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Revised submission

<u>Scientific journal:</u>	Earth Surface Dynamics (ESurf), EGU Publications
<u>Contribution title:</u>	Timing of exotic, far-travelled boulder emplacement and paleo-outburst flooding in the central Himalaya
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Dear Dr Schwanghart,

We got valuable responses in the form of one ‘Short comment’ and two Referee replies, which lead us to revise parts of our manuscript:

- **Short Comment from Paul A. Carling: (SC 2)**
- **Referee comment by Georgina Bennett (RC1), Referee #1**
- **Referee comment by Anonymous Referee (RC2), Referee #2**

The received comments and suggestions have been constructive and we feel that they have greatly helped clarify our study. The main concern that was shared by all the reviewers, about the need for a more in-depth and nuanced discussion of the possible boulder emplacement mechanisms was addressed by rewriting a section of the discussion. Most other comments were also implemented and are detailed in the following parts of the response letter. More minor and secondary comments are not further detailed in this letter but have almost always been included in the revised manuscript. All modifications are documented in an attached marked-up document the changes that were made.

We would like to thank all the reviewers and the e-surf editorial board for the efficient handling and constructive comments received so far.

Marius Huber, on behalf of all the co-authors.

Reviewer's comment

Answer to comment

Modification in the manuscript

Referee #1 (G. Bennett)

[1] I wonder if you could validate your methods for backcalculating paleodischarges from mobilizing boulders of varying sizes with the event documented by Cook et al., 2018 in the Sunkoshi? Cook et al. 2018 found that the event mobilized boulders as large as 5.7m. Additionally, discharge is known for this event. You could also investigate the distances moved of boulders in the 2016 event, if this information is available (I'm not sure if Cook et al, 2018 were able to track individual boulders in fact), and compare these with the distances you suggest your boulders moved in a single event.

This is a great idea! We have included this comparison with the 1985 GLOF water velocity and mobilised boulder sizes data from Xu, 1988 and with the 2016 GLOF data reported in Cook et al. (2018). Both comparisons show a good agreement with the transport laws that were used in the manuscript.

Section 5.2, p.9: These estimates are corroborated by observed boulder movement under known discharges (Figure 3A) reported in Xu (1988) and Cook et al. (2018) in the upper Sunkoshi (some 30 km upstream of Balephi). During the 2016 GLOF event, Cook et al. (2018) report the movement of a ca. 5.7 m diameter boulder for mean flow velocities between 8.2 and 6.8 m/s. An earlier study also reported the movement of a boulder of ca. 11.3 m in intermediate diameter for water flow velocities between 8.4 and 8.0 m/s during the 1981 GLOF in the same reach (Xu, 1988). Velocity and discharge estimates broadly agree with our estimates derived from the Costa's (1983), Clarke's (1996) and Alexander and Cooker's (2016) relations for boulder incipient motion. It is important to mention that peak discharges cannot be directly compared because of the various distance to potential source areas.

Updated Figure 3:

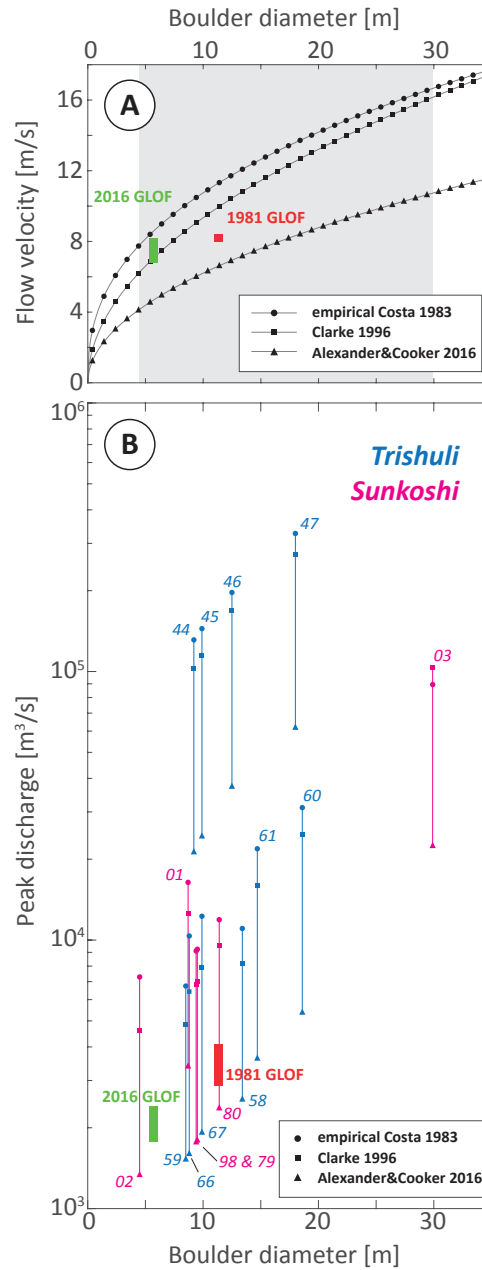


Figure 3: A- Theoretical flow velocities required to move boulders of a given diameter with explanatory input parameters (channel bed slope 0.03, rock material density 2700 kg/m³, fluid density 1500 kg/m³) according to the parametrisations and models of Costa (1983), Clarke (1996) and Alexander and Cooker (2016). The grey shaded area indicates range of boulder intermediate diameters from this study. Green and red rectangles are bounded by velocity estimates upstream and downstream boulders (5.7 m and 11.3 m in diameter) mobilised during the 2016 and 1981 GLOF events in the upper Sunkoshi (Cook et al., 2018; Xu, 1988). The Clarke (1996) method is plotted with a channel bed slope adjusted to Cook et al. (2018) which is the gradient of the Sunkoshi reach at the location of boulder movement (0.0245). B- Estimated peak-paleo-discharges required to move the studied boulders according to the three models that were used for paleo-discharge calculations. Green and red rectangles are bounded by upstream and downstream estimates of observed boulder movements for the 2016 and 1981 GLOF events in the upper Sunkoshi (Cook et al., 2018; Xu, 1988).

[2] Whilst you emphasize the clustering in time of your boulder dates, there seems to be a lot of spread in ages of other dated boulders in the region, particularly in the Everest region (Figure 6). More discussion of this spread would be good as it perhaps goes against the idea of a synchronous GLOF response to glacier retreat.

We have updated the discussion on the observed spread in exposure ages. These are likely mainly linked to a) the nature of the very dynamic fluvial system that is unlikely to preserve surfaces very well and may induce some erosion, b) exposure or shielding before final emplacement and c) for some boulders the spread is linked to their geomorphic position in the system (younger boulders in the stream, vs older boulders on the small fill terrace, which we interpreted as the result of the fill terrace re-incision). It is not clear to us however, what comparison can be made with boulders on figure 6 from the Everest region, as these are glacially transported moraine boulders and are hence are more stable geomorphic features compared to boulders exposed in the river channel.

Section 5.3, p.11: However, as we noted earlier, the upstream Trishuli reach, boulders in the active channel are systematically younger (1-2 kyrs) compared to boulders located on the adjacent terrace. We interpret these younger ages as the result of the shielding of the boulders trapped in this thin fill deposit (< 20m thickness) before being exposed when the river re-incised the deposit (Figures 2 and 4; Table 1; S1). This re-incision had, however, to occur rapidly, or the age difference between in-channel and terrace-top would be larger.

Section 5.3, p.12: The relatively large spread of exposure ages compared to other settings such as moraine boulders, for instance, can likely be attributed to the fluvial setting. Boulders can be affected by nuclide inheritance, if surfaces were exposed for significant durations prior to entrainment, which would bias the ages too old. Erosion of the boulder surface, a plausible process for boulders sitting in the channel of a mountainous stream, would bias the ages too young. But only significant erosion, such as the fracturing of a sizeable part of the boulder surface (which was avoided for sampling if recognized in the field) would affect the exposure ages (a steady-state weathering of the boulder surface of 10 mm/kyr would reduce the exposure age of a 5 kyrs old boulder by ca. 150 yr). Partial cover by sediments is also a plausible explanation for the scatter in exposure ages, and we invoke this effect for the younger ages of the boulders in the channel of the upstream reach of the Trishuli or boulder NEQ/162 59. However, since these processes (inheritance, erosion or partial sediment cover) are stochastic, it would be expected that if they dominated the signal, exposure age distributions would be more widespread than what was observed.

[3] Could you include potential source zones in Figure 1 based on the geology of the region? Could there be local, undocumented intrusions that these boulders could originate from? (this came from a group member who had actually visited the boulder in Figure 2D with Nepalese scientists).

A proper rendering of the possible source regions on the Figure 1 is complicated by the unprecise geology and mixture of lithologies. All gneissic lithologies can be found structurally above the Main Central Thrust (MCT) based on all published work in the area (and elsewhere in the Himalaya). The MCT is clearly marked and referred to in the text and the figure. We feel that a more precise source region is too uncertain to report here. Gneissic lithologies in the immediate vicinity of the sampling locations need to be present in the form of local klippe of High Himalayan Crystalline units in what is otherwise the Lesser Himalaya. These have not been reported or observed but cannot be formerly ruled out. We however argue that a local emplacement is unlikely as a number of boulders of different lithologies have similar exposure ages and are therefore unlikely to be all locally derived by a major landslide for instance (we would expect a similar lithology in such a case). This has been clarified in the main text:

Section 5.1, p.8: Diagnostic mineralogy and fabric of the other surveyed ortho-gneiss boulders in the Trishuli catchment are not present in the Lesser Himalayan sequence and, therefore, must originate from areas upstream (or structurally above) of the MCT (Figure 1). No known Higher Himalayan unit klippe is mapped on hillslopes directly above the studied reaches, and the mixed boulder lithologies make a local emplacement source through mass-wasting unlikely. These observations, therefore, require minimum transport distances of approximately 22 km to 46 km depending on the present boulder location (Table 1).

[4] Would it be possible to reconstruct the size of lake needed to generate a flood of the range of magnitudes you predict with your paleo flood estimates? Is there evidence in the topography that such a lake could have existed i.e. in terms of available accommodation space? Similarly, is there evidence that glacial lakes today are not completely filling this available space and hence may generate smaller magnitude GLOFS than in the past, as you suggest in the discussion?

We would have liked to follow this path but quickly felt that this was out of the scope of the present work. The recent literature suggests that modelling of these flood flows in rough topography such as Himalayan valleys requires advanced modelling approaches to yield realistic estimates (e.g. Turzewski et al., 2019 – JG Earth Surface). Furthermore, these modelling approaches would have to be systematically applied to explore the flood propagation from a large number of potential locations in the upstream valleys and include the variability in breach mechanisms. This would require dedicated additional work that does not fit in the present paper. It is however definitely something worth exploring in the future.

Section 5.2, p.10: The reconstruction of flood duration or initial lake size is, however, hampered by the multiple possible lake locations, unknown breach mechanisms, and the large uncertainties of our paleo-flood discharge estimates. Such a reconstruction is beyond the scope of this work and would require dedicated and computationally expensive fluid flow numerical models (e.g. Carling et al., 2010; Denlinger and O’Connell, 2010; Turzewski et al., 2019).

Further specific comments were all addressed and adequate changes made to the manuscript.

Referee #2 (Anonymous)

[5] One aspect that was/is not obviously clear to me is where these boulders have originated from. Are these deposits which would have been sat in the valley of their source lithology (e.g. delivered from local hillslope wasting) and then transported by large flows? Or are these boulders that would have been glacially eroded and then exposed during glacial retreat and subsequently flushed out? I would have thought the latter would be less likely as subglacially sourced rock would be highly fractured. If there had been some CRN accumulation on the valley floor prior to entrainment, this may help explain some of the spread in boulder ages. Looking at Figure 4, there is still a reasonable spread around a series of boulders (~2.5-6 ka) which are suggested by the authors to have been transported by a single event. While some of that spread can be attributed to error, some could also be explained by pre-transport accumulation, or a whole range of other factors (e.g. intermittent transport by a series of events rather than a single one). I felt this discussion was lacking from the main text.

