the same high-resolution spatio-temporal data
311 available for $\sim 10^4$ m of open sandy coastline as it is for Narrabeen-Collaroy, a comparable
312 analysis might highlight a series of progressively larger characteristic time-scales for
313 reversing erosion hotspots, alongshore sand waves, and fluctuations in alongshore
314 curvature (List et al., 2006; Lazarus and Murray, 2007, 2011; Lazarus et al., 2011a, 2012).
315 Signal shredding may be strongest when coupled to human manipulations of natural
316 shoreline behaviour (McNamara and Werner, 2008a, 2008b; Williams et al., 2013; Lazarus
317 et al., 2011b; Lazarus et al., 2016).

318 | In an ideal source-to-sink sedimentary system with perfect storage, output flux would be
319 | faithfully recorded in the sink stratigraphy. The majority of work in morphodynamic
320 | turbulence and signal shredding comes from efforts to puzzle out what information
321 | stratigraphic records do and do not convey about environmental forcing (Paola et al.,
322 | 2018). For beach systems, that may mean large forcing events like major coastal storms,
323 | even when we can record their effects, probably tell us less about the dynamics of long-
324 | term shoreline change – and vice versa – than we would wish to know. Empirical evidence
325 | of signal shredding in the shoreline-position data from the Narrabeen-Collaroy system
326 | demonstrates how, and suggests why, signatures of individual storm impacts can be
327 | obscured or erased in long-term observational records, even those recorded at a reasonably
328 | high temporal resolution. Jerolmack and Paola (2010) recommend using controlled
329 | experiments to gain vital mechanistic insight into morphodynamic turbulence. Here, the
330 | effects of system size, input flux, the magnitudes of major disturbance events and potential
331 | resonant amplification ($T \approx T_c$) could be tested systematically across a broad parameter
332 | space for coastal systems. In exploring the dynamics of signal shredding, controlled
333 | experiments would also illuminate characteristic time-scales for fundamental processes of
334 | sediment transport in coastal environments.

335

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349 |

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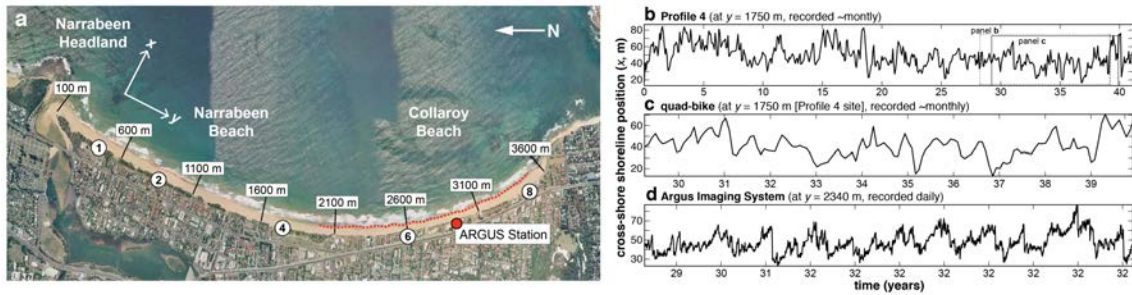
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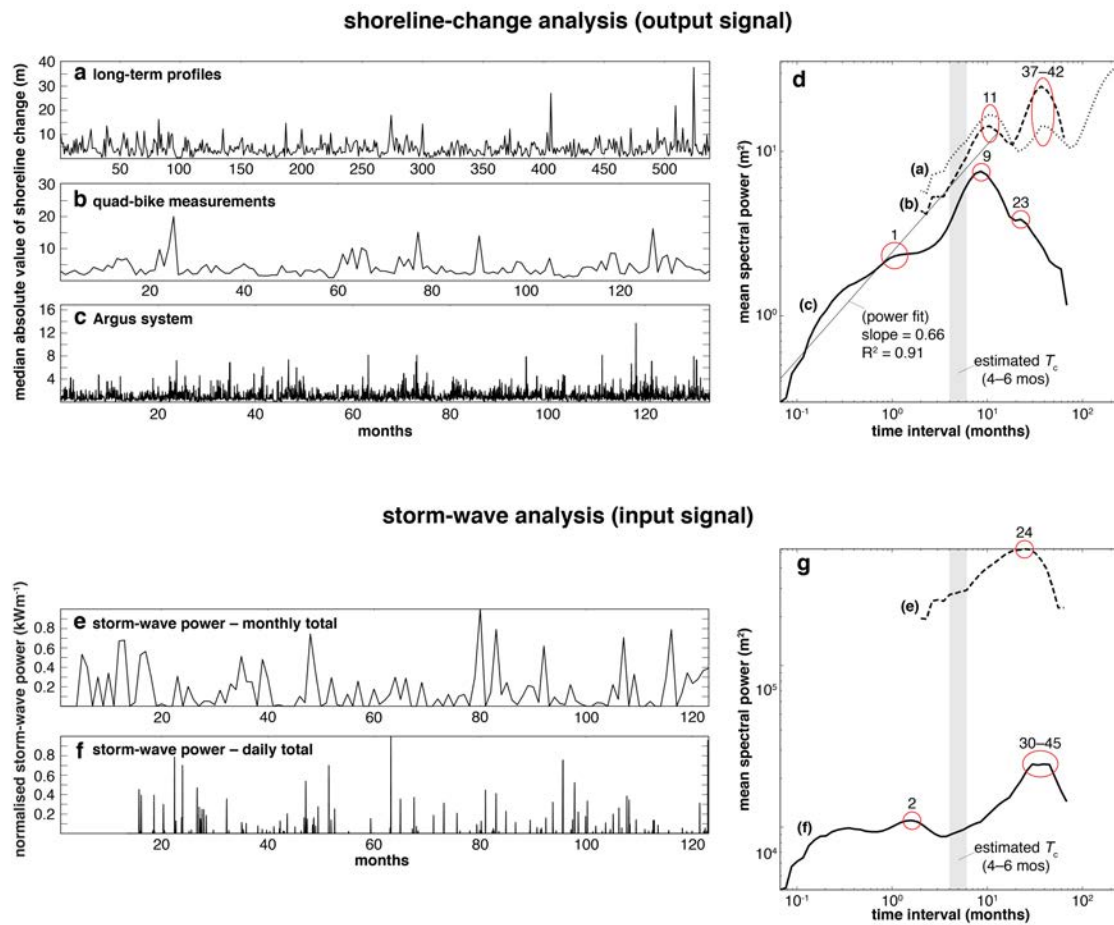
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512
 513 | **Figure 1. (a)** Narrabeen-Collaroy beach, **with** locations of long time-series profiles and
 514 | Argus Imaging System coverage. Alongshore coordinates (y) are relative to the northern
 515 | end, below Narrabeen Headland. **(b)** Long-term **time-series** of cross-shore shoreline
 516 | position (0.7 m contour) at Profile 4, measured approximately monthly between 1976–
 517 | 2017. Time axis is in years since first measurement (27 April 1976). **(c)** **Time-series** of
 518 | cross-shore shoreline position at alongshore location $y = 1750$ m (aligned with Profile 4),
 519 | measured by quad bike approximately monthly between 2005–2017. **(d)** **Time-series** of
 520 | cross-shore shoreline position at alongshore location $y = 2340$ m, measured **daily** by an
 521 | Argus Imaging System between 2005–2016. Boxes (dotted, solid) in panel (b) frame the
 522 | temporal coverages for the **time-series** in panels (c) and (d).