We would agree with the reviewer that many questions about the provenance and emplacement mechanisms of these boulders remain enigmatic. We fear however that we cannot fully answer all these questions about the exact configuration of these boulders before transport based on the available data without unfounded speculations. The entire discussion reviewing the possible transport and emplacement scenarios has been re-written so as to highlight a number of possible (but in our opinion unlikely) alternative hypothesis:

Section 5.3, p. 10-11: The boulder population in the Trishuli valley displays a broad range of exposure ages from ca. 3 to 6 kyrs, with the notable exception of NEQ/162 59, which is significantly younger at ca. 1 kyr (Figure 4). The NEQ/162 59 boulder, is still buried to a large extent, and its flat surface is only slightly elevated from the surrounding ground surface, suggesting that it was likely covered by sediment until recently. There is a systematic offset in age (up to 2 kyrs) between older exposure ages of boulders currently located on the fill terrace near the town of Betrawati and younger boulder ages in the channel or further downstream in the wider valley reach (Figure 4). In the Sunkoshi/Balephi Kola, three exposure age groups can be identified: i) the youngest, but also smallest boulder surveyed only yields a maximum age of ca. 500 years, given measurement uncertainties, ii) a group of three boulders with exposure ages ranging from ca. 3.5 and 6.5 kyrs and iii) two, late Pleistocene boulders, one of

which is the largest surveyed boulder in our dataset. Based on these exposure ages and considerations presented in the previous sections, three main scenarios can be proposed for the emplacement of the surveyed boulders: (1) repeated boulder transport events, (2) excavation of boulders from large, older, fill deposits and (3) catastrophic events that resulted in long-range fluvial transport of the boulders. These scenarios are further discussed in the following paragraphs.

Slow transport of the boulders during repeated catastrophic events requires reoccurring exceptional discharges throughout the Holocene, as suggested by the flow velocities that are required to mobilize these boulders. Such a scenario is compatible with repeated GLOFs that frequently affect central Himalayan valleys (e.g. Veh et al., 2020). However, it is unlikely that such a mechanism is able to explain the distribution of exposure ages observed in this study. Repeated transport episodes will displace and rotate boulders, successively exposing different faces to dosing by cosmic rays. In such a case, boulder exposure ages would show a broad distribution of ages, reflecting repeating episodes of transport, stabilization, and exposure. Therefore, the consistency of the age distributions makes it unlikely that the suite of sampled boulders was transported during multiple events. This interpretation is also supported by the observation of similar age distributions for boulders in valleys separated by a main drainage divide; the clustering of boulder ages in adjacent valley hints at a process capable of affecting flood distributions in two rivers around the same time. It should also be noted that there is a likely upper limit to the survival duration of boulders in a fluvial channel, as fluvial abrasion and comminution processes during transport (Attal and Lavé, 2009; Carling and Fan, 2020) or while at rest in the channel bed (Shobe et al., 2016; Glade et al., 2019) will ultimately reduce the size of the boulder until it can be exported by more frequent smaller flows.

Large valley-fill deposits are frequently observed in Himalayan valleys and span a wide range of ages (Lavé and Avouac, 2001; Pratt-Sitaula et al., 2004; Stolle et al., 2017). The evacuation and re-incision of such deposits could expose boulders that were entrained and emplaced during the initial event and result in apparent exposure ages that are contemporaneous of the incision of the fill instead of the boulder transport. Remnants of such large fill deposits are not visible on the valley flanks in the direct vicinity of the studied locations. A large (>100 m thickness), presumably Pleistocene, fill terrace is nevertheless present farther downstream of the Trishuli boulder locations (N27.888; E85.141), near the town of Trishuli Bazar (Lavé and Avouac, 2001). However, the highly weathered state of this fill deposit material suggests that large boulders would unlikely be preserved intact in such a warm and humid climate. A fill deposit re-incision scenario would require these processes to be synchronous across the drainage divide to explain the broadly similar age cluster at 5 kyrs observed in the Trishuli and Sunkoshi reaches. Reincision would also need to occur rapidly to explain the relatively narrow age distributions of boulders sampled at different locations along the stream, as slow excavation since the Pleistocene would result a broad range of ages. While not impossible, this process is more complex and nuanced than our preferred interpretation of mobilization and emplacement during a single large flood event. However, as we noted earlier, the upstream Trishuli reach, boulders in the active channel are systematically younger (1-2 kyrs) compared to boulders located on the adjacent terrace. We interpret these younger ages as the result of the shielding of the boulders trapped in this thin fill deposit (< 20m thickness) before being exposed when the river re-incised the deposit (Figures 2 and 4; Table 1; S1). This re-incision had, however, to occur rapidly, or the age difference between in-channel and terrace-top would be larger.

The third possible mechanism of emplacement is the mobilisation of these boulders by catastrophic high discharge events, capable of mobilizing boulders over long distances. Such a scenario would explain the age distribution of boulders with the existence of at least one event in the Trishuli, and at least two events in the Sunkoshi/Balephi Kola reaches. Such catastrophic events are also likely to induce downstream landsliding by undercutting channel banks (Cook et al., 2018) and hence to entrain boulders from different lithologies along its flow path while resulting in similar exposure ages across lithologies once deposited. It would also explain the observation, in the Sunkoshi/Balephi Kola reach, that the smallest boulder has the youngest exposure age and the largest the oldest, which is coherent with the fact that the boulders of older, larger events are not remobilized by subsequent smaller ones (also suggesting that our dataset is likely biased towards large events, as the smaller events are likely erased). We, therefore, suggest that catastrophic long-range transport and rapid emplacement is the most likely scenario to explain our data.

The discussion about the possible explanations for the spread in the data has also been refocused (as already mentioned in the reply to comment #2 from G. Bennett).

[6] Figure 1 would help tie a lot of this information together better if it had 1) the different lithologies mapped out, 2) the corresponding boulder lithologies shown, 3) best-guess of where paleo-ice limits would have been. Perhaps even make this as a separate figure zoomed in.

As already replied to comment #3, we have decided against adding a detailed geological map to figure 1. This would both be imprecise and difficult to read. The main lithological information required to justify the far travelled nature of the studied boulders is reported in the form of the trace of the Main Central Himalayan Thrust (MCT) which separates the mostly gneissic units of the High Himalayan Crystalline (HHC) rocks to the North from the mostly schist and quartzite to the South. Therefore, all gneissic boulders that were surveyed have travelled at least the distance separating them from the MCT. Any further attempt to link the boulder lithology to specific regions in the HHC would require a detailed mapping beyond what is available or has been carried out.

The traces of past glacial extents on the southern slopes of the Himalayan range are elusive and poorly preserved. Holocene moraines that were used in figure 6 to argument for a phase of glacial retreat at ca. 5 kyrs, are found within a few km of present glacier extent and would not be very visible on a map of this scale. Older LGM and Quaternary glaciations did likely not result in much larger glacier extents compared to present based on the evidence from the northern flank of the Himalayan range, but their exact extent to the South of the range is unclear. We have nevertheless added to Figure 1 the proposed maximum Quaternary glacier extent proposed by Shiraiwa and Watanabe (1991) for the Langtang valley (upstream of the Trishuli boulders) based on landscape morphology and valley shape. It should be noted that, at 2500 m of elevation, this Quaternary glacial limit is still ca. 2 km above the boulder location. We believe that these arguments should completely exclude the possible glacial transport of these boulders to their present location during the LGM or earlier.

Section 5.1, p. 8: As noted above, boulders in both valleys are well below the extent of alpine glaciers in the modern or during the last and previous glacial maximum stages and their associated glacial deposits (e.g. Shiraiwa and Watanabe, 1991; Owen and Benn, 2005; Owen and Dorch, 2014; Owen, 2020; Figures 1 and 2). The low elevations where the exotic boulders are presently observed excludes a glacial transport mechanism. Rather, the observed locations and our provenance analysis indicate that the mobilization and transport of large grain-sizes occurred in central Himalayan river valleys over long distances (>10 km), most likely through fluvial processes.

[7] I'm curious as to why we don't see any boulders relating to older glaciations/climatic changes, if this is the proposed mechanism of transport. Have these boulders been buried? Was this most recent event so large that it flushed everything else through – and are there more boulders further downstream? One aspect I'm struggling to visualize is the local valley conditions in which these boulders are deposited – are they typically found in regions of local valley widening for example, where you may feasibly be able to temporarily store/bury larger clasts. Some details may be helpful.

This is a good point and we think that it is likely related to the limited survival of boulders in mountain river streams. Large boulders are likely stable in mountain streams for quite a while, only slowly being abraded by fluvial processes until they reach a threshold size below which they become easily mobilised and essentially disappear from the fluvial bed (by more rapid abrasion during transport). We are not aware of any specific work that quantifies these boulder survival durations even though it is an interesting (and likely important) question. We have referred to this in the text and reference modelling work that indirectly addresses these concepts but can only speculate about the absence for older boulders.

Section 5.3, p. 11: It should also be noted that there is a likely upper limit to the survival duration of boulders in a fluvial channel, as fluvial abrasion and comminution processes during transport (Attal and Lavé, 2009; Carling and Fan, 2020) or while at rest in the channel bed (Shobe et al., 2016; Glade et al., 2019) will ultimately reduce the size of the boulder until it can be exported by more frequent smaller flows.

[8] One additional comment here would be whether boulder emplacement could be by debris-flows, which in theory could raft very large particles a considerable distance. A number of moraine dam failures in Clague and Evans (2000) resulted in debris flow initiation, transporting boulders several kilometers, despite relatively modest initial discharges from the lakes. If the boulders represent the coarsest material within a much older deposit that has reset the CRN clock, finer material may have been washed away leaving a layer of surficial boulders (almost like a deflation layer I guess?) with potentially quite similar ages. Presumably these valleys have gone through considerable phases of aggradation and incision? This reminds me of one particularly large boulder further downstream on the Koshi just south of Chatara – lat 26.813896, lon 87.152834. The boulder is maybe 5-6 m in diameter and sat in the middle of a sand-bed river – it must have been transported several km (over a very low gradient) to get there, yet there are no other deposits nearby. Is it just the remnants of an ancient mass flow deposit that spilled out of the mountain front and everything else has been washed away?

The transition from a “clear water” flow to a debris flow is likely continuous and the sediment concentration cannot be reconstructed. As we note in the main text (section 4.2, p.7) our calculations have been made with a flow density of 1.5 to account for a high sediment load. We also noted that fairly high sediment concentration flows can still be reasonably approximated by a Newtonian turbulent flow law, but added that the flow discharges would be inaccurate for pure debris flows.

Section 5.2, p. 8: In hyper-concentrated flows with 40 to 70 wt. % sediment entrained, non-Newtonian, plastic fluid behaviour and laminar flow can arise due to the establishment of shear strength in the fluid material (e.g. Pierson and Costa 1987). However, if the amount of sediment entrainment remains at the lower end of this “hyper-concentrated” range, flow mechanics are still adequately approximated by Newtonian, turbulent flow of a “clear” waterflood (Costa, 1984; Pierson and Costa, 1987; Pierson, 2005; Wang et al., 2009; Hung et al., 2014) as was assumed here. Nevertheless, our calculations do not apply for higher sediment load conditions, for example, conditions associated with debris flows.

Our flow estimates are therefore bound to this flow assumption and we included a necessary cautionary note while discussing them. The comparison of the transport laws we used with literature flow and boulder mobilisation data (as suggested by Referee #1) suggests that our assumptions are reasonable. But maybe more importantly, we want to emphasize that the possible debris flow nature of the flows that emplaced the boulders, does not change our conclusion that these flows are exceptional and rare which is the main discussion point of the paper (rather than the actual paleo-discharge estimate itself).

The boulder pointed at by the reviewer in the floodplain of the Koshi is indeed visible on google earth. If the reviewer sampled it and would be ready to share his sample, we would be happy to provide him with an exposure age.

[9] Given the large transport distances of some of these boulders – would some abrasion/fracturing have occurred during transport? Presumably boulders would have been moving/saltating on the bed which is likely to produce quite high rates of abrasion/mass loss, so initial boulder sizes may have been a good chunk larger. Some comment to that effect may be helpful. If these boulders are of glacial landscape origin, this may also explain the absence of glacial features/signatures on their surface.

This point remains speculative in our opinion, but it is likely that boulders are continuously abraded, both during the transport as well as at rest in the river. We quote the same paragraph as for comment #7.

Section 5.3, p. 11: It should also be noted that there is a likely upper limit to the survival duration of boulders in a fluvial channel, as fluvial abrasion and comminution processes during transport (Attal and Lavé, 2009; Carling and Fan, 2020) or while at rest in the channel bed (Shobe et al., 2016; Glade et al., 2019) will ultimately reduce the size of the boulder until it can be exported by more frequent smaller flows.

[10] Flow estimates – To transport boulders of the sizes you have, how long would these flows need to persist in order to transport the minimum distances? I’m just looking at Figure 3a – you’d need a peak discharge sustained for nearly an hour or two to transport some of those boulders the required distances. Is that reasonable (I have no idea!)? Or is it more likely that these boulders would have been moved progressively (and potentially rotated)? An estimate or rough calculation of paleo-lake size to generate a discharge of that magnitude may be

useful here. I'm not hugely familiar with the characteristics of proglacial lakes, but how big do moraine-dammed lakes tend to be in comparison to ice or landslide dammed ones? The magnitude of discharges you predict here are large – could you feasibly hold that much water behind a moraine-dammed proglacial lake?

This point is similar to the point #4, from Referee 1. For the same reasons we have not made such an attempt as lake volume, flow duration etc.. would be difficult to reconstruct without a dedicated flow model, a detailed study of possible lake locations and assumptions on lake breaching mechanisms. We feel that these are beyond the scope of the current paper but would make for a very interesting follow-up study.

Further specific comments were all addressed and adequate changes made to the manuscript.

Interactive comment by Paul Carling (25.03.2020).

We have provided an answer to the most remarks and suggestions that were raised by Paul Carling in his online comment directly in an earlier online response. These will not be repeated here, but we highlight some of the changes that were made to the manuscript as a consequence.

[11] Palaeohydraulics using boulder data

The discussion on the entrainment laws that were used was expanded in the main text but we have not provided a full review of all available entrainment laws available, as it is not the main objective of this work. The addition of the validation of the flow laws estimates with literature data as suggested by Reviewer #1 is in our opinion a good indication that the formulations that were used provide reasonable estimates (see response to comment #1). Also as highlighted in the earlier response to P. Carling, we consider that the paleo-discharge estimate is not the main finding of this paper, but rather strengthen the conclusion that events emplacing these boulders are rare and of high magnitude.

[12] Cosmogenic dating

P. Carling raised comments about the spread in the exposure ages and the potential for other emplacement scenarios. We did not change our views on the most likely emplacement scenario through single, large magnitude events, but provide a re-written discussion of the possible alternative scenarios and causes for the spread in exposure ages (see reply to comment #2 and comment #5).

Timing of exotic, far-travelled boulder emplacement and paleo-outburst flooding in the central Himalaya

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Abstract. Large boulders, ca. 10 m in diameter or more, commonly linger [in](#) Himalayan river channels. In many cases, their lithology is [consistent](#) with source areas located >10 km upstream suggesting long transport distances. The mechanisms and timing of “exotic” boulder emplacement are poorly constrained, but their presence hints at processes that are [relevant](#) for landscape evolution and geohazard assessments in mountainous regions. We surveyed river reaches of the Trishuli and Sunkoshi, two trans-Himalayan rivers in central Nepal to improve understanding of the processes responsible for exotic boulder transport and the timing of emplacement. Boulder size and channel hydraulic geometry were used to constrain paleo-flood discharge, [assuming turbulent, Newtonian fluid flow conditions](#), and boulder [exposure](#) ages were determined using cosmogenic nuclide exposure dating. Modelled discharges required for boulder transport, of ca. 10³ to 10⁵ m³/s, exceed typical monsoonal floods in these river reaches. Exposure ages range between ca. 1.5 and 13.5 kyrs BP with clustering of ages around 4.5–5.5 kyrs BP in both studied valleys. This later period is coeval with a broader weakening of the Indian summer monsoon and glacial retreat after the Early Holocene Climatic Optimum (EHCO), suggesting Glacial Lake Outburst Floods (GLOFs) as a possible cause for boulder transport. We, therefore, propose that [exceptional outburst events in the central Himalayan range could be modulated by climate and occur in the wake of transitions to drier climates leading to glacier retreat rather than during wetter periods](#). Furthermore, the old ages and prolonged preservation of these large boulders in or near the active channels shows that these infrequent events have long-lasting consequences on valley bottoms and channel morphology. Overall this study sheds light on the possible coupling between large-infrequent events and bedrock incision patterns in Himalayan rivers with broader implications [for](#) landscape evolution.

1 Introduction

Active tectonics, steep topography, dynamic surface processes, and extensive glacier cover expose the Himalaya to a range of catastrophic events that remain relatively rare on observational time scales and hence are poorly understood. Amongst the most

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striking manifestations of catastrophic events are **high magnitude** earthquakes (Avouac, 2003) and resulting widespread
45 landsliding or valley fills (e.g. Schwanghart et al., 2016a; Roback et al., 2018), **and** lake outburst floods (LOFs) whereby large
volumes of impounded water **is** suddenly released into the fluvial network (Ives et al., 2010; Ruiz-Villanueva et al., 2017).
LOF events in the Himalaya received wide-spread attention as the generated discharges may exceed typical precipitation-
induced floods by orders of magnitude (e.g. Costa and Schuster 1988; Cenderelli, 2000; O’Conner and Beebee, 2009; Korup
and Tweed, 2007; Wohl, 2013; Cook et al., 2018). LOFs represent both a significant hazard (Kattelman, 2003; Schwanghart
50 et al., 2016b) and an active geomorphic agent of landscape evolution (Wohl, 2013; Cook et al., 2018; Turzewski et al., 2019).

LOF generation can be related to the formation of proglacial lakes at higher elevations, as glacier dynamics or frontal moraines
trap meltwater that, when rapidly released, can generate glacier lake outburst floods (GLOFs) (Richardson and Reynolds,
2000). LOFs may also be linked to the sudden damming of river channels by large landslides reaching the valley floor. The
55 impounded water is then prone to catastrophic release as landslide lake outburst floods (LLOFs). A recent inventory of modern
GLOF occurrences (1988 – 2017) along the entire Himalayan range shows a recurrence of ca. 1.3 significant GLOF events per
year (Veh et al., 2019). A modern inventory of LLOFs has not been compiled as systematically, but recent reviews also suggest
widespread occurrences along the Himalayan range (Ruiz-Villanueva et al., 2017). Since most of the existing information
about LOFs in the Himalaya is derived from observational or historical records, limited insight is available with respect to the
60 maximum magnitudes that can be expected for these events or the evolution of their occurrence frequency through time, **for**
example in response to climatic change.

The majority of LOF events originate in sparsely populated areas, but the steep slopes and high connectivity of upstream fluvial
networks mean that flood waves can travel significant distances downstream with adverse effects for population and
65 infrastructure (e.g. Gupta and Sah, 2007; Ziegler et al., 2014; Schwanghart et al., 2016b). The catastrophic draining of
impounded lakes generally occurs rapidly, evoking spiky hydrographs (Cenderelli, 2000) and leaves little time for early
warning, protection or evacuation measures. Better constraining the controls on LOF magnitude and frequency is, therefore,
imperative for improved risk assessments in the Himalaya, especially since these risks may evolve due to anthropogenic
climate change and increasing land use change (e.g. Korup and Tweed, 2007; Huggel et al., 2012; Stoffel et al., 2014).

70 LOFs are generally infrequent but have the potential to provoke rapid incision or aggradation in fluvial systems with a long-
lasting impact on erosion rates, sediment yields, and landscape morphology (e.g. Davies and Korup, 2010; Worni et al., 2012;
Lang et al., 2013). Tectonically active landscapes develop equilibrium and steady-state topography by balancing rock uplift
and erosion over long timescales (>1 Myr) (e.g. Willett and Brandon, 2002). On shorter timescales (<10⁵ yr), landscape
75 evolution is characterized by phases of erosion and aggradation induced by changes in climatic forcing and the frequency of
flood capable of breaching thresholds of bedload entrainment and bedrock detachment (e.g. Bull, 1991; DiBase and Whipple,
2011). LOFs have the potential to move coarse grain-sizes through the fluvial network that would otherwise be immobile

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Referee #1 (Bennett)

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were underrepresented in this reference list.

Gupta, V. and Sah, M., 2008. Impact of the trans-Himalayan
landslide lake outburst flood (LLOF) in the Satluj catchment,
Himachal Pradesh, India. *Natural Hazards*, 45(3): 379-390.

during typical floods. These events may hence promote rapid incision in the upper reaches of mountainous catchments where typical monsoonal discharges are too low to mobilize large grain sizes that cover channel beds thereby setting the pace of landscape evolution (Cook et al., 2018). The timing, frequency and magnitude of these events, as well as their impact on landscape evolution as discontinuous, singular events is however still poorly understood and documented, emphasizing the need to bridge the gap between modern observations and the long-term evolution of landscapes.

To better understand catastrophic erosion and mass transport events as well as their potential impact on landscape evolution and related hazard, we focused on the occurrence, provenance, and mechanisms and timing of large boulder emplacement in central Himalayan river valleys. In the studied valleys, numerous large boulders of ca. 10 m in diameter and more, are found in or near the present-day channel beds. The lithology of many of these large boulders differs from those present on the adjacent hillslopes but are the same as geologic units located 10's of kilometres upstream. Their elevation, well below the last and previous glacial maximum ice extents (e.g. Owen and Benn, 2005; Owen and Dortch, 2014; Owen, 2020), excludes glacial transport. The exact transport mechanisms of such exceptionally large grain sizes remain unknown and may be linked to reoccurring catastrophic events such as LOFs. In this contribution, we test this hypothesis using the boulder geometry and channel hydraulic geometry to estimate paleo-discharges required for their mobilization and use cosmogenic nuclide exposure dating to constrain their emplacement age. We discuss our findings in the context of landscape evolution and natural hazards in the Himalaya and point to possible directions for future research.

2 Study area

The central Himalaya of Nepal accommodate ca. 18 mm/yr of the convergence between India and Eurasia (Ader et al., 2012) that translates into high tectonic uplift rates reaching 10 mm/yr (Bilham et al., 1997; Lavé and Avouac, 2001) and a dramatic topographic gradient where elevations rise from about 200 meters above sea level at the range front to >8000 m of elevation across a horizontal distance of ~150 km. Great earthquakes ($M_w \geq 8.0$) along the central Himalayan front happen irregularly with estimated reoccurrence intervals of less than 750 to 1000 years (e.g. Bollinger et al., 2014; Sapkota et al., 2013).

A main fault structure present on the central Himalayan mountain front is the Main Central Thrust (MCT), first named by Heim and Gansser (1938) (Figure 1). The MCT marks a distinct change in rock type and separates Lesser Himalayan rocks, which are mostly phyllites, slates, schists, metasandstones, limestones, and dolomites, as well as minor amounts of gneiss (e.g. the "Ulleri gneiss"), from crystalline Higher Himalayan rocks, which includes mostly augen-, ortho-, and para-gneisses (leucogranites and minor quartzites) within the central Himalayan region (e.g. Gansser, 1964; Stöcklin, 1980; Shrestha et al., 1986; Amatya and Jnawali, 1994; Upreti, 1999; Rai, 2001; Dhital, 2015). Lower-grade metamorphic rocks of the Lesser Himalaya show prograde metamorphism related to MCT thrusting and increasing in metamorphic grade toward the MCT

Commented [A8]: Modification in response to Short comment by Paul A. Carling and "specific comments" by Referee #2. References added:

Owen, L.A. and Dortch, J.M., 2014. Nature and timing of Quaternary glaciation in the Himalayan–Tibetan orogen. *Quaternary Science Reviews*, 88: 14–54.

Owen, L.A., 2020. Quaternary Glaciation of the Himalaya and Adjacent Mountains, Himalayan Weather and Climate and their Impact on the Environment. Springer, pp. 239–260.

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115 (from greenschist to amphibolite in the vicinity of MCT). The higher Himalayan units have higher metamorphic grades
(amphibolite to granulite facies) compared to the overridden Lesser Himalayan rocks (e.g. Pêcher, 1989; Rai, 2001).

120 The Trishuli and Sunkoshi/Balephi rivers are the targets of this investigation and are located in central Nepal, northwest and
northeast of Kathmandu, respectively. They span the Greater Himalayan range from the arid high-elevation Tibetan Plateau to
the Himalayan range front and are tributaries of the Narayani and Kosi Rivers, respectively. Both catchments are separated by
a main drainage divide in their headwaters and the moderately-sized Melamchi Khola drainage basin at lower elevation (Fig.
1). The Indian summer monsoon, with highly seasonal distributed rainfall, affects both catchments with peak rainfall from
June to September (Bookhagen and Burbank, 2010) that is marked by high river discharge and sediment transport (Andermann
et al., 2012).

125 GLOF events have been reported for both rivers. The Trishuli has been affected by the breach of lake Longda-Cho in Tibet
during August 1964 (ICIMOD, 2011), but little is known about the downstream impact of that event. The Sunkoshi was
affected by GLOF events in 1935, 1964, 1981 and 2016 (Shrestha et al., 2010; ICIMOD, 2011; Cook et al., 2018) and the last
event of 2016 was closely monitored, revealing the impact of the GLOF, originating from the breach of a Tibetan proglacial
lake, on the channel bed morphology (Cook et al., 2018). The upstream catchments of both river-reaches are heavily glaciated
and a number of potentially hazardous lakes have been identified (Maharjan et al., 2018; Liu et al., 2020) so that it is likely
that GLOF activity extended in the past.

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Liu, M., Chen, N., Zhang, Y. and Deng, M., 2020. Glacial Lake
Inventory and Lake Outburst Flood/Debris Flow Hazard
Assessment after the Gorkha Earthquake in the Bhote Koshi
Basin. Water, 12(2): 464.