523

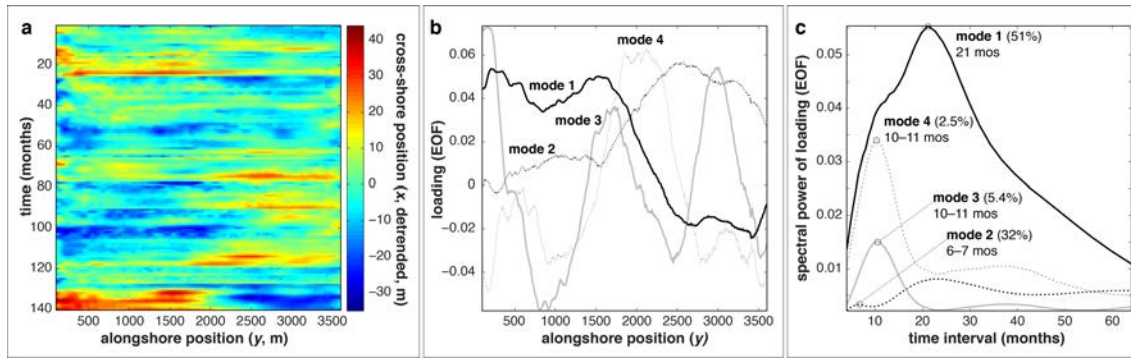


525

526 **Figure 2.** *Shoreline-change analysis (upper panels):* Alongshore median of the absolute value of
527 monthly shoreline change from (a) long-term Profiles 1, 2, 4, 6, and 8, (b) monthly
528 shoreline position from the RTK-GPS quad-bike surveys, and (c) a 850 m reach of the
529 Argus coverage ($y = 1950\text{--}2800$ m). (d) Wavelet-derived power spectra for the three
530 shoreline-change signals, respectively, showing a transition from non-stationary to
531 stationary at time-scales $\sim 10^1$ mos. A power function fitted to the three spectra, combined,
532 for scales up to ~ 12 mos, returns a scaling exponent = 0.66. *Storm-wave analysis (lower panels):*
533 (e) Monthly and (f) daily total storm wave-energy flux between 2005–2017 (normalised to
534 their respective maxima), used here to represent forcing input. (g) Power spectra for the
535 storm-wave energy flux in (e) and (f). Labelled circles emphasise major peaks in spectral
536 density at various time scales. Grey bar in (d) and (g) indicates an estimated characteristic
537 time-scale $T_c = 4\text{--}6$ months, based on normalised beach width relative to mean normalised
538 wave-energy forcing.