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(Bennett)

3 Material and methods

3.1 Sampling

135 Fieldwork took place during two field campaigns in May and October/November of 2016 along the Trishuli and Sunkoshi
main trunk river channels. In the field, boulders visibly larger than the surrounding overall bedload sediment grain-sizes were
sampled for surface exposure dating and boulder provenance analysis (Figure 2, Table 1, Supplement, S1). Samples consisted
of ca. 1 to 2 kg of fresh rock from the top of the boulders. Fractured or weathered surfaces on boulders were avoided to
minimize potential complications associated with post-depositional erosion. Boulders that exhibited clear evidence of post-
depositional movement, for example, recent toppling, were not sampled. For large boulders that showed “pristine” surfaces
and no evidence of post-depositional movement, flat surfaces were sampled in areas that minimized chances for burial by
sediment or vegetation (e.g. the top of the boulder) (Figure 2). Rock material was removed using a chisel or a blade saw, and
the average sample thickness was recorded (S1 and S3). Topographic shielding was measured in the field with a laser range
finder, neglecting vegetation.

150 **3.2 Paleo-hydrologic discharge estimation**

Paleo-discharges necessary to transport large grain sizes were computed based on boulder sizes and channel hydraulic geometry. Boulder diameter was determined from high-resolution satellite imagery (Google Earth) as field measurements were found impractical for boulders in the active channel. A succession of imagery of the same object covering several years was used to calculate an arithmetic mean for boulder diameter to minimize error due to imagery distortion (Table 1). We cross-
155 checked our boulder size estimates by comparison with objects of known size both on high-resolution satellite imagery (Google Earth) and pictures taken during field campaign (e.g. persons, vehicles). The minimum diameter in bird's-eye view was taken as the intermediate diameter under the assumption that clasts were emplaced with approximatively vertical short axes. Rock density was estimated based on typical densities reported for the sampled lithologies. Hydraulic geometry measurements included valley cross-sections and channel bed slopes, which are needed to calculate flow channel characteristics during
160 emplacement and were obtained by digitizing 1:25 000 and 1:50 000 scale maps of the Survey Department of Nepal (S2). These estimates were made using straight river reaches directly upstream of the studied boulders and were found to better render the channel cross-section shape compared to global digital elevation models we could access for this study.

Three different approaches were adopted to derive peak discharge values from the boulders surveyed in the Trishuli and
165 Sunkoshi River valleys: i) the empirical approach after Costa (1983), based on a literature compilation describing average flow velocity that led to the transport of large boulders; ii) Clarke (1996)'s force balance approach which computes cross-sectional averaged velocities based on methods described by Costa (1983) and Bradley and Mears (1980); iii) the approach of Alexander and Cooker (2016) that allows flow velocities to be estimated from a theoretical force balance equation and taking into account an impulsive force to account for "inherently unsteady" and "non- uniform" flow. All three approaches take advantage of the
170 incipient motion principle and compute velocities for turbulent, Newtonian fluid flow when a sediment particle of given intermediate particle diameter initiates motion on the stream's bed. The Gauckler-Manning formula (Gauckler, 1867; Manning, 1891) was then used to estimate peak discharge from the peak flow velocity determined above and the valley cross-sectional geometry using the numerical optimization scheme of Rosenwinkel et al. (2017). Peak discharges and maximum flood heights were calculated from flow velocities using the average of two valley cross-sections and bed slope for each boulder considered
175 (S2). Access to Matlab scripts used for these calculations are detailed in the code availability section below.

3.3 Surface exposure dating

The samples for Beryllium-10 (¹⁰Be) exposure dating were prepared in the laboratories of the Geological Institute in the Earth
180 Science Department at ETH-Zurich. Bedrock was crushed and sieved to 250-1000 µm. Quartz was isolated by magnetic separation followed by five to seven sequential leaching steps with H₂SiF₆ and HCl (2/3 – 1/3 by volume). Meteoric beryllium (Be) was removed by three additional leachings with HF to dissolve ~10% of the sample mass at each step (Lupker et al. 2012). Pure quartz was dissolved after the addition of ca. 250 µg of ⁹Be carrier solution and Be was isolated using sequential ion

Commented [A11]: Referee #2 requested more details about the boulder diameter determination. Paul A. Carling mentioned some drawbacks associated with our method of boulder determination using Google Earth imagery in his Short comment, too.

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185 exchange column chromatography. ¹⁰Be concentrations were measured for each sample at the Laboratory of Ion Beam Physics
of ETH Zurich using the 0.5 MV TANDY AMS facility (Christl et al., 2013). Cosmogenic exposure ages were computed from
the blank corrected ¹⁰Be/⁹Be ratios using the online “Cosmic Ray Exposure program” (CREp) calculator ([http://crep.crpq.cnrs-](http://crep.crpq.cnrs-nancy.fr)
190 [nancy.fr](http://crep.crpq.cnrs-nancy.fr), Martin et al., 2017) using a global production rate 4.08 ± 0.23 at/g/yr, the ERA40 standard atmosphere and a
correction for geomagnetic dipole moment changes. See Supplement (S3) for more detailed information on sample preparation
and exposure age calculation.

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4 Results

4.1 Field survey and boulder lithology

We surveyed and sampled a total of 16 boulders: ten boulders in the Trishuli River valley, six in the Sunkoshi River valley
(Figure 1 and 3; Table 1). Along the Trishuli, the sampled boulders are found in different locations and configurations and
195 have intermediate diameters ranging between 8.5 to 18.6 m. Detailed descriptions of the boulders are in S1. In the upstream
part of the studied reach, near the village of Betrawati (N27.974; E85.184), boulders are located both in the modern floodplain
close to the channel and on top of terrace deposits, ca. 18 m above the present-day channel elevation. Additional boulders ca.
15 km farther downstream, close to the village of Devighat (N27.859; E85.109), are deposited at the margin and close to the
200 present-day channel on a tributary fan. Four of ten boulders in the Trishuli valley consist of gneiss, most likely orthogneiss
originating from an intrusive protolith. Three gneiss boulders are located downstream of Devighat on a tributary fan and one
gneiss boulder is found north of Betrawati (Figure 2, Table 1). In both locations, the surrounding hillslopes are composed of
metasedimentary rocks of clearly differing fabric, so it is unlikely that these boulders are locally derived. The other boulders
surveyed in the Trishuli valley are bluish or greenish phyllitic schists with a high phyllosilicate content with slightly differing
fabrics among samples (Figure 2, Table 1). These boulders have a lithology compatible with the bedrock in the adjacent
205 hillslopes, but also areas farther upstream.

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Along the Sunkoshi, all the studied and sampled boulders were found within a ca. 3 km from the town of Balephi (N 27.732;
E 85.780) and downstream along the Sunkoshi. The six studied boulders have intermediate diameters ranging from 4.5 to 29.9
m (Figure 2, Table 1). Only one boulder sampled and surveyed was not exposed in the river channel but was embedded in a
210 terrace deposit just upstream of Balephi Khola’s confluence with the Sunkoshi main trunk (Figure 2). The lithology of these
Sunkoshi boulders consists of a variety of gneisses (Figure 2, Table 1); some show big porphyric feldspar laths deformed to
augen structures (NEQ/162 79, 80 and 98). Boulder sample NEQ/162 03, the largest boulder surveyed in this study, has an
augen-fabric that looks more homogenous and slightly less deformed than the other samples (Figure 2, Table 1). The lithology
of all boulders sampled in the Sunkoshi is different from the schists found in bedrock on the adjacent hillslopes, and they are
215 thus, not locally derived but allochthonous.

4.2 Paleo-hydrologic discharge estimation

The average flow velocity values calculated after Costa's (1983) empirical approach are only dependent on the intermediate boulder diameter and range between 7.8 and 16.7 m/s for the surveyed boulders (S2). Flow velocities calculated using a fluid density of 1500 kg/m³ range between 6.7 and 17.3 m/s using the Clarke (1996) method and between 4.3 and 11.2 m/s using Alexander and Cooker (2016) (S2). ~~Costa's (1983) and Clarke's (1996) approaches produce similar results, Alexander and Cooker's (2016) method yields values less than an order of magnitude lower~~ (Figure 3). Paleo-discharge derived from these velocities are shown in Figure 3 (and table in S2). Values of Costa (1983), Clarke (1996) and Alexander and Cooker (2016) derived peak discharges range from 3.63×10^3 to 1.97×10^5 m³/s for boulders in the Trishuli and 1.34×10^3 to 1.03×10^5 m³/s for the boulders in the Sunkoshi.

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4.3 Boulder exposure ages

¹⁰Be cosmogenic exposure ages of boulders in the Trishuli valley have ages ranging between 2.81 and 5.84 ka BP (Figure 4; Table 1) with overall 1 σ uncertainties ranging from 0.35 to 0.67 ka and mode of the summed probability density functions around 4.5 kyrs BP. One of the ten boulders, sampled upstream of Betrawati (NEQ/162 59; Figure 4; Table 1; S3) shows a significantly younger exposure age of 1.06 ± 0.29 ka BP. ~~This outlier concentration probably reflects the effects of erosion or more likely burial of the sampled flat top-surface in the terrace deposit during a more recent stage in time and thus may not represent the true emplacement age.~~

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The Sunkoshi exposure ages can be assigned to three different age groups (Figure 4): For one boulder, with the smallest intermediate diameter in this study of 4.5 m (NEQ/161 02), the low ¹⁰Be concentration only allows to determine a maximum age of 0.49 ka BP (Figure 2 and 4; Table 1; S3), which could indicate recent ~~movement (emplacement or toppling from an adjacent terrace deposit)~~. The next three older boulders (NEQ/161 01, NEQ/162 98 and NEQ/162 79) show consistent ages within 1 σ -uncertainty with 4.98 ± 0.65 , 4.97 ± 0.51 and 6.23 ± 0.92 ka BP (Figure 2 and 4; Table 1; S3). Two older boulders are located in the Sunkoshi main channel with exposure ages of 10.96 ± 0.73 ka BP and 13.28 ± 0.96 ka BP (NEQ/162 80 and NEQ/162 03, respectively) (Figure 2 and 4; Table 1; S3).

Commented [A15]: Minor modifications. Referee #2 and Paul A. Carling in his Short Comment were responding to exposure age clustering and outliers. More elaborate modifications regarding obtained ages were made in the discussion section below.

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5 Discussion

5.1 Boulder provenances and travel distances

The schist and phyllite boulder lithologies in the Trishuli valley are associated with the Paleoproterozoic lower Nuwakot group of the Lesser Himalayan sequence and more precisely from the Kuncha formation or the overlying Dangdagaon phyllites that could be found locally in the valley (Stöcklin, 1980; Upreti, 1999). The Trishuli phyllite and schist boulders might, therefore, ~~originate from adjacent hillslopes. However, similar to the gneiss boulders, they are in most cases sub-angular to sub-rounded~~

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with crescentic abrasion marks suggesting substantial fluvial transport distances (S1). Diagnostic mineralogy and fabric of the other surveyed ortho-gneiss boulders in the Trishuli catchment are not present in the Lesser Himalayan sequence and, therefore, must originate from areas upstream (or structurally above) of the MCT (Figure 1). No known Higher Himalayan unit klippe is mapped on hillslopes directly above the studied reaches, and the mixed boulder lithologies make a local emplacement source through mass-wasting unlikely. These observations, therefore, require minimum transport distances of approximately 22 km to 46 km depending on the present boulder location (Table 1).

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A variety of gneiss boulder lithologies are found in the Sunkoshi/Balephi Khola catchment. Ortho-gneiss and augen-gneiss lithologies among boulders around Balephi are of higher metamorphic grade (amphibolite to granulite facies) and must originate upstream to the north across the MCT from Higher Himalayan crystalline rocks present in these areas or from gneiss to be found just below the MCT in the Lesser Himalayan footwall ("Ulleri type augen-gneiss" for NEQ/162 03, see S1) (Shrestha et al., 1986; Amatya and Jnawali, 1994; Dhital, 2015). In the absence of known Higher Himalayan units directly upslope above this reach of the Sunkoshi, this analysis suggests minimum transport distances of ca. 11 to 17 km (Figures 1, Table 1). While the surveyed boulders are mostly located below the Sunkoshi/Balephi Khola confluence and could, therefore, have been transported by both rivers, field observations show an abundance of boulders present in the bed of the Balephi Khola.

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As noted above, boulders in both valleys are well below the extent of alpine glaciers in the modern or during the last and previous glacial maximum stages and their associated glacial deposits (e.g. Shiraiwa and Watanabe, 1991; Owen and Benn, 2005; Owen and Dorch, 2014; Owen, 2020; Figures 1 and 2). The low elevations where the exotic boulders are presently observed excludes a glacial transport mechanism. Rather, the observed locations and our provenance analysis indicate that the mobilization and transport of large grain-sizes occurred in central Himalayan river valleys over long distances (>10 km), most likely through fluvial processes.

Commented [A16]: Modification in response to Short comment by Paul A. Carling and "specific comments" by Referee #2. References added:

Owen, L.A. and Dortch, J.M., 2014. Nature and timing of Quaternary glaciation in the Himalayan–Tibetan orogen. *Quaternary Science Reviews*, 88: 14–54.

Owen, L.A., 2020. Quaternary Glaciation of the Himalaya and Adjacent Mountains, Himalayan Weather and Climate and their Impact on the Environment. Springer, pp. 239–260.

Shiraiwa, T. and Watanabe, T., 1991. Late Quaternary glacial fluctuations in the Langtang valley, Nepal Himalaya, reconstructed by relative dating methods. *Arctic and Alpine Research*, 23(4): 404–416.

Additionally, Paul A. Carling mentioned in his Short comment the possibility of boulder entrainment from glacial deposits and a possible significant reduction in fluvial travel distances considering glacial transport processes. By referring to the given references and Figure 1 and 2, a significant decrease in assumed fluvial travel distances can be excluded.

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Commented [A17]: After remarks in Paul A. Carling's Short comment and from Referee #2 regarding debris flow transport we want to clarify explicitly that our method for peak-discharge estimation does not apply for flow conditions usually referred to as "debris flow conditions" in literature.

5.2 Paleo-discharge estimates

The range of discharge estimates derived in this work is a first-order estimate and carries important assumptions. The sediment concentration of the flow directly influences transport capacity through flow density and flow mechanics (e.g. Pierson and Costa 1987). In hyper-concentrated flows with 40 to 70 wt. % sediment entrained, non-Newtonian, plastic fluid behaviour and laminar flow can arise due to the establishment of shear strength in the fluid material (e.g. Pierson and Costa 1987). However, if the amount of sediment entrainment remains at the lower end of this "hyper-concentrated" range, flow mechanics are still adequately approximated by Newtonian, turbulent flow of a "clear" waterflood (Costa, 1984; Pierson and Costa, 1987; Pierson, 2005; Wang et al., 2009; Hung et al., 2014) as was assumed here. Nevertheless, our calculations do not apply for higher sediment load conditions, for example, conditions associated with debris flows. Other uncertainty arises from the extraction of valley cross-sectional profiles using topographic maps (see S2 for more details). Terrace flats and channel widths are only

crudely represented and do not account for past channel morphologies **before and during** the time of the floods. Since detailed riverbed morphology is required for the hydraulic discharge calculation, additional uncertainty arises from the resolution of the data used here and the necessity of using the modern channel geometry for these calculations. We hypothesize that these uncertainties are the main reason for the discrepancies between paleo-peak-discharge estimates for boulders from a similar age range that were presumably **moved** during a single event (Figure 3). First-order discharge estimates for boulder **transport of surveyed clast sizes** therefore broadly range from ca. 10^3 to 10^5 m³/s.

These estimates are corroborated by observed boulder movement under known discharges (Figure 3A) reported in Xu (1988) and Cook et al. (2018) in the upper Sunkoshi (some 30 km upstream of Balephi). During the 2016 GLOF event, Cook et al. (2018) report the movement of a ca. 5.7 m diameter boulder for mean flow velocities between 8.2 and 6.8 m/s. An earlier study also reported the movement of a boulder of ca. 11.3 m in intermediate diameter for water flow velocities between 8.4 and 8.0 m/s during the 1981 GLOF in the same reach (Xu, 1988). Velocity and discharge estimates broadly agree with our estimates derived from the Costa's (1983), Clarke's (1996) and Alexander and Cooker's (2016) relations for boulder incipient motion. It is important to mention that peak discharges cannot be directly compared because of the various distance to potential source areas.

To place our results in the context of previous studies, we compare our discharge to those from the literature and historical records. Cenderelli and Wohl (2001) **compared seasonal high flow floods (SHFFs) with discharges of recent GLOF events and they appeared to be at least one order of magnitude higher than monsoonal precipitation peak discharges in the central Himalayan Mount Everest region for reaches spanning many 10's of kilometres downstream of the breach locations.** Peak discharges reaching 10^5 m³/s **substantial distances downstream** have been documented or suggested for a few historical events in the Himalaya mainly associated to LLOF such as the Great Indus flood of 1841 (Mason, 1929; Shroder et al., 1991), the great outburst in April 2000 in the Tibetan Yigong Zangbo River (Shang et al., 2003; Delaney and Evans, 2015; Turzewski et al., 2019), and the large LLOFs at Dadu River and Yalong River in the years 1786 and 1967 in Sichuan province, China (Dai et al., 2005; Runqiu, 2009). These events are, however, rarely observed even though there is sedimentological evidence that large-scale LLOF events happened regularly throughout the Holocene within the same catchments (e.g. Hewitt et al., 2011; Wasson et al. 2013). To our knowledge, GLOF discharge estimates of **historically** documented events in the Himalaya reach ca. 10^4 m³/s (e.g. Vuichard and Zimmermann, 1987; Hewitt, 1982; Xu, 1988; Yamada and Sharma, 1993; ICIMOD et al., 2011; Cook et al., 2018) with Holocene reconstructed discharge estimates that exceeded 10^5 m³/s₂ such as **that reconstructed by Montgomery et al. (2004) for the Tsangpo River gorge outburst, flood for locations >10 km downstream of the paleolake.**

Hydrological stations from the Department of Hydrology and Meteorology, Government of Nepal allow comparison of our paleo-discharge estimates to measured discharges over the last decades. For the Trishuli reach, station number 447 (N27.97, E85.18) near the town of Betrawati, is located in between the two studied upstream and downstream boulder fields (Figure 1).

Commented [A18]: Addition following discussion in Referee #2's "Specific comments"

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Commented [A21]: Modification by the authors following reasoning by Paul A. Carling mentioned in his Short comment. This is an important clarification for our discharge estimates. Estimates should always be specified according to where they were made downstream from the breach. Peak discharges at breach locations are always much higher and decrease downstream due to attenuation of the flood wave. Same below.

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For the Sunkoshi boulders, two stations provide background hydrological information (Figure 1). First, station number 620 (N27.80, E85.77) on the Balephi Kola, about 8 km upstream of the most-upstream boulder and 9 km upstream from the confluence with the Sunkoshi main stem (without any major tributary confluences). Second, station number 610 (N27.79, E85.9) on the Sunkoshi at Barabise that is located about 14 km upstream of the Balephi Kola and Sunkoshi confluence. Comparison of the estimated paleo-discharges, which range between ca. 10^3 to 10^5 m³/s, with flow duration curves of the hydrological stations, shows that flows needed to mobilize the studied boulders generally exceed the largest flows on record (Figure 3 and 5). Discharge records may also include LOF events and, therefore, not only reflect monsoonal precipitation driven discharge. This finding suggests that typical monsoonal floods are unlikely to have the ability to move boulders of exceptionally large size (<10 m) and that LOFs are the most likely events responsible for large boulder displacement. The reconstruction of flood duration or initial lake size is, however, hampered by the multiple possible lake locations, unknown breach mechanisms, and the large uncertainties of our paleo-flood discharge estimates. Such a reconstruction is beyond the scope of this work and would require dedicated and computationally expensive fluid flow numerical models (e.g. Carling et al., 2010; Denlinger and O'Connell, 2010; Turzewski et al., 2019).

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Commented [A23]: Denlinger, R.P., O'Connell, D.R.H., 2010. Simulations of cataclysmic outburst floods from Pleistocene Glacial Lake Missoula. Geological Society of America Bulletin 122, 678–689. doi:10.1130/B26454.1

Commented [A24]: This piece of discussion was added in response to questions raised by Referee #1 (Bennett) and Referee #2 which relate to flood duration time and outburst lake volume. Unfortunately, they cannot be dealt with in the scope of this contribution.

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5.3 Timing and boulder emplacement mechanisms

The boulder population in the Trishuli valley displays a broad range of exposure ages from ca. 3 to 6 kyrs, with the notable exception of NEQ/162 59, which is significantly younger at ca. 1 kyr (Figure 4). The NEQ/162 59 boulder, is still buried to a large extent, and its flat surface is only slightly elevated from the surrounding ground surface, suggesting that it was likely covered by sediment until recently. There is a systematic offset in age (up to 2 kyrs) between older exposure ages of boulders currently located on the fill terrace near the town of Betrawati and younger boulder ages in the channel or further downstream in the wider valley reach (Figure 4). In the Sunkoshi/Balephi Kola, three exposure age groups can be identified: i) the youngest, but also smallest boulder surveyed only yields a maximum age of ca. 500 years, given measurement uncertainties, ii) a group of three boulders with exposure ages ranging from ca. 3.5 and 6.5 kyrs and iii) two, late Pleistocene boulders, one of which is the largest surveyed boulder in our dataset. Based on these exposure ages and considerations presented in the previous sections, three main scenarios can be proposed for the emplacement of the surveyed boulders: (1) repeated boulder transport events, (2) excavation of boulders from large, older, fill deposits and (3) catastrophic events that resulted in long-range fluvial transport of the boulders. These scenarios are further discussed in the following paragraphs.

Slow transport of the boulders during repeated catastrophic events requires reoccurring exceptional discharges throughout the Holocene, as suggested by the flow velocities that are required to mobilize these boulders. Such a scenario is compatible with repeated GLOFs that frequently affect central Himalayan valleys (e.g. Veh et al., 2020). However, it is unlikely that such a mechanism is able to explain the distribution of exposure ages observed in this study. Repeated transport episodes will displace and rotate boulders, successively exposing different faces to dosing by cosmic rays. In such a case, boulder exposure ages would show a broad distribution of ages, reflecting repeating episodes of transport, stabilization, and exposure. Therefore, the

consistency of the age distributions makes it unlikely that the suite of sampled boulders was transported during multiple events. This interpretation is also supported by the observation of similar age distributions for boulders in valleys separated by a main drainage divide; the clustering of boulder ages in adjacent valley hints at a process capable of affecting flood distributions in two rivers around the same time. It should also be noted that there is a likely upper limit to the survival duration of boulders in a fluvial channel, as fluvial abrasion and comminution processes during transport (Attal and Lavé, 2009; Carling and Fan, 2020) or while at rest in the channel bed (Shobe et al., 2016; Glade et al., 2019) will ultimately reduce the size of the boulder until it can be exported by more frequent smaller flows.

Large valley-fill deposits are frequently observed in Himalayan valleys and span a wide range of ages (Lavé and Avouac, 2001; Pratt-Sitaula et al., 2004; Stolle et al., 2017). The evacuation and re-incision of such deposits could expose boulders that were entrained and emplaced during the initial event and result in apparent exposure ages that are contemporaneous of the incision of the fill instead of the boulder transport. Remnants of such large fill deposits are not visible on the valley flanks in the direct vicinity of the studied locations. A large (>100 m thickness), presumably Pleistocene, fill terrace is nevertheless present farther downstream of the Trishuli boulder locations (N27.888; E85.141), near the town of Trishuli Bazar (Lavé and Avouac, 2001). However, the highly weathered state of this fill deposit material suggests that large boulders would unlikely be preserved intact in such a warm and humid climate. A fill deposit re-incision scenario would require these processes to be synchronous across the drainage divide to explain the broadly similar age cluster at 5 kyrs observed in the Trishuli and Sunkoshi reaches. Reincision would also need to occur rapidly to explain the relatively narrow age distributions of boulders sampled at different locations along the stream, as slow excavation since the Pleistocene would result a broad range of ages. While not impossible, this process is more complex and nuanced than our preferred interpretation of mobilization and emplacement during a single large flood event. However, as we noted earlier, the upstream Trishuli reach, boulders in the active channel are systematically younger (1-2 kyrs) compared to boulders located on the adjacent terrace. We interpret these younger ages as the result of the shielding of the boulders trapped in this thin fill deposit (< 20m thickness) before being exposed when the river re-incised the deposit (Figures 2 and 4; Table 1; S1). This re-incision had, however, to occur rapidly, or the age difference between in-channel and terrace-top would be larger.