539

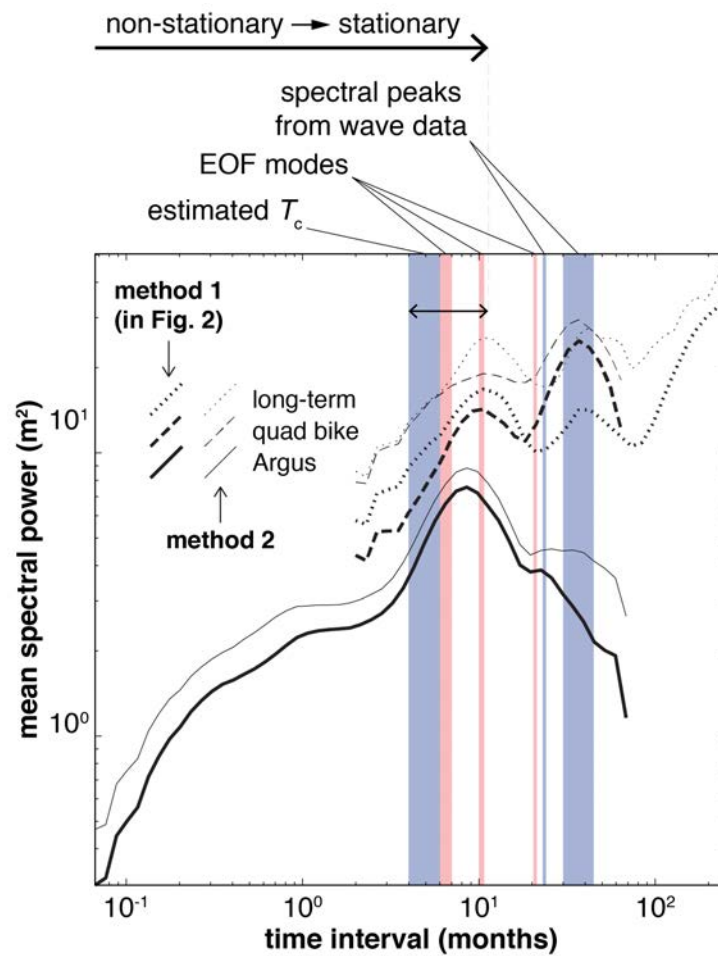
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541

542 **Figure 3. (a)** Detrended (in time) shoreline position, measured approximately monthly by
543 quad bike, with north at left (corresponding to Fig. 1a). **(b)** Orthogonal PCA modes,
544 representing variance about the mean shoreline position, and **(c)** wavelet-derived power
545 spectra of each mode, where the first local maximum indicates the characteristic time-scale
546 for that mode.

547



549

550 **Figure 4.** Compilation of power spectra from shoreline-change data in relation to different
 551 characteristic time-scales for environmental forcing (blue/dark bars) and intrinsic physical
 552 processes (red/light bars). Thick black lines indicate power spectra shown in Fig. 2d,
 553 derived from the alongshore median absolute value of shoreline change through time
 554 ("method 1"). Thin grey lines show the median spectral densities of power spectra of
 555 shoreline change through time (detrended, absolute value) at each position alongshore for
 556 the three survey types ("method 2"), shown in Fig. S1. We plot them together here to
 557 demonstrate their comparability. Double-ended arrow indicates transition zone in the
 558 spectral density from non-stationary to stationary by a temporal interval on the order of
 559 $\sim 10^1$ months.

560

561

Table 1. Compilation of characteristic time-scales in Figs. 2 & 4.

Data source	Characteristic time-scales (mos)
Shoreline-change datasets	
<i>Method 1 (alongshore median absolute value of shoreline change)</i>	
long-term profiles (monthly)	11, 37–42
quad-bike surveys (monthly)	11, 37–42
Argus system (daily)	~1, 9, 23
<i>Method 2 (median spectral power of absolute value of shoreline change over time at each position alongshore)</i>	
long-term profiles (monthly)	11–12, 42, 56
quad-bike surveys (monthly)	12, 37–42
Argus system (daily)	~1, 8–10, 26, 34
Storm-wave energy forcing	
estimated T_c (normalised L/E)	4–6
storm-wave E flux (monthly)	24
storm-wave E flux (daily)	~2, 30–45
EOF modes of embayed beach behaviour	
Mode 1 (51%, rotational)	12–14, 21
Mode 2 (32%, rotational)	6–7, 22–26
Mode 3 (5.4%, breathing & other)	10–11, 36–42
Mode 4 (2.5%, breathing & other)	10–11, 36–42

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