The third possible mechanism of emplacement is the mobilisation of these boulders by catastrophic high discharge events, capable of mobilizing boulders over long distances. Such a scenario would explain the age distribution of boulders with the existence of at least one event in the Trishuli, and at least two events in the Sunkoshi/Balephi Kola reaches. Such catastrophic events are also likely to induce downstream landsliding by undercutting channel banks (Cook et al., 2018) and hence to entrain boulders from different lithologies along its flow path while resulting in similar exposure ages across lithologies once deposited. It would also explain the observation, in the Sunkoshi/Balephi Kola reach, that the smallest boulder has the youngest exposure age and the largest the oldest, which is coherent with the fact that the boulders of older, larger events are not remobilized by subsequent smaller ones (also suggesting that our dataset is likely biased towards large events, as the smaller

Commented [A25]: Attal, M., Lavé, J., 2009. Pebble abrasion during fluvial transport: Experimental results and implications for the evolution of the sediment load along rivers. *J. Geophys. Res.* 114, F04023–22. doi:10.1029/2009JF001328

Commented [A26]: Carling, P.A., Fan, X., 2020. Particle comminution defines megaflood and superflood energetics. *Earth-Science Reviews* 204, 103087. doi:10.1016/j.earscirev.2020.103087

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Commented [A28]: Glade, R.C., Shobe, C.M., Anderson, R.S., Tucker, G.E., 2019. Canyon shape and erosion dynamics governed by channel-hillslope feedbacks. *Geology* 47, 650–654. doi:10.1130/G46219.1

410 events are likely erased). We, therefore, suggest that catastrophic long-range transport and rapid emplacement is the most
likely scenario to explain our data.

In the Trishuli reach, the timing of a single catastrophic event is most accurately recorded by the ages of boulders on top of
the small fill terrace in the upstream reach, and the downstream boulders with a similar age (Figure 4) as upstream boulders in
415 the active channel have likely experienced shielding by the terrace fill sediments as discussed above. This yields an
emplacement age estimate for the Trishuli of around 5.0 ± 0.3 ka BP (arithmetic mean with 1σ error of boulder samples
NEQ/162 45, 46, 47, 66 and 67; Table 1). In the Sunkoshi/Balephi Kola reach, the oldest event is recorded by two boulders,
NEQ/161 03 and NEQ/162 80, transported during the same event or series of events (within dating uncertainty) that occurred
420 at ~ 11 to 13 ka (Figure 4; Table 1). It is followed by a second event recorded by the exposure age of three boulders with ages
that agree within dating uncertainty at around 5.4 ± 0.7 ka BP (arithmetic mean with 1σ error of boulder samples NEQ/161 01,
79 and 98; Table 1). Finally, a single boulder (NEQ/161 02, Table 1) only resulted in the determination of maximum exposure
age based on the low ^{10}Be concentration of ca. 0.5 kyrs. This is the smallest boulder surveyed and could have been mobilised
during a smaller recent LOF or alternatively could have toppled over or was affected by unrecognized large surface erosion,
which would both result in younger exposure ages.

425 The relatively large spread of exposure ages compared to other settings such as moraine boulders, for instance, can likely be
attributed to the fluvial setting. Boulders can be affected by nuclide inheritance, if surfaces were exposed for significant
durations prior to entrainment, which would bias the ages too old. Erosion of the boulder surface, a plausible process for
boulders sitting in the channel of a mountainous stream, would bias the ages too young. But only significant erosion, such as
430 the fracturing of a sizeable part of the boulder surface (which was avoided for sampling if recognized in the field) would affect
the exposure ages (a steady-state weathering of the boulder surface of 10 mm/kyr would reduce the exposure age of a 5 kyrs
old boulder by ca. 150 yr). Partial cover by sediments is also a plausible explanation for the scatter in exposure ages, and we
invoke this effect for the younger ages of the boulders in the channel of the upstream reach of the Trishuli or boulder NEQ/162
59. However, since these processes (inheritance, erosion or partial sediment cover) are stochastic, it would be expected that if
435 they dominated the signal, exposure age distributions would be more widespread than what was observed.

Trishuli and part of the Sunkoshi/Balephi Kola boulders show a clustering around 5 ka BP across a major drainage divide in
the central Himalaya (Figures 1 and 4). At least two older ages in the Sunkoshi indicate flooding during the late Pleistocene
(Figure 4); similar ages were not observed in the Trishuli valley (Figure 4). The events that emplaced these large-sized
440 boulders, ca. 10 m in diameter or more, are rare since they represent the remnants of the last largest floods that were not
remobilized by subsequent floods (Carling and Tinkler, 1998). The resolution of ^{10}Be exposure ages and uncertainty on the
state of dated boulder surfaces does not definitely point toward a single event that affected both catchments. Boulder
emplacement could potentially be the result of a series of events that occurred in a short time period of a few hundred years

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Conditions for entrainment of cuboid boulders in bedrock
streams: an historical review of literature with respect to recent
investigations" in Rivers over Rock: Fluvial Processes in bedrock
Channels, K.J. Tinkler, E.E. Wohl, Eds. (American Geophysical
Union), pp. 19-34

within the range of dating uncertainty (Figure 4). However, the assumption that the boulder emplacements only record a flood of maximum magnitude (see above), the rarity of emplacement, and the absence of obvious stratification in the fill terraces (Figure 2; S1) point toward synchronous mid-Holocene emplacement events in each valley.

The timing of the Trishuli and Sunkoshi/Balephi Kola events found in this study is comparable to another large event responsible for the extensive fill terraces found in the central Himalayan Marsyandi river valley about 90 km to the west of the Trishuli valley (Pratt-Sitaula et al., 2004). The authors of that study found large terraces (“Middle terraces”) composed of heterolithic conglomerates and boulders with lithologic evidence for transport distances of over 40 km. These fill terraces were interpreted as the result of a single massive earthquake-triggered landslide event that caused a catastrophic debris flow. Recalibrated radiocarbon ages of that infill date back to 4.6 to 5.1 ka BP (Yamanaka, 1982; ages recalculated with OxCal online calibrator, Bronk-Ramsay, 2013). The ages determined for the Trishuli and Sunkoshi/Balephi Kola boulders are however older compared to the exposure age of another studied large, far-travelled, boulder capping the Pokhara formation, further West in Nepal (ca. 1680 C.E.) (Fort et al., 1987; Schwanghart et al., 2016a). The emplacement of this later boulder was linked to a historical 1681 C.E. earthquake even though the magnitude and epicentre of this later event remain poorly constrained (Chaulagain et al., 2018).

5.4 Triggers of Holocene catastrophic LOFs

Our results demonstrate that high magnitude peak discharge (10^3 to 10^5 m³/s) by lake outburst events (LOFs) are most likely needed to explain the emplacement of large boulders in the Trishuli and Sunkoshi drainage catchments and that these events were clustered in time at around 5 kyrs in at least two distinct valleys (Figures 3, 4 and 5). To attribute these events to LLOFs or GLOFs requires evaluating our data in light of typical earthquake recurrence times and regional climate variability. Earthquakes and their associated coseismic landslides provide a mechanism that could synchronously emplace large landslide dams in main valleys across water divides, exposing downstream reaches to LLOF events. Climate variability, through its modulation of glacier extent and proglacial lake volumes, can also be invoked as a potential trigger of large GLOF events in multiple valleys during a short period of time, as observed in our data.

The timing of the boulder emplacement in the Trishuli and Sunkoshi/Balephi Kola suggests that these high magnitude flows last occurred ca. 5 kyrs ago. Older, larger boulders in the Sunkoshi/Balephi Kola suggest flows of even higher magnitude affecting trans-Himalayan valleys in the late-Pleistocene. While the dating precision available cannot strictly point towards a synchronous emplacement amongst the studied valleys (and the Marsyangdi, Pratt-Sitaula et al., 2004), major to great earthquakes (\geq Mw 7.0 and 8.0 respectively) periodically rupture large parts of the Main Himalayan Thrust resulting in surface ground shaking over distance > 100s of km along the Himalayan range (e.g. Bilham, 2019). These earthquakes can trigger a large surface response with intense coseismic landsliding, as was observed during the 2015 Mw 7.8 Gorkha earthquake (Roback et al., 2018). Although the 2015 earthquake did not result in significant valley blocking due to landsliding that can

Commented [A30]: This section was rewritten in response to Paul A. Carlings Short comment and both Referee comments, Referee #1 (Bennett) and Referee #2. A more elaborate discussion expounding on boulder transport and age clustering was demanded by the readers. Now we provide more insight to our interpretations, referring to specific sampling sites in greater detail.

Deleted: The exposure ages of the Trishuli boulders all cluster around ca. 5 ka BP except boulder samples NEQ/162 44 and NEQ/162 59, which are considered as outliers recording post-depositional erosion or shielding (Figure 4, Table 1). Boulder NEQ/162 59, which shows by far the youngest age, is still buried to a large extent and its top surface is only slightly elevated from the surrounding ground surface. There is an offset in age (up to 2 kyrs) between exposure ages of boulders currently located on the fill terrace near the town of Betrawati and boulder ages in the channel or further downstream in the wider valley reach. We interpret the younger ages of these “Trishuli upstream” boulders lying next to the riverbed as the expression of post-depositional shielding and burial by sediments followed by excavation through river incision in the fill terrace (Figure 2 and 4; Table 1; S1). Boulder NEQ/162 67’s lithology varies in fabric from the other schist and phyllites of surveyed boulders in the Trishuli and could potentially be affected by inheritance (Table 1). Overall the exposure data and interpretation suggest that boulder transport and emplacement occurred in a single flood event in the Trishuli that happened around 4.9 ± 0.3 ka BP (arithmetic mean with 1σ error of boulder samples NEQ/162 45, 46, 47 and 66; Figure 4; Table 1).

A minimum of two emplacement events are noted in the exposure age data from the Sunkoshi (Figure 4; Table 1). NEQ/161 03 dates back to the late Pleistocene and has the largest maximum diameter determined among surveyed boulders in this study (Figures 2 and 4; Table 1). Boulder NEQ/162 80 yields a younger age and is partly entrained in a fill-terrace deposit (Figure 4; Table 1; S1). We interpret both NEQ/161 03 and NEQ/162 80 as transported during the same event or series of events (within dating uncertainty) that occurred at ~13 ka. This interpretation suggests that NEQ/162 80 was buried by sediments or suffered surface erosion that resulted in the observed ~2 ka age offset (Figure 4; Table 1). Boulders NEQ/161 01 and NEQ/162 98 show strikingly similar mid-Holocene exposure ages (Figure 4; Table 1). We suppose that these boulders were already exposed or were excavated shortly after emplacement by monsoonal flows from a deposit that once buried the whole tributary junction around the town of Balephi (Figure 4; Table 1; S1). Although the older exposure age of 6.23 ± 0.92 ka BP for boulder NEQ/162 79 is associated with higher uncertainty, it can still be considered synchronous with NEQ/161 01 and NEQ/162 98 within uncertainty. The maximum exposure age of 490 years obtained for NEQ/161 02 (Figures 2 and 4; Table 1), which is the smallest boulder surveyed, suggests movement and toppling by younger smaller LOFs, monsoonal flows, or recent erosion. These data and interpretations suggest that a second phase of valley aggradation and large boulder transport in the Sunkoshi / Balephi Kola occurred at 5.0 ± 0.4 ka BP, based on the arithmetic mean with 1σ error of boulder samples NEQ/161 01 and NEQ/162 98 (Figure 4; Table 1). Importantly, this second flooding event at ~5 ka was not as large as the preceding event at ~13 ka as it did not mobilize boulders > 10 m in diameter (Table 1).

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result in large LLOFs, the total volume of coseismic landsliding scales with earthquake magnitude (Marc et al., 2016) and hence LLOFs might be more likely following earthquakes with magnitudes larger than Gorkha. Great earthquakes (\geq Mw 8.0) in the Himalaya susceptible to trigger large volumes of landsliding beyond what was observed during Gorkha have estimated recurrence times of 750 to 1000 years (Bollinger et al., 2014; Sapkota et al., 2013). If great earthquakes had a large likelihood to trigger widespread LLOFs (as would be required to explain the emplacement of boulders and valley fills in two to three valleys), we would expect the central Himalayan valleys to be strewn with boulders of younger and possibly more diverse ages owing to the geologically frequent recurrence interval of such events. Furthermore, the likelihood of an earthquake triggering LLOFs in two to three valleys during the same event is small. While earthquake-triggered LLOFs cannot be entirely excluded (and have been proposed for other catastrophic valley fills; Schwanghart et al., 2016a), we do not favour this explanation for the emplacement of the boulders that are the focus of this investigation.

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Climate change may be another LOF trigger through its modulation of glacier dynamics and the creation of GLOF-prone proglacial lakes. Multiple terrestrial records for the monsoon-influenced Himalaya and the Indian subcontinent indicate a wet and strong monsoon phase during the Early Holocene Climatic Optimum (EHCO), followed by a dry phase between 5 ka to 4 ka BP. This dry phase is recorded amongst other proxy records, by a compilation of Indian monsoon records (Herzschuh, 2006); the transition to more arid conditions in central India that lead to a vegetation transition towards C₄ grasses as recorded in the Lonar Crater Lake sediments (Sarkar et al., 2015); changes in moisture sources as indicated by a drop in $\delta^{18}\text{O}$ of the Guliya ice cap on the Tibetan plateau (Thompson et al., 1997) (Figure 6). In response to the decrease in monsoonal precipitation, a number of preserved glacial landforms in the central Himalaya show a phase of glacial retreat around 5 ka BP (Abramowski et al. 2003; Finkel et al. 2003; Gayler et al. 2006; Schaefer et al. 2008; Pratt-Sitaula et al. 2011; Figure 6). This retreat has not been observed in all studied valleys, but glacial moraines dated to around 5 ka are reported in the Langtang valley in the upstream Trishuli catchment and in the Macha Khola, Manaslu massif (^{10}Be ages; Abramowski et al. 2003), in the Khumbu Himal (Everest region) with the Thuklha stage (^{10}Be ages; Finkel et al., 2003), as well as ^3He and ^{10}Be ages derived by Gayler et al. (2006) for moraines in the upper Mailun valley, Trishuli catchment suggesting a regional glacial response to aridification (Figure 6). Although the relation between GLOF frequency and ongoing climate change remains unclear (Harrison et al., 2018; Veh et al., 2019), past large phases of glacier retreat have been suggested to increase GLOF frequency (e.g. Walder and Costa, 1996; Clague and Evans, 2000; Wohl, 2013). Moraine dams form especially if fast glacial retreat follows earlier advances (Korup and Tweed, 2007). The documented phase of glacial retreat at ca. 5 ka BP, therefore, represents a possible triggering mechanism for the emplacement of the studied boulders across river drainage divides as it may have resulted in the more-wide spread occurrence of glacier lakes prone to GLOFs. Climatic forcing of GLOFs is, therefore, a suitable explanation for the emplacement of far-travelled fills in other valleys in the central Himalaya (e.g. Pratt-Sitaula et al., 2004) and agrees with the provenance of a number of gneiss boulders originating from the glaciated Higher Himalayan crystalline. It should also be noted that abrupt climatic shifts such as the one following the EHCO occurred overall less frequently since the LGM compared to the recurrence time of great Earthquakes.

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640 The older exposure ages derived in the Sunkoshi catchment, including the largest boulder surveyed in this study (NEQ/161 03 with 29.9 m intermediate diameter, Figure 2 and 4; Table 1), could be attributed to an LGM or post-LGM glacial retreat that lead to events preserved in the channel till today. If correct, our dataset reflects that long-term climate modulated LOFs can alter Himalayan Valleys on 10^3 to 10^4 yr timescales.

5.5 Implications for erosion and geohazards in the Himalaya

645 This study found evidence for high-magnitude discharge events in the form of outburst flooding in central Himalayan river valleys. A record of exceptional flooding is preserved not only in the form of large boulders but also in the form of large alluvial fills in Himalayan valleys (Lavé and Avouac, 2001; Pratt-Sitaula et al., 2004; Stolle et al., 2017). As mentioned before (Wohl, 2013; Cook et al., 2018), LOFs may be responsible for channel incision and lateral erosion in the upstream reaches of mountainous rivers but may also lead to aggradation and valley fills in the lower reaches with long-lasting impacts on river morphology. Large grain-size boulders in channel beds also have the potential to affect long-term channel incision patterns (Shobe et al., 2016; 2018). LOFs may, therefore, exert a strong control on the timing and locus of fluvial incision. In this study, we suggest that the emplacement of large grain-sizes in the two studied Himalayan valleys are related to large GLOF events that followed a time of regional glacial retreat after the EHCO and at the close of the Last Glacial Maximum. This interpretation argues for a climatic control on incision rates and sediment export in the Himalaya. Furthermore, it leads to the counter-intuitive notion that the erosional engine might be most efficient during, or at the onset of, drier climatic periods as they represent periods of amplified occurrence of large, bedload mobilizing LOF events. Additionally, the fact that these boulders are preserved in the modern-day channel and adjacent fill deposits suggests that channel incision halted at these locations for periods of time subsequent to extreme outburst flooding. These extreme outburst events could, therefore, be key in regulating the episodic nature of fluvial incision (e.g. Pratt-Sitaula et al., 2004; Dortch et al., 2011) and have a long-lasting effect on sediment fluxes exported downstream. Further work on the frequency and magnitude of these events is required to improve our understanding of their role in long-term channel morphology and incision. This future work should also address the relative importance of these events with respect to other catastrophic events in the Himalaya as we note that GLOFs are not the only mechanism that allow for long-distance boulder transport and valley aggradation. This is illustrated by the large Pokhara valley fill deposit and boulder emplacement in central Nepal which was attributed to a series of earthquakes (Schwanghart et al., 2016a; Stolle et al., 2017) and had a long-term impact on valley morphology and sediment fluxes (Stolle et al., 2019).

670 In the face of anthropogenic climate change, increasing land use by population growth and ongoing investments into hydropower in central Himalayan valleys, GLOF hazard and risk needs to be better quantified (e.g. ICIMOD, 2011; Schwanghart et al., 2016b). The recent acceleration of ice loss across the Himalayas (Maurer et al., 2019) has led to an increase in proglacial lake water volumes (Wang et al., 2015; Nie et al., 2017) but, surprisingly, has not so far lead to an observable increase in GLOF frequencies (Veh et al., 2019). How these trends will evolve in the near future remains unknown. In this

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Commented [A34]: Shobe, C.M., Tucker, G.E., Rossi, M.W., 2018. Variable-Threshold Behavior in Rivers Arising From Hillslope-Derived Blocks. J. Geophys. Res. Earth Surf. 123, 1931–1957. doi:10.1029/2017JF004575

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study, we suggest the occurrence of large GLOF events during the phases of glacier retreat after the LGM and at the mid-Holocene climatic transition. The exact timing of these GLOF events in comparison to the climate forcing remains elusive, **so** **as their precise origin in the landscape** but it may **forewarn** possible future scenarios with significant threats to downstream populations and infrastructure. It should, however, be noted that the volume of water that can be stored in proglacial lakes in the upper reaches of the Himalayan rivers **at present day** could be significantly lower than volumes stored in proglacial lakes during glacial retreat from larger glacial extent. **If correct, expected future GLOFs magnitudes could be lower than during the last deglaciation and the Holocene.**

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685 **6 Summary and conclusion**

We provide field observations of large boulders, ca. 10 m in diameter or more, that show lithologic evidence for travel distances of over 10s of kilometres in two central Himalayan valleys, the Sunkoshi and Trishuli. These boulders are well below the LGM ice extent and therefore require exceptional flows to explain the long travel distances. Using the boulder's estimated **sizes** and an assumption on flow density and regime, we estimated that discharges of 10³ to 10⁵ m³/s are required to mobilize these grain sizes. Such discharges are, however, higher than typical monsoonal floods as constrained by hydrological data from nearby locations and therefore suggest that boulder emplacement occurred through high magnitude and catastrophic lake outburst floods.

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Cosmogenic nuclide exposure dating (¹⁰Be) shows emplacement ages of between 4.7 - 5.3 ka BP in the Trishuli valley and between 4.7 - 6.1 ka BP and 11 - 13 ka BP in the Sunkoshi valley. Our data suggest that the younger events are correlated across water divides and possibly also with other deposits in the central Himalaya (Marsyandi valley, Pratt-Sitaula et al., 2004). The trigger for these LOF events remains difficult to constrain owing to the limits in dating precision that do not allow to clearly identify one single event across drainage divide or multiple events occurring within a short amount of time (ca. 1 kyr). Landslide lake outburst floods following a large seismic event and extensive co-seismic landsliding remains a possible explanation for boulder transport and emplacement; however, in this case, we argue against this interpretation because the typical recurrence time for great earthquakes in the Himalaya is on the order of 1 kyrs, relative to the evidence of mid-Holocene and late Pleistocene LOFs in this study. In the case of coseismic LLOF events, we would expect boulder deposits to have younger and/or more widespread ages. Alternatively, glacier lake outburst floods are also able to generate the required discharges. Terrestrial climatic records show that the Indian continent and the Himalaya experienced **a** significant aridification trend between 4 to 5 ka BP that follows a period of intense monsoon during the early Holocene climatic optimum. Glacier reconstructions show evidence for regional glacier retreat during that period as a response to a weaker monsoon. We, therefore, suggest that the observed boulders were most likely mobilized by GLOF events occurring during phases of glacial retreat.

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720 These findings and interpretations have important implications regarding the dynamics of channel incision and erosion rates
in the Himalaya. The role of these exceptional events as geomorphic agents of landscape evolution has recently been
emphasized. We supplement these findings by showing that the studied central Himalayan river channels preserve traces of
these large events that occurred 4 to 14 kys ago, suggesting a long-lasting impact on sediment dynamics and channel evolution.
Furthermore, even though there is currently no evidence for an increase in GLOF frequencies as a response to anthropogenic
climate change in the Himalayas, the type of evidence put forward in this work suggests that major phases of glacier retreat
may be associated with GLOFs that may, if not be more frequent **than in more stable glacial conditions**, at least be of larger
725 magnitude.

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7 Acknowledgments

730 [We thank Georgina Bennett, an anonymous reviewer and Paul Carling for comments and suggestions that greatly helped clarify
our contribution. Wolfgang Schwanghart is also warmly thanked for efficient editorial handling and comments on the first
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preparation.

8 Code availability

735 All paleo-hydrologic discharge calculations can be repeated using a user-friendly Matlab script accessible via the URL
<https://gitlab.com/mlh300/bouldersforpaleohydrology/> and detailed in the affiliated explanatory file.

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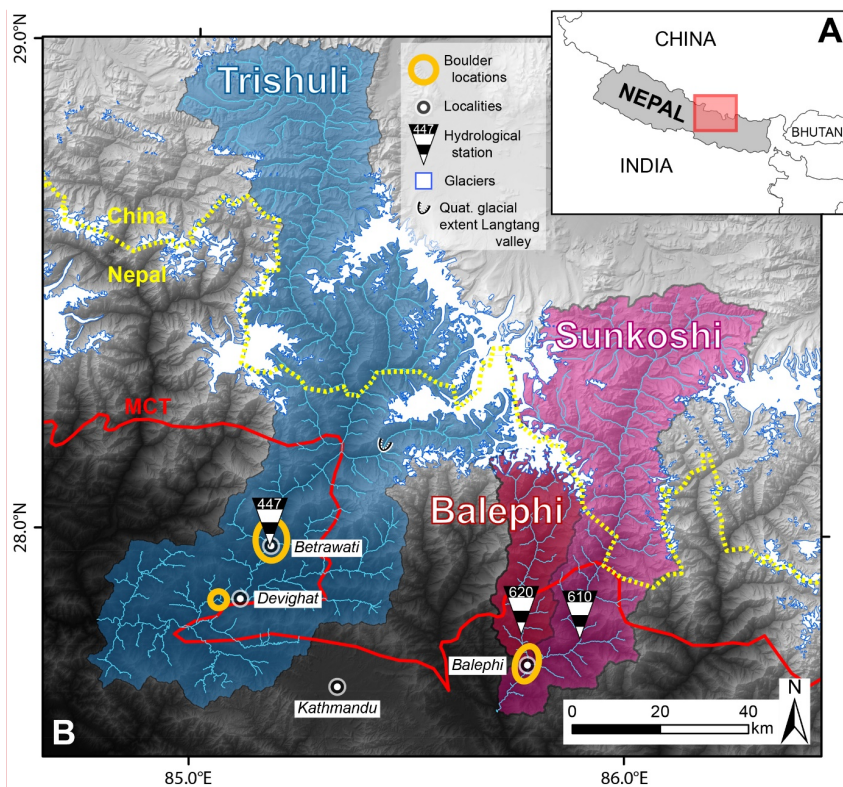
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Commented [A38]: Modified Figure 1:

Referee #1 (Bennett) and Referee #2 suggested changes to this figure: Referee #1 and #2 suggested adding potential source zones of the surveyed boulders based on geological mapping to the figure. In the authors opinion Figure 1 provides already information on potential source zones by the MCT we included previous manuscript. The MCT separates Higher Himalayan rocks from Lesser Himalayan lithologies. Including geological mapping would result in a less readable figure which the authors tried to avoid. We decided against the Referees advice and did not add geological mapping to Figure 1.

Further Referee #2 proposed to add boulder lithologies. Figure 1 could be expanded by zoom-in figures or zoom-in figures could be added to the supplement.

The authors would like to draw attention to the lithology information given in Table 1, coordinates and the supplement material already provided (including Google Earth imagery of all the sampling locations and additional figures for the Trishuli catchment).

We decided not to expend Figure 1 or our supplement materials with additional zoom-in figures. The benefit of zoom-in figures is limited in our opinion and the supplementary materials are already voluminous.

Paul A. Carling speculates in his Short comment about the unconstrained contribution of older glaciations, preceding the last glacial maximum, to the fluvial transport distances estimated in our study. Referee #2 asks for paleo-ice limits indicated in Figure 1. Data on previous glacial extend prior to the last glacial maximum is scarce on the central Himalayan front (e.g. Owen, 2020). We decided to indicate the evidence of U-shaped valley topography for maximum Quaternary ice extend in the Langtang valley, observed by Shiraiwa and Watanabe (1991), to Figure 1. We hope that Figure 1 can now better illustrate (with this single paleo-ice limit) that glacial transport can only play a negligible role in transporting the surveyed boulders down the valley in the studied catchments

Shiraiwa, T. and Watanabe, T., 1991. Late Quaternary glacial fluctuations in the Langtang valley, Nepal Himalaya, reconstructed by relative dating methods. *Arctic and Alpine Research*, 23(4): 404-416.

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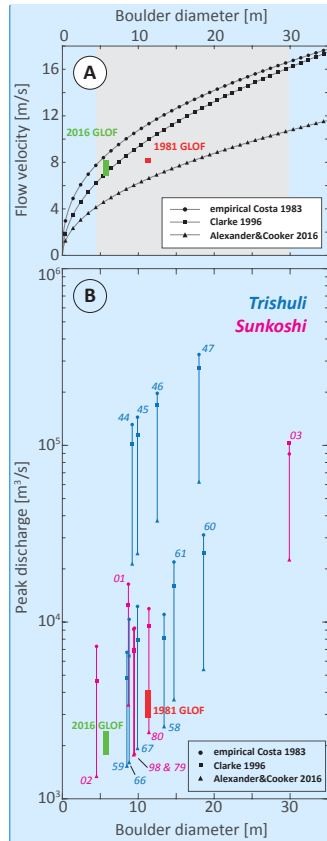
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Figure 1: A. Regional overview of the study area (red box). B. Location of the studied river reaches in central Nepal (main catchments of Trishuli and Sunkoshi, as well as Sunkoshi sub-catchment of Balephi), studied boulder locations and hydrological stations from the Nepal Department of Hydrology and Meteorology (along with station number). Also shown is the trace of the Main Frontal Thrust (MCT, see references in text), glacier cover (Global Land Ice Measurements from Space (GLIMS), retrieved March 2018) and an estimate of maximum Quaternary glacial extent in the Langtang valley by evidence of valley morphology (Shiraiwa and Watanabe, 1991). Shaded relief is based on digital elevation model AW3D30, © Japan Aerospace Exploration Agency.



Commented [A39]: Following a suggestion by Referee #2:
White boxes were put behind exposure ages for better readability.

Figure 2: A- Boulders lying on a tributary fan south of Devighat, Trishuli valley. The main valley widens substantially at this location. Sample from top to bottom (as shown in the Figure): NEQ/162 47, ...46, ...45, ...44. B- Boulder appears sub-angular sitting on top of terrace deposit at Betrawatti (NEQ/162 66), Trishuli valley. In the background peaks rise >5000 m. C- Narrow part of Sunkoshi river after its confluence with Balephi Khola. Sample from top to bottom (as shown in the Figure): NEQ/161 02, ...01. D- Largest boulder surveyed in this study (NEQ/161 03) in Sunkoshi valley with an intermediate diameter of 29.9 m consists of gneiss lithology (Ulleri Gneiss), minimum travel distance 13 km. ¹⁰Be surface exposure ages in ka BP. Coordinates of viewpoints given.



Commented [ML40]: Figure was updated with documented flow characteristics that induced boulder mobilisation during the 1981 and 2016 Sunkoshi GLOFs

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Commented [A41]: Modifications made by the authors: it is not really an exemplary cross-section (except gradient), rather exemplary input parameters.

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Figure 3: A- Theoretical flow velocities required to move boulders of a given diameter with explanatory input parameters (channel bed slope 0.03, rock material density 2700 kg/m³, fluid density 1500 kg/m³) according to the parametrisations and models of Costa (1983), Clarke (1996) and Alexander and Cooker (2016). The grey shaded area indicates range of boulder intermediate diameters from this study. Green and red rectangles are bounded by velocity estimates upstream and downstream boulders (5.7 m and 11.3 m in diameter) mobilised during the 2016 and 1981 GLOF events in the upper Sunkoshi (Cook et al., 2018; Xu, 1988). The Clarke (1996) method is plotted with a channel bed slope adjusted to Cook et al. (2018) which is the gradient of the Sunkoshi reach at the location of boulder movement (0.0245). B- Estimated peak-paleo-discharges required to move the studied boulders according to the three models that were used for paleo-discharge calculations. Green and red rectangles are bounded by upstream and downstream estimates of observed boulder movements for the 2016 and 1981 GLOF events in the upper Sunkoshi (Cook et al., 2018; Xu, 1988).

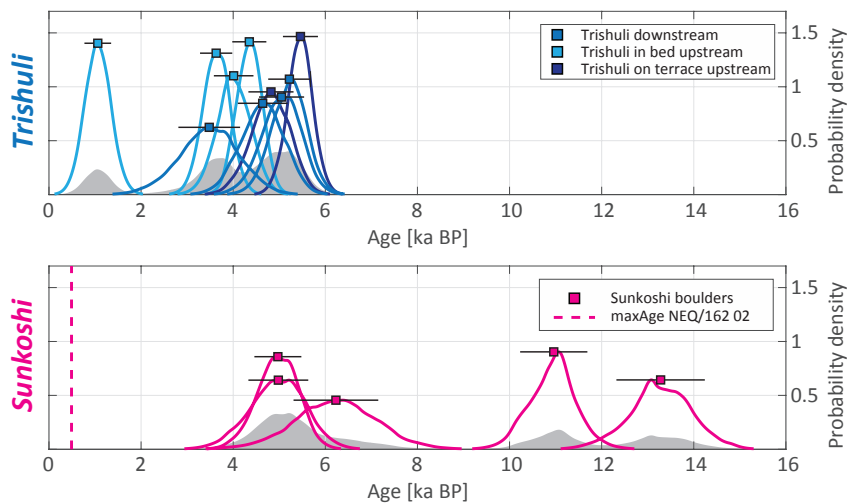


Figure 4: Probability density function for the ^{10}Be boulder exposure ages in the Trishuli and Sunkoshi river reaches. The Trishuli boulders were subdivided in groups depending on boulder geographical location (upstream vs downstream) and position relative to the present-day channel. The grey shaded area in the background of each plot shows the cumulative sum of the probability distributions normalised by the quantity of boulders measured in the respective valley. Ages are indicated with 1σ error bars and were calculated using the online CREP calculator (Martin et al., 2017) accessed in June 2018 with a Sea Level High Latitude production rate of rate 4.08 ± 0.23 at/g/yr.

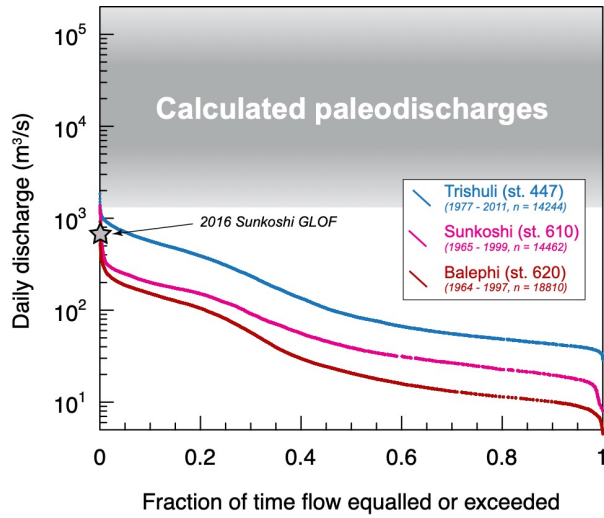


Figure 5: Flow frequency curves of daily discharge data from the Trishuli at Betrawati (Station n# 447), the Sunkoshi in Barabise (Station n#610) and the Balephi Khola in Jalbire (Station n#620) along with the period covered by the data and the number of daily discharge measurements (Data from the Government of Nepal, Department of Hydrology and Meteorology). The range of paleo-discharges required to mobilise the studied boulders is shown in shades of grey. The discharge measured in Barabise for the 2016 GLOF on the Sunkoshi is also shown for comparison (Cook et al., 2018).

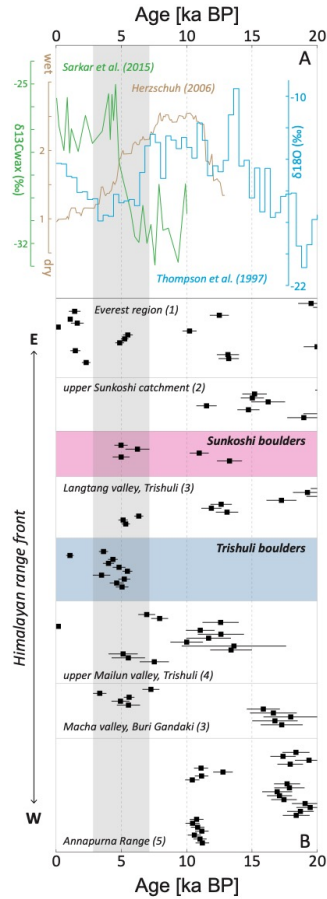


Figure 6: A- Climate proxy data: $\delta^{18}\text{O}$ ice core measurements recovered on the Qinghai-Tibetan Plateau, China by Thompson et al. (1997); mean effective moisture index compiled from multiple paleoclimatic records in Indian monsoon dominated Asia by Herzschuh (2006); $\delta^{13}\text{C}_{\text{wax}}$ (‰) vs VPDB lipid biomarker record from Lonar Lake central India by Sarkar et al. (2015). These proxies suggest a major climatic shift affecting monsoonal precipitation and consequently glacial dynamics on the south facing front at around 5 ka BP in the central Himalaya. B-: Boulder exposure ages in alignment with moraine deposits dated in the central Himalayan study region and recalculated consistently for better comparison: (1) Finkel et al. (2003), (2) Schaefer et al. (2008), (3) Abramowski et al. (2003), (4) Gayer et al. (2006), (5) Pratt-Sitaula et al. (2011). 1σ uncertainties are given with horizontal bars. Realm of boulder ages around 5 ka BP is accentuated with grey shading.

sample #	catchment	Lat [°]	Lon [°]	Alt. [m a.s.l.]	boulder intermediate diameter [m]	Lithology	Age [ka]	1σ [ka]	Minimum travel distance [km] (1)
NEQ/161 01	SUNKOSHI	27.72911	85.77910	674	8.7	orthogneiss	4.98	0.65	17
NEQ/161 02	SUNKOSHI	27.72805	85.77883	672	4.5	whitish orthogneiss	max. 0.49		17
NEQ/161 03	SUNKOSHI	27.72371	85.77810	668	29.9	ortho-, augengneiss, Ulléri Gneiss	13.28	0.96	13
NEQ/162 44	TRISHULI	27.85610	85.06961	441	9.2	orthogneiss	3.48	0.67	46 (13)
NEQ/162 45	TRISHULI	27.85601	85.06905	440	9.9	orthogneiss	5.22	0.46	46 (13)
NEQ/162 46	TRISHULI	27.85551	85.06886	445	12.5	orthogneiss	4.64	0.54	46 (13)
NEQ/162 47	TRISHULI	27.85589	85.06848	445	18	phyllitic schist	5.05	0.49	46 (13)
NEQ/162 58	TRISHULI	28.00898	85.18383	679	13.4	phyllite	3.63	0.35	0
NEQ/162 59	TRISHULI	28.00888	85.18438	680	8.5	orthogneiss	1.06	0.29	22
NEQ/162 60	TRISHULI	27.96964	85.18269	593	18.6	schist	4.35	0.37	0
NEQ/162 61	TRISHULI	27.96942	85.18208	593	14.7	schist	4.01	0.43	0
NEQ/162 66	TRISHULI	27.97021	85.17987	613	8.8	schist	4.82	0.49	0
NEQ/162 67	TRISHULI	27.97065	85.17986	613	9.9	phyllitic schist	5.46	0.38	0
NEQ/162 79	SUNKOSHI, Balephi	27.73503	85.78021	680	9.5	ortho-, augengneiss	6.23	0.92	16
NEQ/162 80	SUNKOSHI	27.73389	85.78328	695	11.4	ortho-, augengneiss	10.96	0.73	12
NEQ/162 98	SUNKOSHI, Balephi	27.74063	85.77722	693	9.4	ortho-, augengneiss	4.97	0.51	11

(1) in brackets if drainage from eastern, non-glaciated and smaller tributaries is included (i.e. shortest distance to MCT)

Table 1: Summary table of boulder location, lithology, minimum travel distance and exposure age. Further details can be found in the Supplement (S1 and S3).